

2013 Connecticut School Health Survey

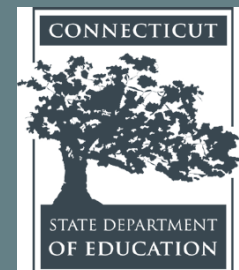
Health Risk Behaviors in Connecticut's High School-Age Youth

The Connecticut School Health Survey 2013 Results

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Connecticut Department of Public Health



2013 Connecticut School Health Survey

Background

The Connecticut School Health Survey is comprised of two components:

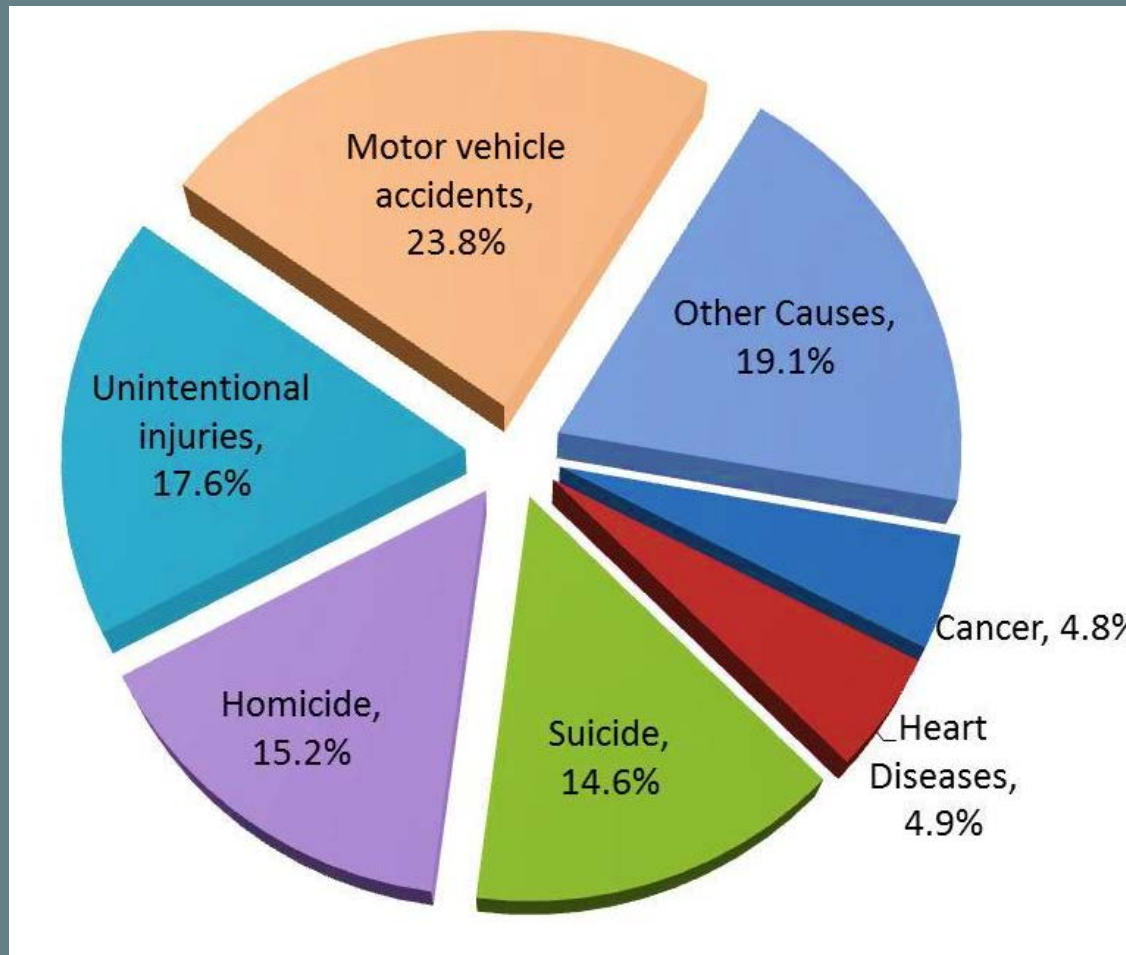
Youth Tobacco Component

(also known as Youth Tobacco Survey, YTS)

Youth Behavior Component

(also known as Youth Risk Behavior Survey, YRBS)

2013 Connecticut School Health Survey



Leading Causes of Death in CT Youth Ages 10-24 years, 2009—2011

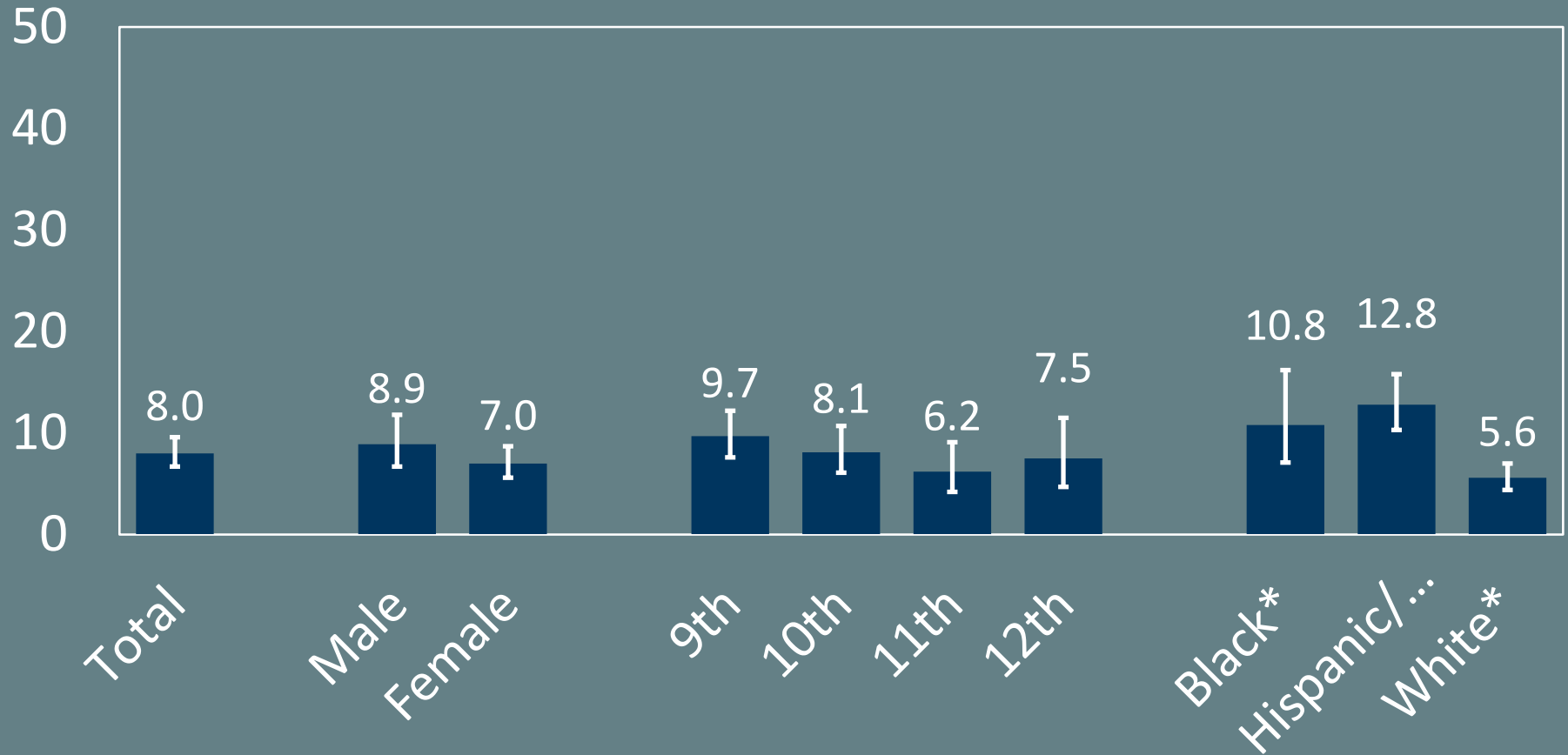
2013 Connecticut School Health Survey

About 8.0% of students never or **rarely wore a seat belt** when riding in a car driven by someone else

That's about 2 or 3 students in a class of 30

2013 Connecticut School Health Survey

Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else



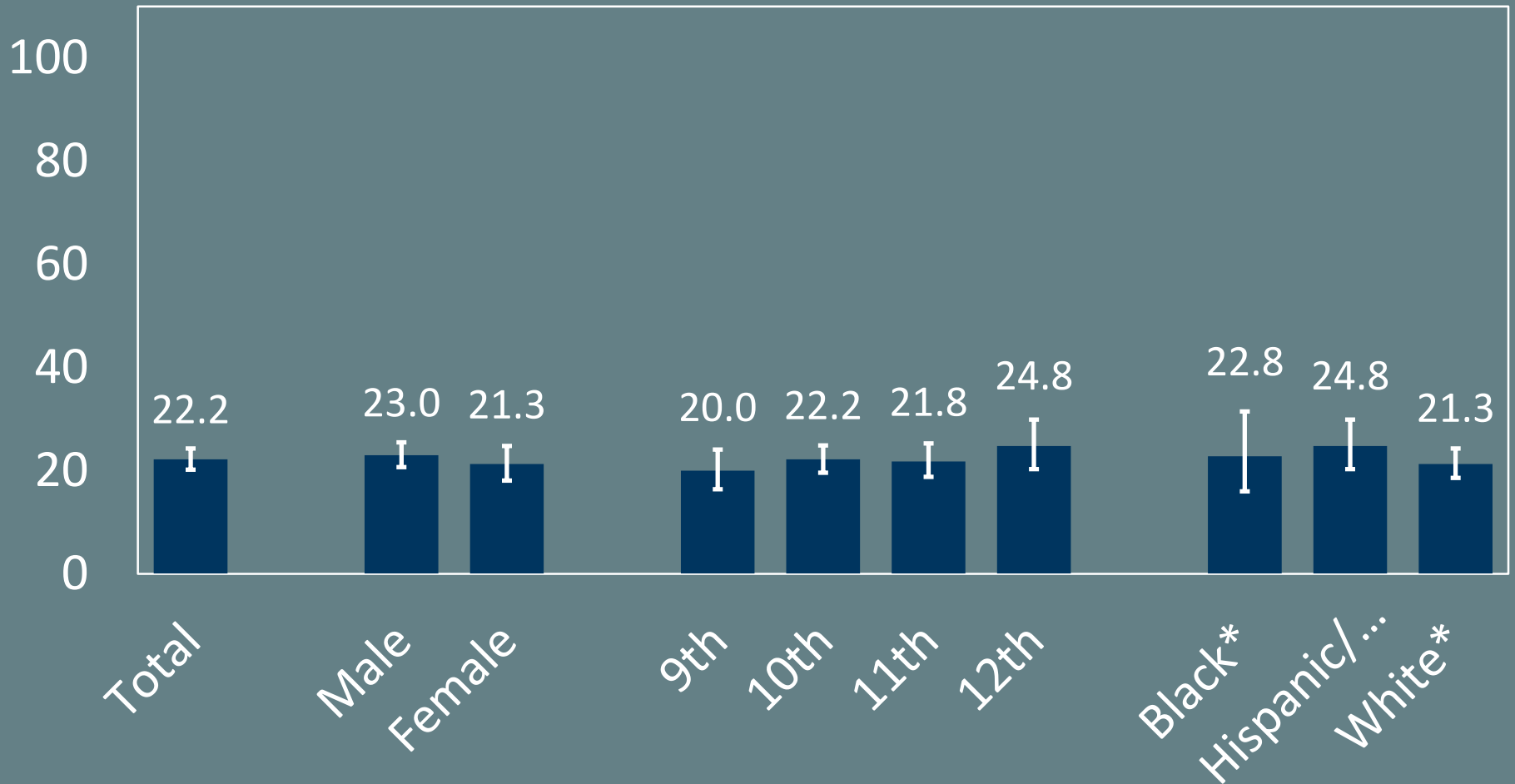
2013 Connecticut School Health Survey

22.2% of students rode in a car in the past 30 days driven by someone who had been drinking alcohol

That's about 6 or 7 students in a class of 30

2013 Connecticut School Health Survey

Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol



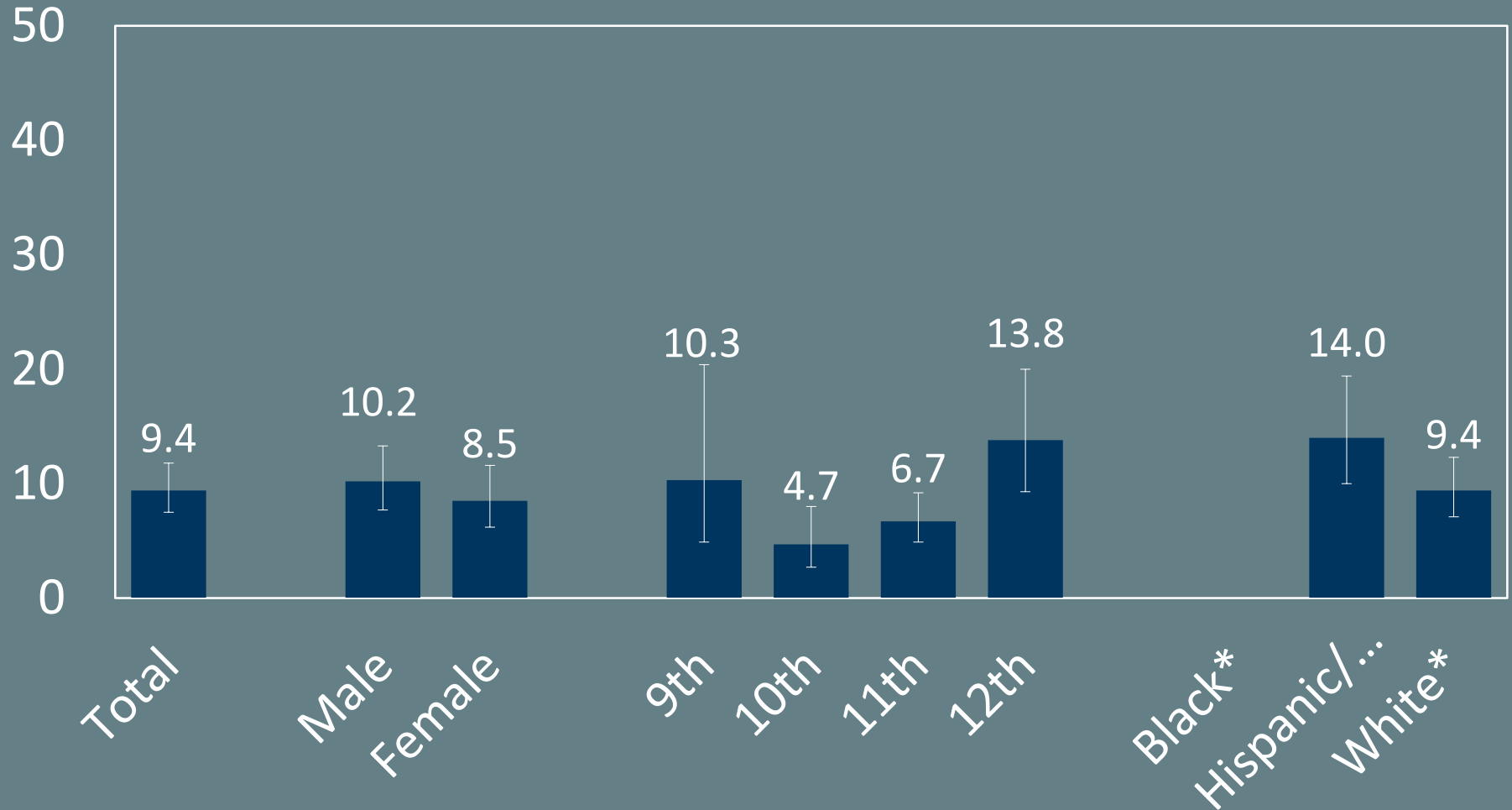
2013 Connecticut School Health Survey

About 9.4% of drivers **drove when they had been drinking alcohol** one or more times during the past 30 days

That's about 1 out of every 10 drivers

2013 Connecticut School Health Survey

Among drivers, the percentage who drove when they had been drinking alcohol one or more times during the past 30 days



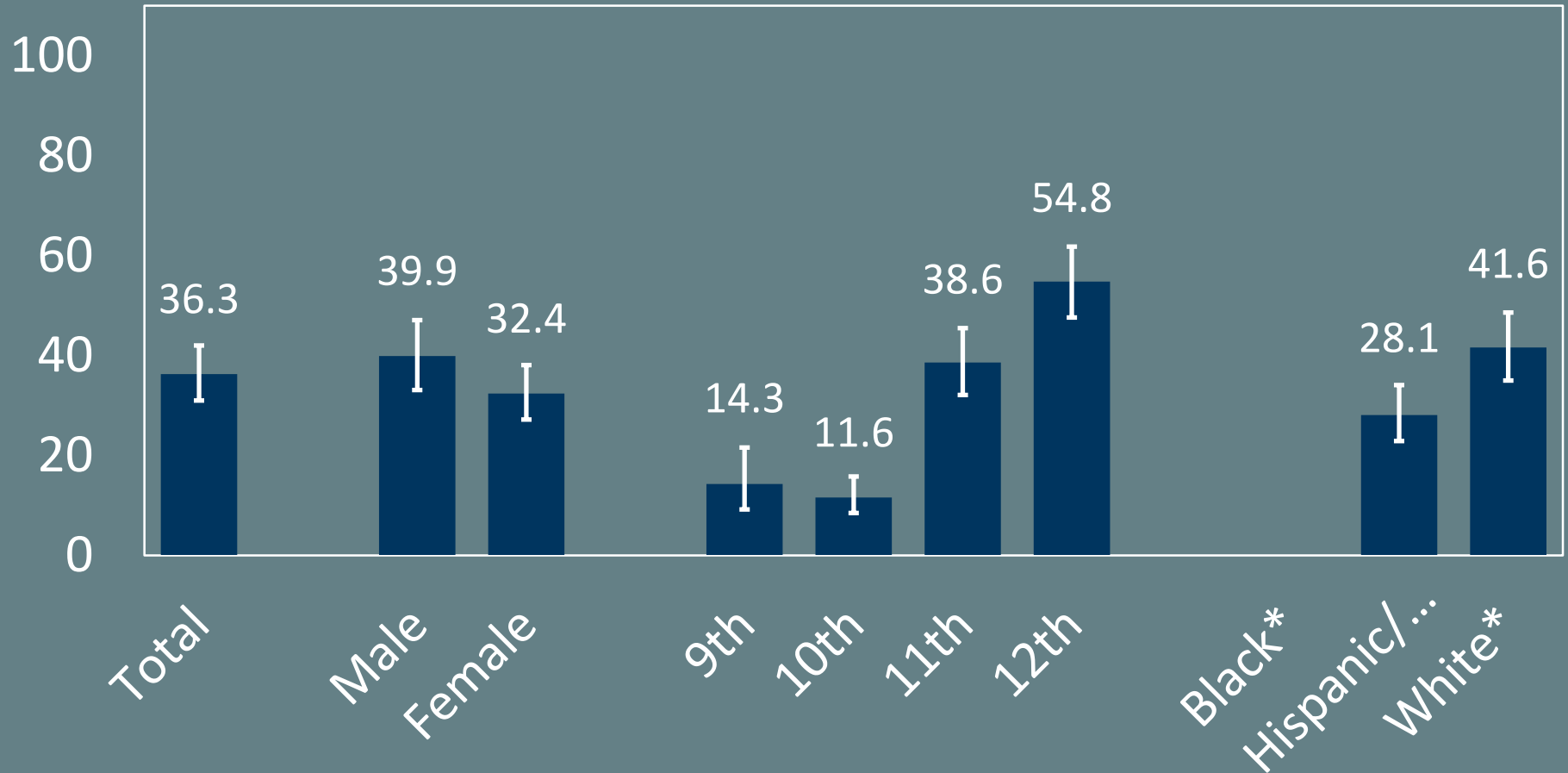
2013 Connecticut School Health Survey

About 36.3% of drivers **texted or e-mailed while driving** on one or more of the past 30 days

That's about 3 out of every 10 drivers

2013 Connecticut School Health Survey

Among drivers, the percentage who texted or e-mailed while driving on one or more of the past 30 days



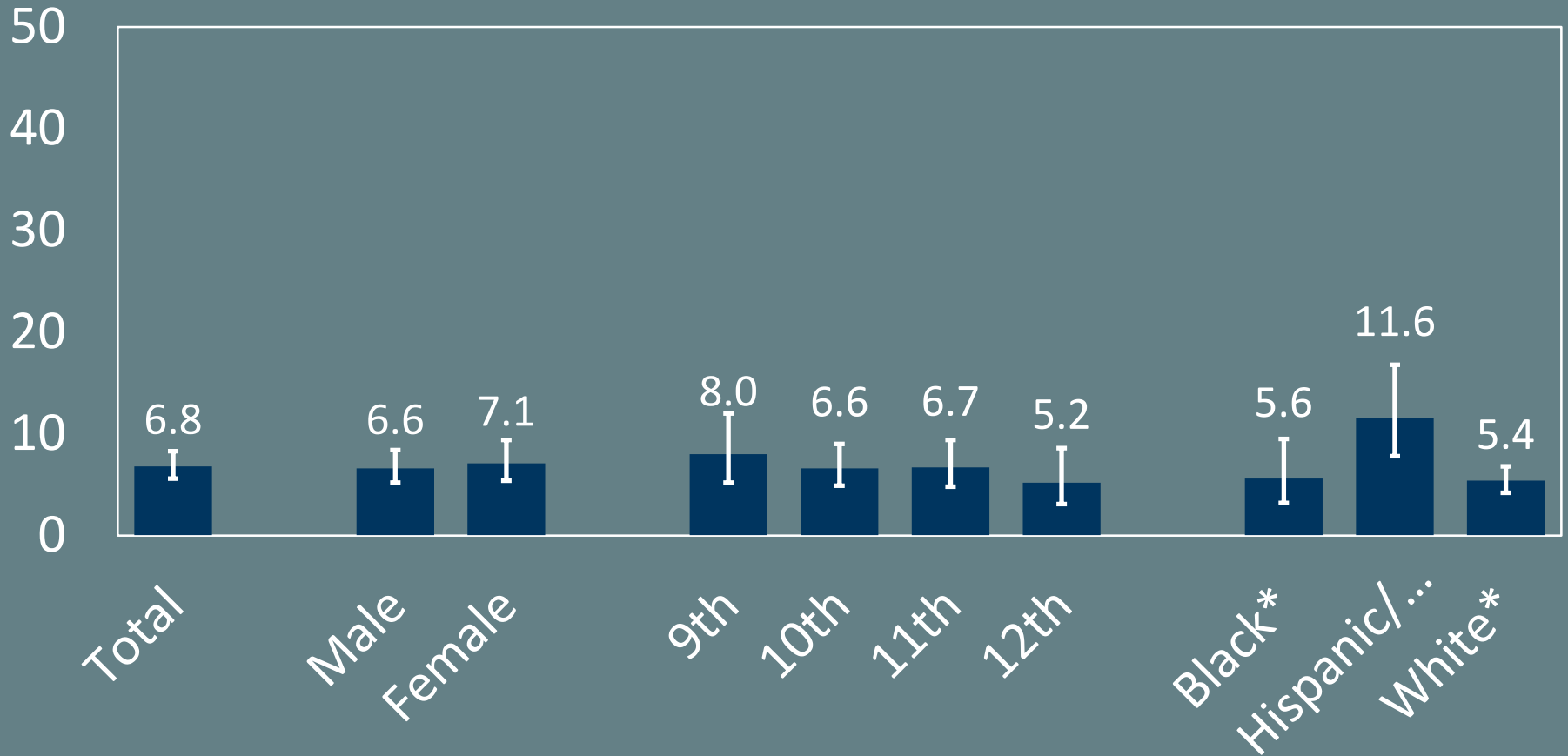
2013 Connecticut School Health Survey

About 6.8% of students **missed school because they felt they would be unsafe at school** or on their way to or from school (in the past month)

That's about 2 students in a class of 30

2013 Connecticut School Health Survey

Percentage of students who did not go to school in the past 30 days because they felt they would be unsafe at school or on their way to or from school



2013 Connecticut School Health Survey

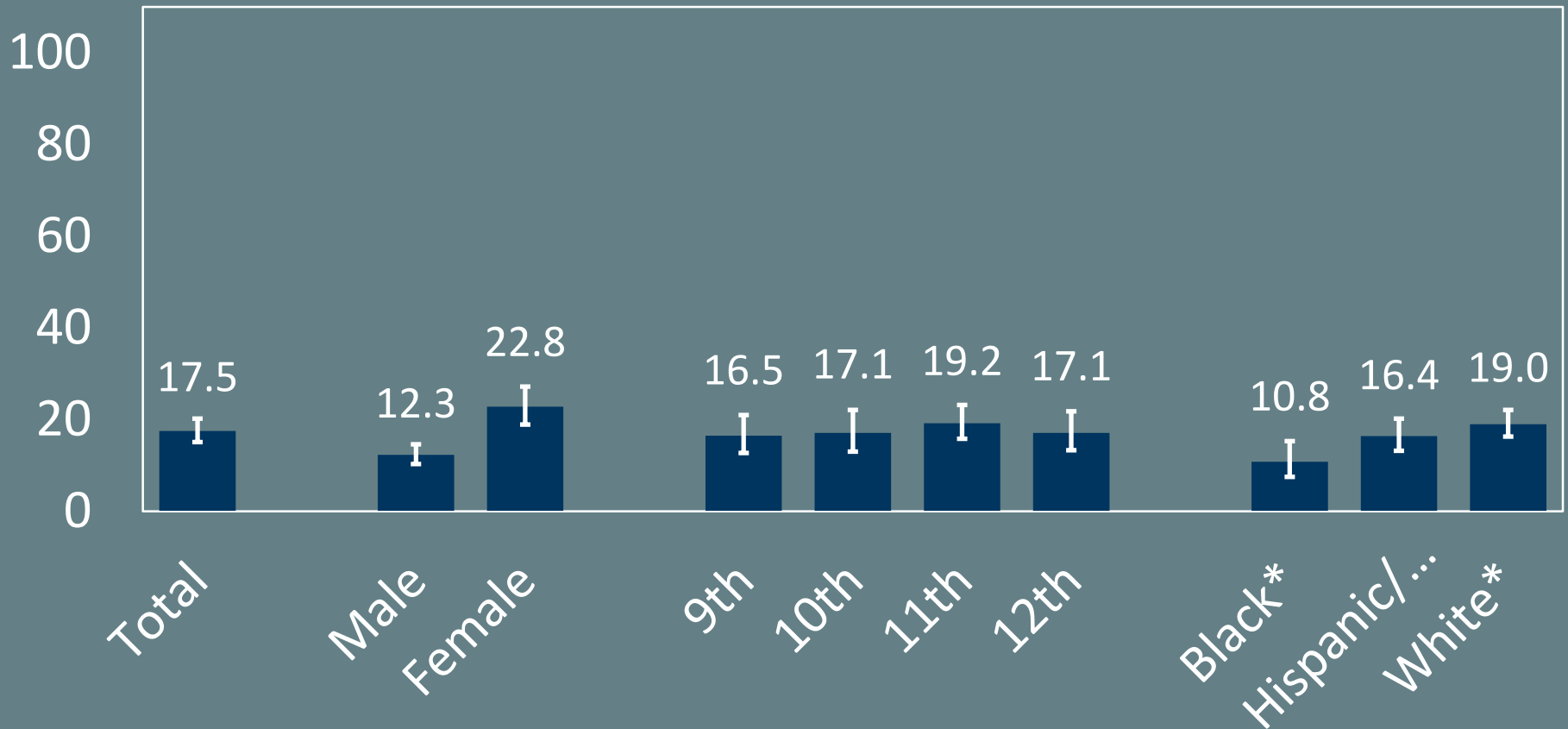
Connecticut School Health Survey

**About 22.8% of female students had
ever been electronically bullied
during the past 12 months**

**That's about 2 out of every 10
female students**

2013 Connecticut School Health Survey

Percentage of students who had ever been electronically bullied during the past 12 months



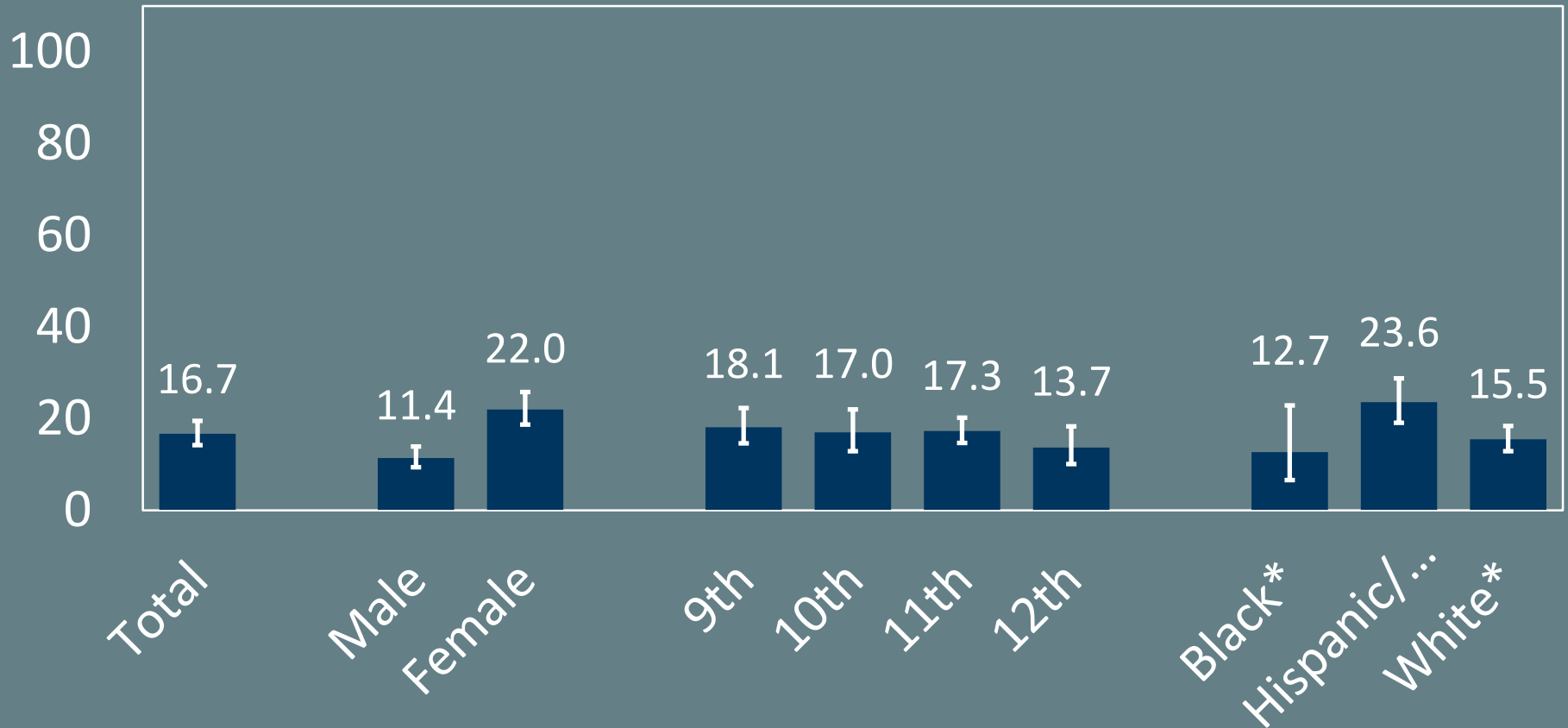
2013 Connecticut School Health Survey

About 22.0% of female students did something to purposely hurt themselves without wanting to die, such as **cutting or burning themselves on purpose**, one or more times during the past 12 months

That's about 2 out of every 10 female students

2013 Connecticut School Health Survey

Percentage of students who did something to purposely hurt themselves without wanting to die, such as cutting or burning themselves on purpose, one or more times during the past 12 months



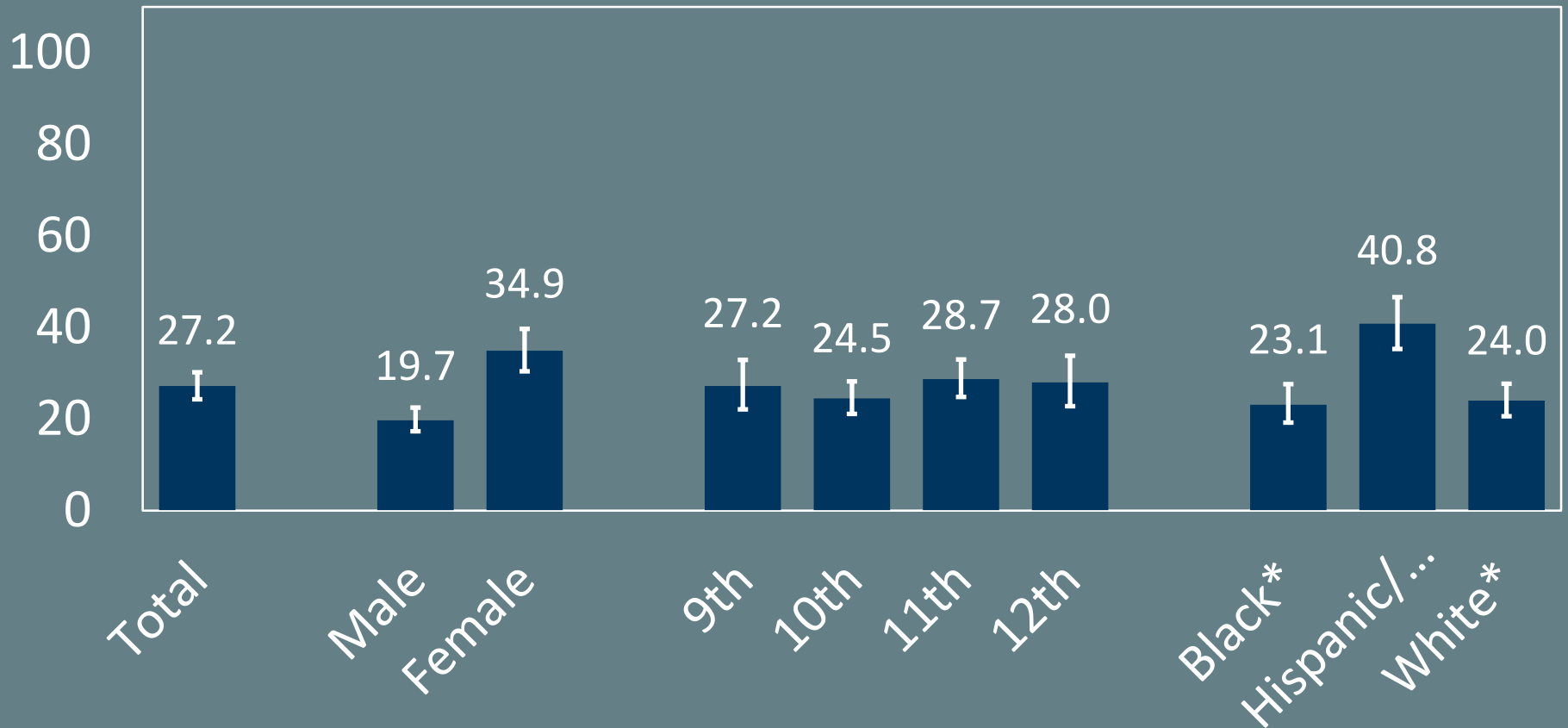
2013 Connecticut School Health Survey

About 27.2% of students felt so **sad**
or hopeless almost every day for
two weeks or more in a row during
the past 12 months

That's about 1 out of every 3
students

2013 Connecticut School Health Survey

Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months



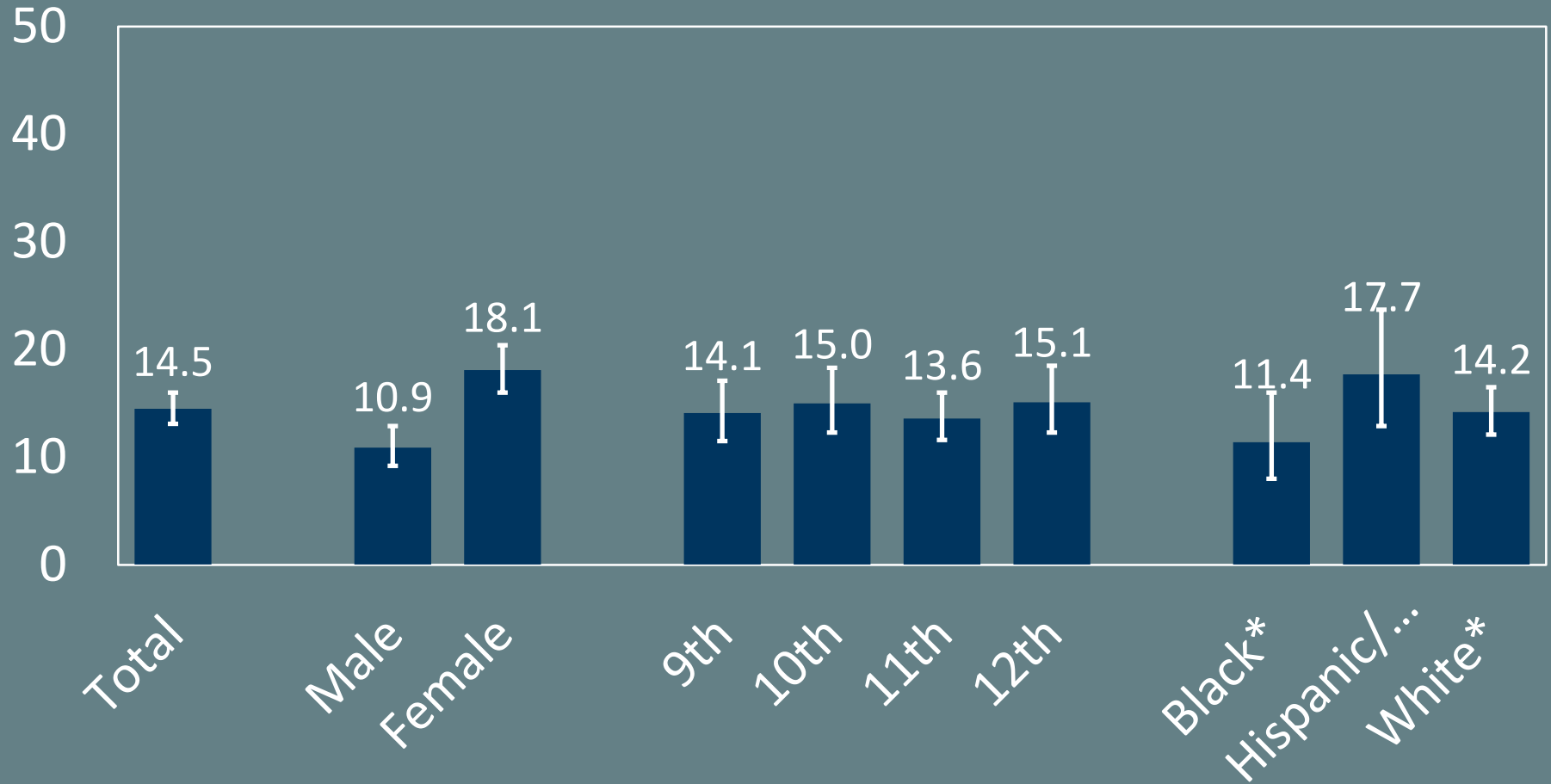
2013 Connecticut School Health Survey

About 14.5% of students **seriously considered attempting suicide** during the past 12 months

That's about 4 students in a class of 30

2013 Connecticut School Health Survey

Percentage of students who seriously considered attempting suicide during the past 12 months



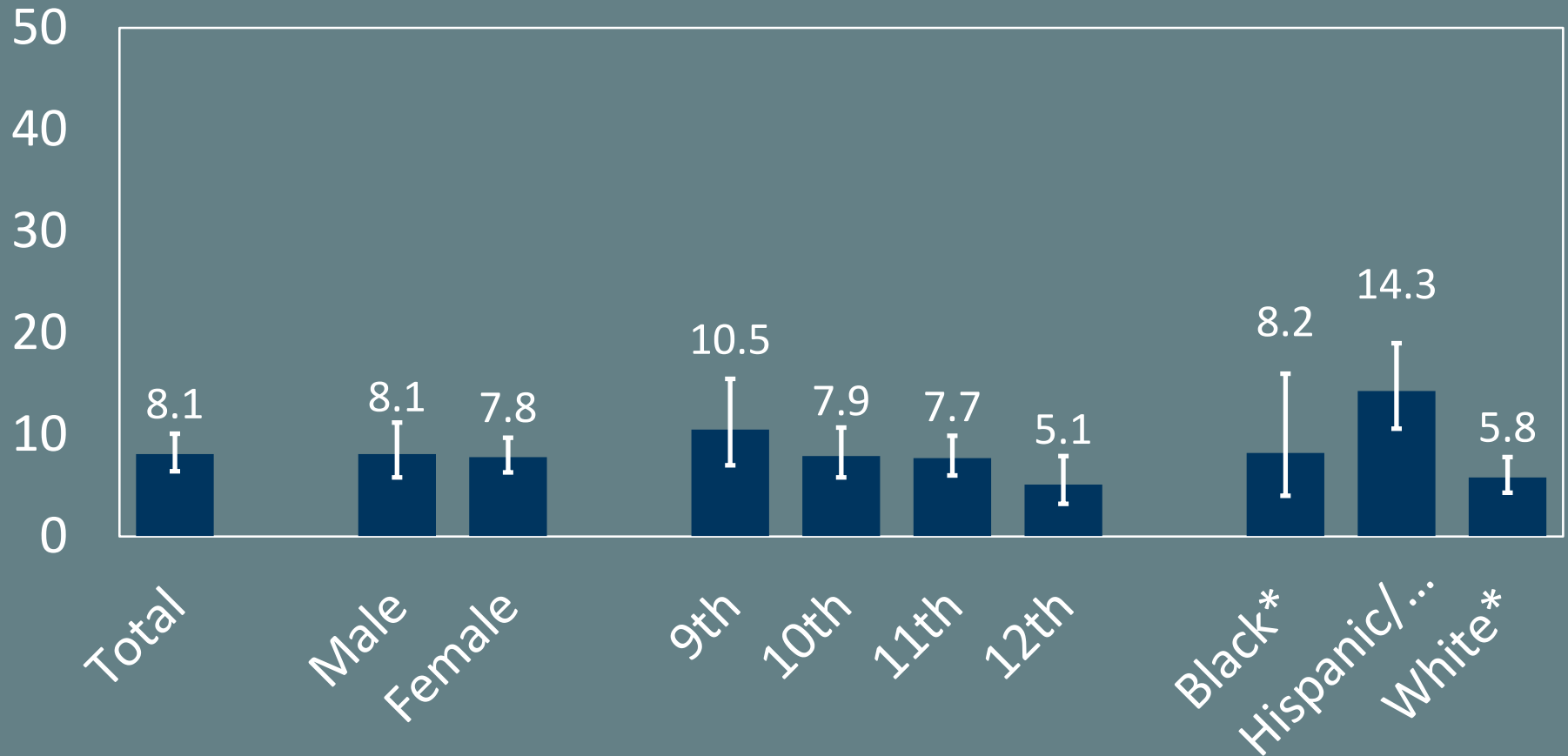
2013 Connecticut School Health Survey

About 8.1% of students **actually attempted suicide** one or more times during the past 12 months

That's about 2 students in a class of 30

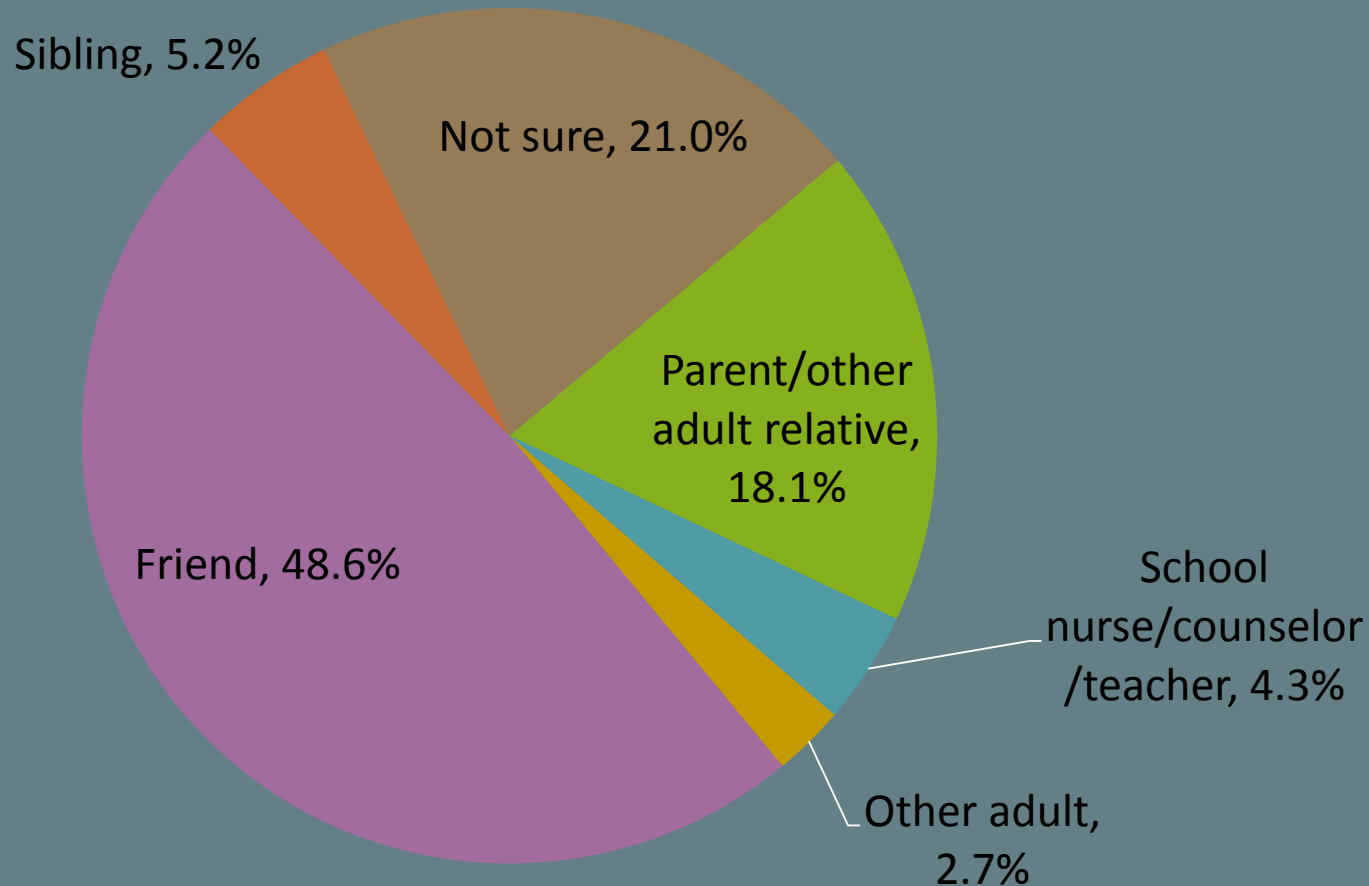
2013 Connecticut School Health Survey

Percentage of students who actually attempted suicide one or more times during the past 12 months



2013 Connecticut School Health Survey

When you feel sad, empty, hopeless, angry, or anxious, with whom would you most likely talk about it?



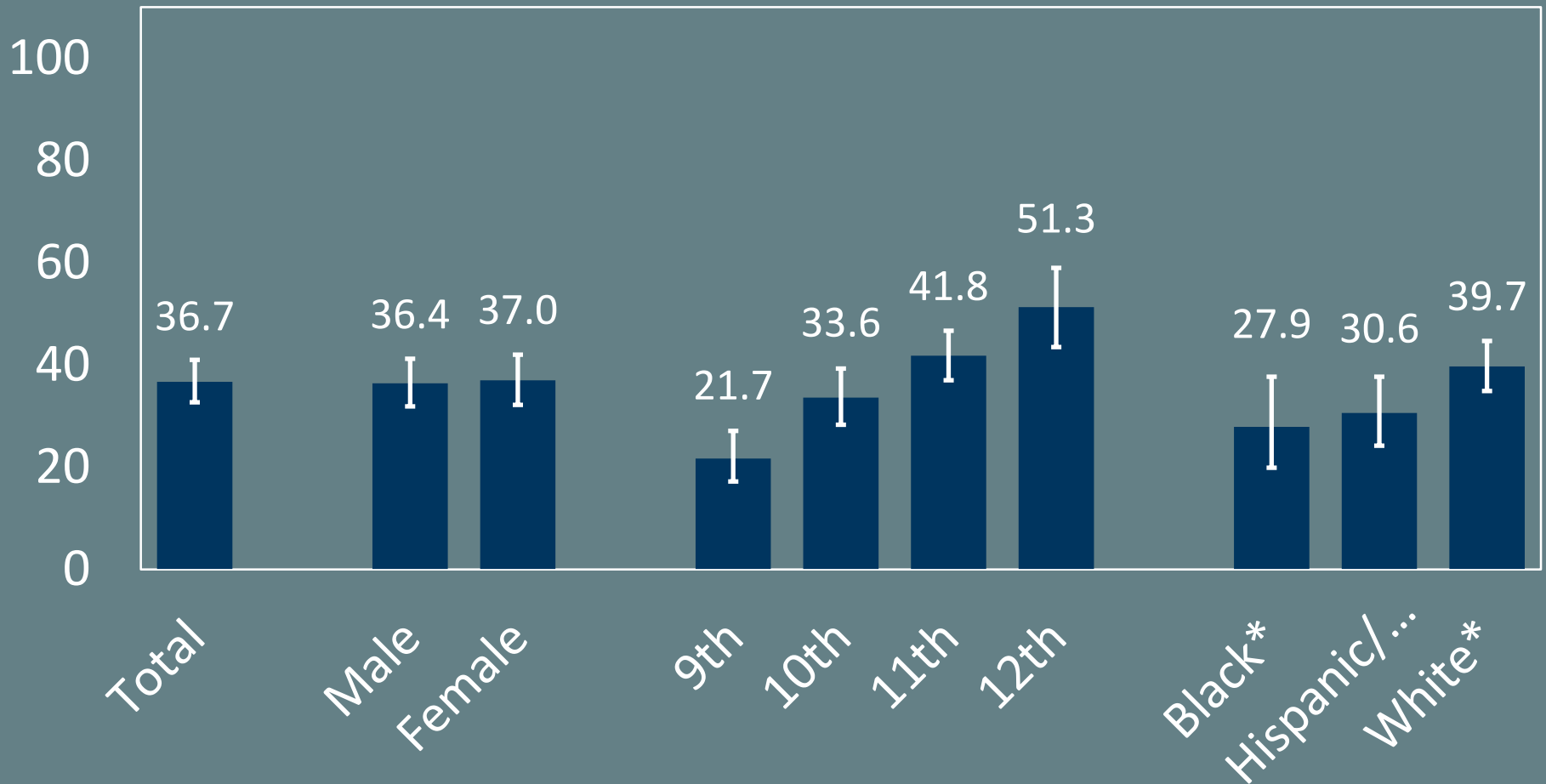
2013 Connecticut School Health Survey

About 36.7% of students **drank alcohol** on one or more of the past 30 days

That's about 11 students
in a class of 30

2013 Connecticut School Health Survey

Percentage of students who had at least one drink of alcohol on one or more of the past 30 days



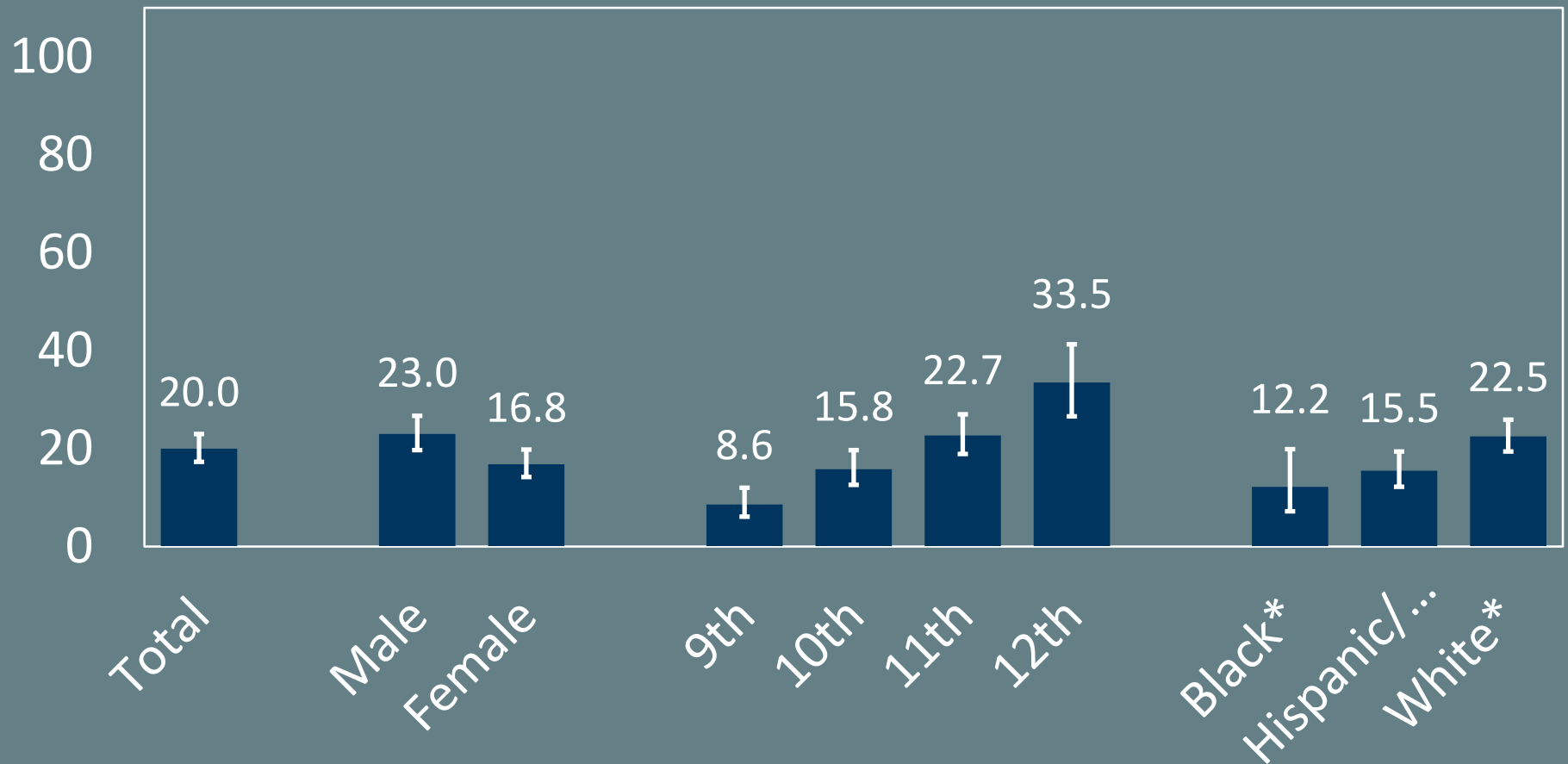
2013 Connecticut School Health Survey

About 20% of students reported **binge drinking** on one or more of the past 30 days

That's about 6 students in a class of 30

2013 Connecticut School Health Survey

Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days



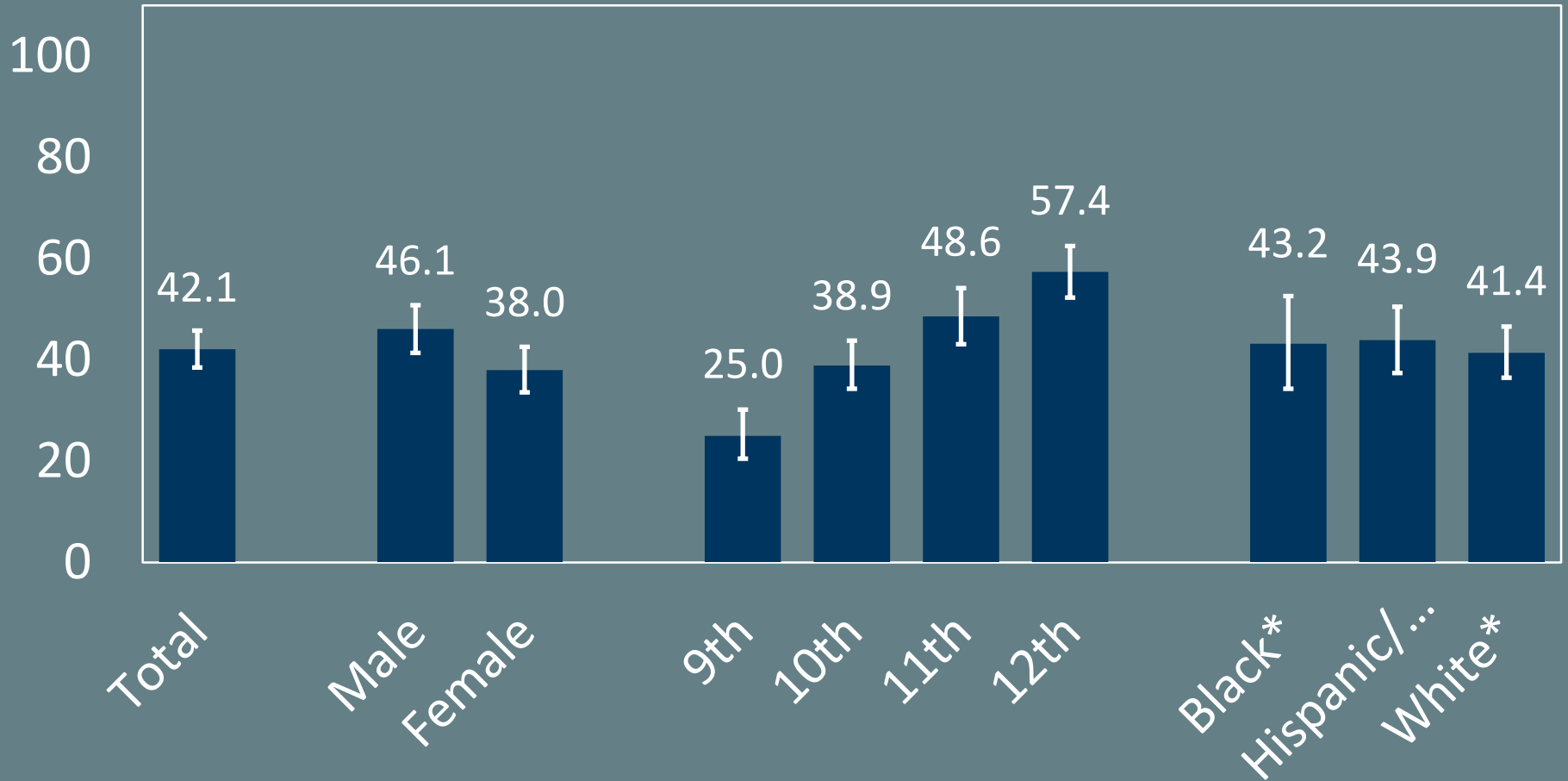
2013 Connecticut School Health Survey

About 42.1% of students **used marijuana** one or more times during their life

That's about 12 or 13 students
in a class of 30

2013 Connecticut School Health Survey

Percentage of students who used marijuana one or more times during their life



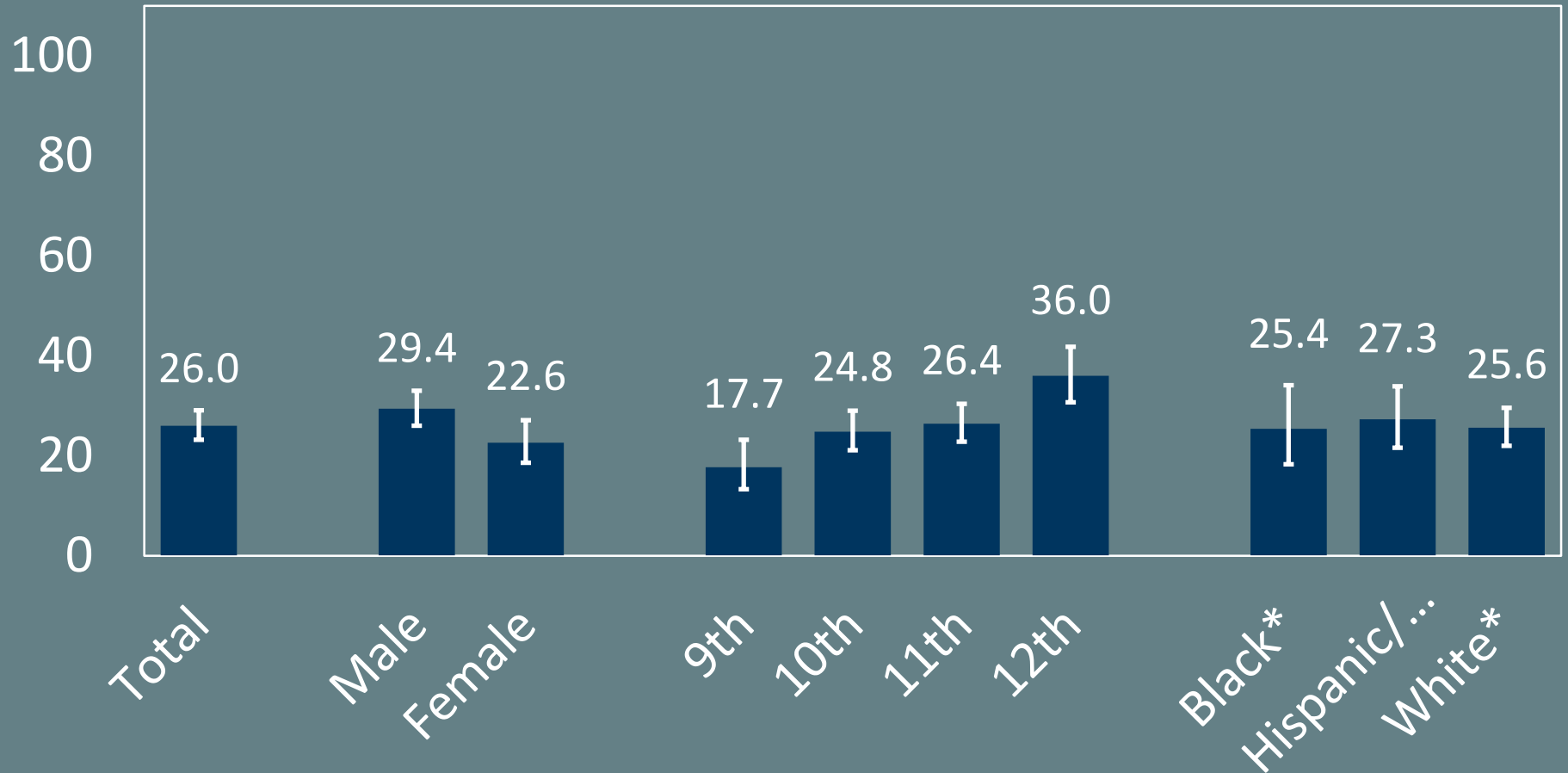
2013 Connecticut School Health Survey

About 26.0% of students **used marijuana** in the past month

That's about 8 students in a
class of 30

2013 Connecticut School Health Survey

Percentage of students who used marijuana one or more times during the past 30 days



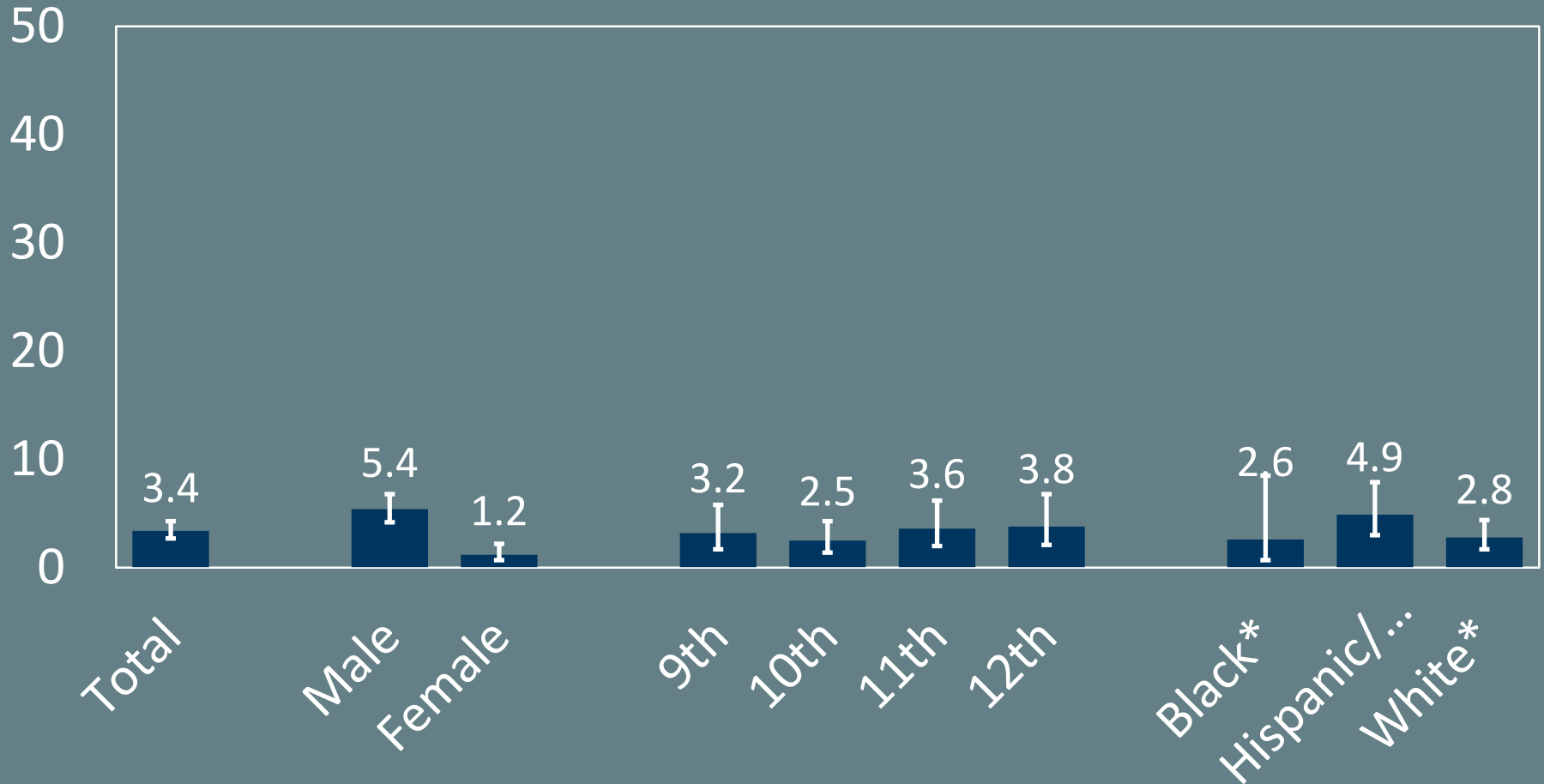
2013 Connecticut School Health Survey

About 5.4% of male students **used heroin** one or more times during their life

That's about 1 out of every 20 male students

2013 Connecticut School Health Survey

Percentage of students who used heroin one or more times during their life



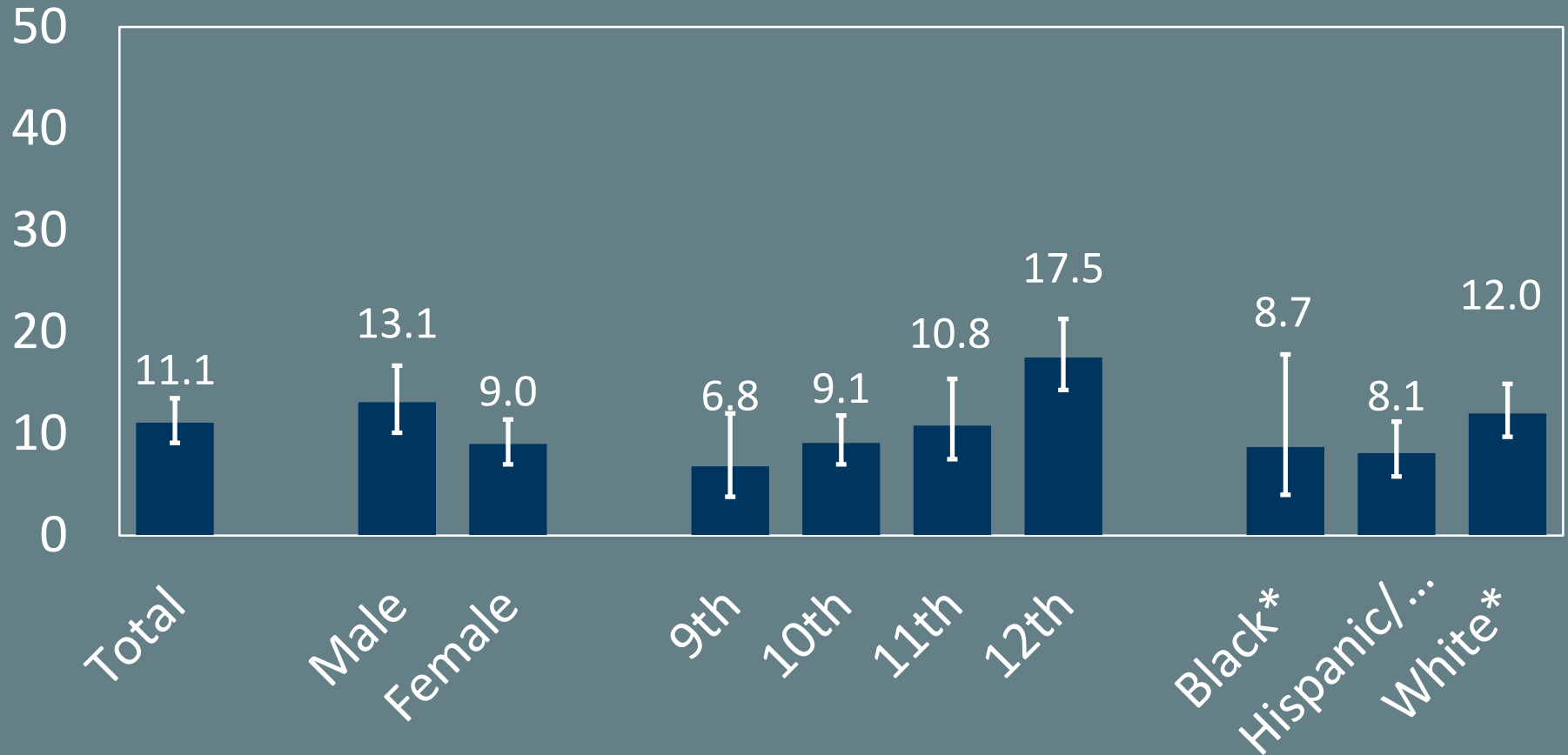
2013 Connecticut School Health Survey

About 11.1% of students have **taken a prescription drug** (such as OxyContin, Percocet, Vicodin, Adderall, codeine, Ritalin, or Xanax) without a doctor's prescription to get high one or more times during their life

That's about 3 students in a class of 30

2013 Connecticut School Health Survey

Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, Adderall, codeine, Ritalin, or Xanax) without a doctor's prescription to get high one or more times during their life



2013 Connecticut School Health Survey

About 27.1% of students were **offered, sold, or given an illegal drug** by someone on school property during the past 12 months

That's about 8 students in a class of 30

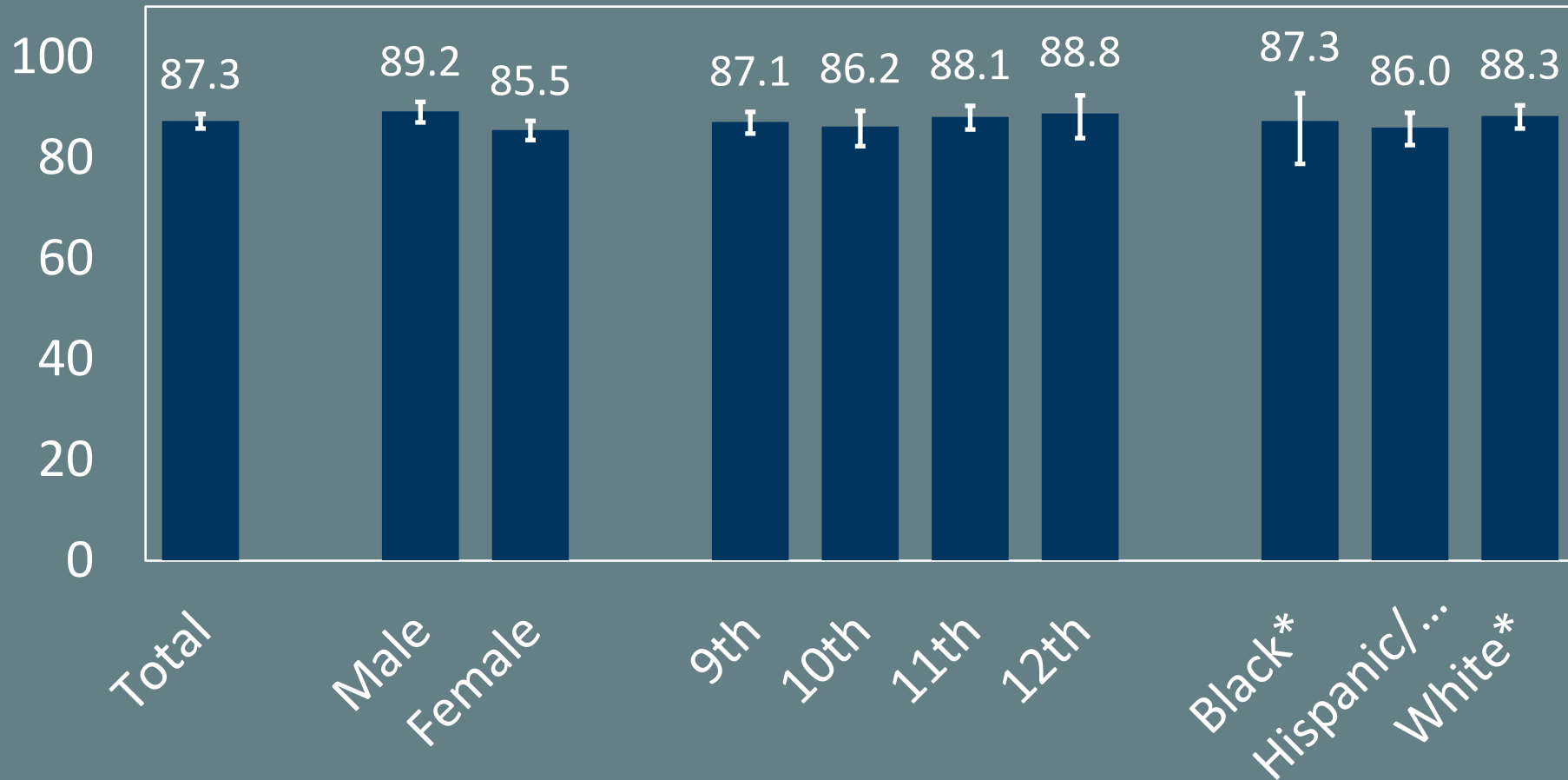
2013 Connecticut School Health Survey

About 87.3% of students agree or strongly agree that **they feel loved and supported by their family**

That's about 26 students in a class of 30

2013 Connecticut School Health Survey

Percentage of students who agree or strongly agree that their family loves them and gives them help and support when they need it



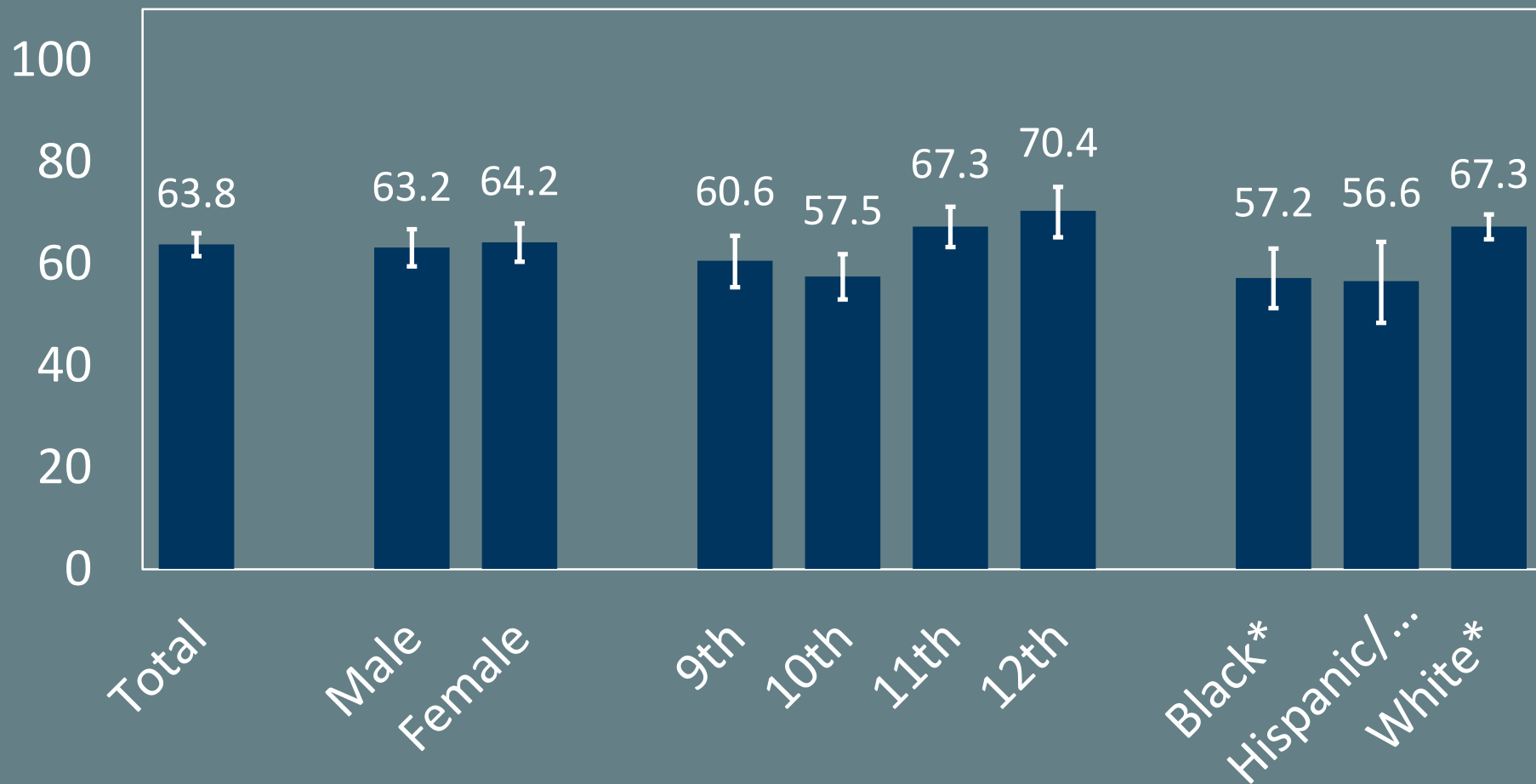
2013 Connecticut School Health Survey

About 63.8% of students responded that there is at least **one teacher or adult in their school that they can talk to** if they have a problem

That's about 19 students in a class of 30

2013 Connecticut School Health Survey

Percentage of students who responded that there is at least one teacher or other adult in this school that they can talk to if they have a problem



2013 Connecticut School Health Survey

Publications, survey information, and program information are available on the following web pages

www.ct.gov/dph/CSHS

www.ct.gov/sde/healthyconnections

Or contact

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