

Creative Living with Sheryl Borden

February 2013

"Celebrating our 36th Season"

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COME SEE ME

If you have time and would like to read my blog, you can go to: <http://sherylborden.wordpress.com/>

I would also like to invite you to "like" me on my [Creative Living with Sheryl Borden Facebook page](#). If it's easier, just type in "**Creative Living with Sheryl Borden**" in the Search Window, and it'll bring it up.

Do I dare start this Newsletter by saying "Happy New Year?" That just brings attention to the fact that I didn't publish a January 2013 Newsletter... but oh well... you already know that. Actually January has been a blur - going back to work, starting new 2013 projects, bad weather, lots of illness and much more! I hope your year is getting off to a great start and will continue to just get better each day.

Our Spring taping schedule starts on February 7th and will continue through the end of April. I will have a new crew beginning on the 7th, and it's always exciting to meet them for the first time.

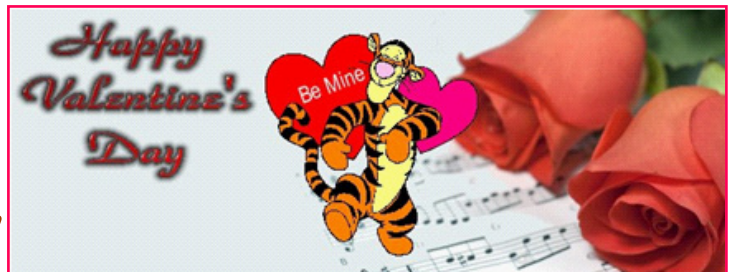
If you've watched the show for very long, you know that I have many guests who are "repeats," and I love having them come back each time. But, I know it's important to constantly strive to contact new companies, spokespersons and representatives to be on the show as well. I think this Spring may set a record in terms of new people coming to tape with me. So, I'm especially anxious to meet them and see what they come up with.

Portales, NM hosts the annual New Mexico Ag Expo each year and my friend, **Connie Moyers** presents a wonderful program sometime during the 2-day event. This year's program is titled "Simple Supper," and it presents ideas for simple meals to help answer that dreaded question, "What's for supper?" I asked Connie if I could post some of her recipes on our website, so go to www.kenw.org and click on Creative Living, scroll down to Recipes from Creative Living, and I think you'll enjoy trying some of them.

Watch for the March Newsletter, which will be filled with information from the various guests who will come to Portales to tape with me in February. I can hardly wait.

Wishing you
and yours a
very Happy
Valentine's
Day!

Sheryl



To unsubscribe, e-mail me at: sheryl.borden@enmu.edu

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Paper Heart Garland

Sometimes as I go through Facebook, I find something that really catches my eye. When I saw this on **Debra Quartermain's** page, I wanted to share it with all of you.

Decorate your Valentine's Day party or occasion with beautiful heart garland!

Supplies

- 1" Glue Lines®
- Ultra Thin Glue Dots®
- 1" patterned paper strips
- Paper trimmer
- Buttons
- Hole punch
- String

Instructions

Cut patterned paper into 1" wide strips. You will need 2-8" strips, 3-6" strips and 2-4" strips to make one heart.

Lay out 7 paper strips in a row in this order: 8", 6", 4", 6", 4", 6", 8".

Apply 1" Glue Lines to the bottom of each strip and adhere together.

Starting with one side of the heart, choose the 4" strip to bend and adhere with 1" Glue Lines to the center of the middle 6" strip.

Choose the next 6" strip to bend and adhere with 1" Glue Lines behind the 4" strip.

Choose the outer 8" strip to bend and adhere with 1" Glue Lines behind the 6" strip.

Repeat the above steps to complete the other side of the heart.

Using Ultra Thin Glue Dots, embellish the heart with buttons.

Punch a hole in top of heart and string together with other hearts.



Submitted by: Holly Gagnon