The Connecticut School Health Survey

2013 Results

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Connecticut Department of Public Health
The Connecticut School Health Survey is comprised of two components:

- **Youth Tobacco Component**
  (also known as Youth Tobacco Survey, YTS)

- **Youth Behavior Component**
  (also known as Youth Risk Behavior Survey, YRBS)
2013 Connecticut School Health Survey

Leading Causes of Death in CT Youth Ages 10-24 years, 2009—2011

- Motor vehicle accidents, 23.8%
- Unintentional injuries, 17.6%
- Homicide, 15.2%
- Suicide, 14.6%
- Cancer, 4.8%
- Heart Diseases, 4.9%
- Other Causes, 19.1%
About 8.0% of students never or rarely wore a seat belt when riding in a car driven by someone else.

That’s about 2 or 3 students in a class of 30.
2013 Connecticut School Health Survey

Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else
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22.2% of students rode in a car in the past 30 days driven by someone who had been drinking alcohol

That’s about 6 or 7 students in a class of 30
2013 Connecticut School Health Survey

Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol.
About 9.4% of drivers drove when they had been drinking alcohol one or more times during the past 30 days.

That’s about 1 out of every 10 drivers.
Among drivers, the percentage who drove when they had been drinking alcohol one or more times during the past 30 days.
About 36.3% of drivers \textit{texted} or \textit{e-mailed} while \textit{driving} on one or more of the past 30 days

That’s about 3 out of every 10 drivers
Among drivers, the percentage who texted or e-mailed while driving on one or more of the past 30 days

- Total: 36.3%
- Male: 39.9%
- Female: 32.4%
- 9th: 14.3%
- 10th: 11.6%
- 11th: 38.6%
- 12th: 54.8%
- Black: 28.1%
- Hispanic: 41.6%
About 6.8% of students missed school because they felt they would be unsafe at school or on their way to or from school (in the past month)

That’s about 2 students in a class of 30
2013 Connecticut School Health Survey

Percentage of students who did not go to school in the past 30 days because they felt they would be unsafe at school or on their way to or from school:

- Total: 6.8%
- Male: 6.6%
- Female: 7.1%
- 9th: 8.0%
- 10th: 6.6%
- 11th: 6.7%
- 12th: 5.2%
- Black*: 5.6%
- Hispanic/...: 11.6%
- White*: 5.4%
About 22.8% of female students had ever been electronically bullied during the past 12 months. That’s about 2 out of every 10 female students.
2013 Connecticut School Health Survey

Percentage of students who had ever been electronically bullied during the past 12 months

- Total: 17.5%
- Male: 12.3%
- Female: 22.8%
- 9th: 16.5%
- 10th: 17.1%
- 11th: 19.2%
- 12th: 17.1%
- Black*: 10.8%
- Hispanic/..: 16.4%
- White*: 19.0%
About 22.0% of female students did something to purposely hurt themselves without wanting to die, such as cutting or burning themselves on purpose, one or more times during the past 12 months.

That’s about 2 out of every 10 female students.
Percentage of students who did something to purposely hurt themselves without wanting to die, such as cutting or burning themselves on purpose, one or more times during the past 12 months.
About 27.2% of students felt so sad or hopeless almost every day for two weeks or more in a row during the past 12 months.

That’s about 1 out of every 3 students.
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months.
About 14.5% of students seriously considered attempting suicide during the past 12 months.

That’s about 4 students in a class of 30.
Percentage of students who seriously considered attempting suicide during the past 12 months:

- Total: 14.5%
- Male: 10.9%
- Female: 18.1%
- 9th: 14.1%
- 10th: 15.0%
- 11th: 13.6%
- 12th: 15.1%
- Black*: 11.4%
- Hispanic/...*: 17.7%
- White*: 14.2%
About 8.1% of students actually attempted suicide one or more times during the past 12 months. That’s about 2 students in a class of 30.
Percentage of students who actually attempted suicide one or more times during the past 12 months

- Total: 8.1
- Male: 8.1
- Female: 7.8
- 9th: 10.5
- 10th: 7.9
- 11th: 7.7
- 12th: 5.1
- Black*: 8.2
- Hispanic/..*: 14.3
- White*: 5.8
When you feel sad, empty, hopeless, angry, or anxious, with whom would you most likely talk about it?

- Friend, 48.6%
- Parent/other adult relative, 18.1%
- Not sure, 21.0%
- Other adult, 2.7%
- School nurse/counselor/teacher, 4.3%
- Sibling, 5.2%
About 36.7% of students drank alcohol on one or more of the past 30 days.

That’s about 11 students in a class of 30.
2013 Connecticut School Health Survey

Percentage of students who had at least one drink of alcohol on one or more of the past 30 days

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>36.7%</td>
</tr>
<tr>
<td>Male</td>
<td>36.4%</td>
</tr>
<tr>
<td>Female</td>
<td>37.0%</td>
</tr>
<tr>
<td>9th Grade</td>
<td>21.7%</td>
</tr>
<tr>
<td>10th Grade</td>
<td>33.6%</td>
</tr>
<tr>
<td>11th Grade</td>
<td>41.8%</td>
</tr>
<tr>
<td>12th Grade</td>
<td>51.3%</td>
</tr>
<tr>
<td>Black*</td>
<td>27.9%</td>
</tr>
<tr>
<td>Hispanic/...</td>
<td>30.6%</td>
</tr>
<tr>
<td>White*</td>
<td>39.7%</td>
</tr>
</tbody>
</table>
About 20% of students reported binge drinking on one or more of the past 30 days.

That’s about 6 students in a class of 30.
2013 Connecticut School Health Survey

Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days
About 42.1% of students used marijuana one or more times during their life.

That’s about 12 or 13 students in a class of 30.
2013 Connecticut School Health Survey

Percentage of students who used marijuana one or more times during their life

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Total</td>
<td>42.1</td>
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<tr>
<td>Male</td>
<td>46.1</td>
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<tr>
<td>Female</td>
<td>38.0</td>
</tr>
<tr>
<td>9th</td>
<td>25.0</td>
</tr>
<tr>
<td>10th</td>
<td>38.9</td>
</tr>
<tr>
<td>11th</td>
<td>48.6</td>
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<tr>
<td>12th</td>
<td>57.4</td>
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<tr>
<td>Black*</td>
<td>43.2</td>
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<tr>
<td>Hispanic/...</td>
<td>43.9</td>
</tr>
<tr>
<td>White*</td>
<td>41.4</td>
</tr>
</tbody>
</table>
About 26.0% of students used marijuana in the past month.

That’s about 8 students in a class of 30.
2013 Connecticut School Health Survey

Percentage of students who used marijuana one or more times during the past 30 days

- Total: 26.0
- Male: 29.4
- Female: 22.6
- 9th Grade: 17.7
- 10th Grade: 24.8
- 11th Grade: 26.4
- 12th Grade: 36.0
- Black*: 25.4
- Hispanic/...: 27.3
- White*: 25.6
About 5.4% of male students used heroin one or more times during their life.

That’s about 1 out of every 20 male students.
2013 Connecticut School Health Survey

Percentage of students who used heroin one or more times during their life

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
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<td>Total</td>
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<tr>
<td>Male</td>
<td>5.4</td>
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<tr>
<td>Female</td>
<td>1.2</td>
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<td>9th</td>
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<td>10th</td>
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<td>11th</td>
<td>3.6</td>
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<td>12th</td>
<td>3.8</td>
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<tr>
<td>Black*</td>
<td>2.6</td>
</tr>
<tr>
<td>Hispanic/...</td>
<td>4.9</td>
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<tr>
<td>White*</td>
<td>2.8</td>
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</table>
About 11.1% of students have taken a prescription drug (such as OxyContin, Percocet, Vicodin, Adderall, codeine, Ritalin, or Xanax) without a doctor’s prescription to get high one or more times during their life.

That’s about 3 students in a class of 30.
Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, Adderall, codeine, Ritalin, or Xanax) without a doctor's prescription to get high one or more times during their life.
About 27.1% of students were offered, sold, or given an illegal drug by someone on school property during the past 12 months.

That’s about 8 students in a class of 30.
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About 87.3% of students agree or strongly agree that they feel loved and supported by their family.

That’s about 26 students in a class of 30.
Percentage of students who agree or strongly agree that their family loves them and gives them help and support when they need it.
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About 63.8% of students responded that there is at least one teacher or adult in their school that they can talk to if they have a problem.

That’s about 19 students in a class of 30.
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Percentage of students who responded that there is at least one teacher or other adult in this school that they can talk to if they have a problem

<table>
<thead>
<tr>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>9th</th>
<th>10th</th>
<th>11th</th>
<th>12th</th>
<th>Black*</th>
<th>Hispanic/</th>
<th>White*</th>
</tr>
</thead>
<tbody>
<tr>
<td>63.8</td>
<td>63.2</td>
<td>64.2</td>
<td>60.6</td>
<td>57.5</td>
<td>67.3</td>
<td>70.4</td>
<td>57.2</td>
<td>56.6</td>
<td>67.3</td>
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Publications, survey information, and program information are available on the following web pages

www.ct.gov/dph/CSHS

www.ct.gov/sde/healthyconnections

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