

Creative Living with Sheryl Borden

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"Celebrating our 36th Season"

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COME SEE ME

If you have time and would like to read my blog, you can go to: <http://sherylborden.wordpress.com/>

I would also like to invite you to "like" me on my [Creative Living with Sheryl Borden Facebook page](#). If it's easier, just type in **"Creative Living with Sheryl Borden"** in the Search Window, and it'll bring it up.

April showers bring May flowers. Eastern New Mexico has been in a drought condition for over three years now, and I'm sure hoping that although we didn't have any moisture in April (nor the previous 35 months), we will have some soon. Our area depends largely on agriculture, the dairy industry and ranching - all of which desperately need moisture to survive.

According to Wikipedia, April, traditionally a rainy period, gives way to May, when flowers will bloom because of the water provided to them by the April rains. By extension, that a period of discomfort can provide the basis for a period of happiness. If you happen to hear lots of loud shouting and laughter, you'll know we FINALLY got some rain here.

I've only had three guests to tape this month, which is the last month for this semester, but all three have been excellent. One of my guests was **Diane Romick**, an interior designer from Newport Coast, CA. Her business is [Castle Design Studio, LLC](#), and I hope you'll visit it when you have time.

Diane talked about expanded home staging when you're trying to sell your home, and did I learn a lot! I always knew a home seller should clean, de-clutter and depersonalize when trying to interest potential buyers, but Diane had so many other great tips. Her second segment was on the psychology of color and rather than simply ask the client what the room's intended purpose was, she asked them about what colors they liked and disliked and why. You certainly get different results, and Diane explained why this happens. The third segment dealt with optical illusions and how interior designers use certain tips and tricks to make rooms appear either larger, smaller or make windows seem more grand. You'll enjoy



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hearing her ideas - and maybe trying them yourself. I enjoyed meeting and working with Diane and certainly hope she'll come back soon.

April 25th was "bitter sweet" in terms of our last taping. Although I had two great guests, it was the last taping for this semester so it was sad to tell my great crew of students "good bye." Of course, they all promised to come by and see me and stay in touch, but we'll see.

I was out of town on April 18th, but our taping on April 25th featured kitchen and bath designer, **Jenny Rausch** from St. Louis, MO. Her company is [Karr Bick Kitchen & Design](#) and she taped four segments with me. One of Jenny's segments was on what's hot in bathroom design, and wait til you see (and hear) the shower head she showed! She also talked about hiring the right team when remodeling or building. The last two segments dealt with transformation of kitchens from the 1920s til now. She had lots of great photos to show the different trends.



My good friend, **Carol Fenster**, who has written THE book on gluten-free cooking, was the second guest. It seems more and more people are trying the gluten-free way of eating (and with good results, too) so I encourage everyone to check out Carol's book "1000 Gluten-Free Recipes." Her company is [Savory Palate, LLC](#) and she lives in Centennial, CO. Carol usually tapes segments on gluten-free cooking, but this time, she did three entirely different segments. The first one was on preserving fresh herbs, and the second one was on oven-drying tomatoes, and both are such money savers. The last segment was on chia seeds for Paleo diets. I learned so much from each of her segments, and I know you will enjoy them as well.



So, until they air, I hope you'll continue to watch "Creative Living" as often as you can -- and please let your PBS station know that you appreciate them airing the show. Stations have so many choices when it comes to programming, and they love to hear from their viewers as to whether they like the shows they carry.

I'm getting ready to schedule guests for Fall 2013 and Spring 2014, so let me know if you have ideas or suggestions.

Sheryl

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