

WAMC Program Guide

January 2013 - Volume 19 Issue 1

Happy New Year – specials, page 3

Predictions for 2013

Alan S. Chartock WAMC President and C.E.O.

The New Year is upon us and with it, my fearless predictions of events that may happen. I say "may" because in some cases, I want them to happen. In some cases, I do not and think by predicting them I will ward the event off. Finally, some of them, I am quite sure <u>will</u> happen. It's up to you to decide which is which.

Governor Deval Patrick will be nominated to be Attorney General of the United States. If we are lucky he will then be nominated to be the next Supreme Court Justice after a younger member of the conservative majority resigns under an ethical cloud involving his wife.

The smokers at WAMC will form a self-help group with a male member of the group being unanimously elected President. It will be difficult but he will feel so rejuvenated that he will take up the trombone of his youth and join a jazz band. His demeanor at WAMC will improve considerably.

Continued on page 2

INSIDE THIS ISSUE

- 2 Underwriter Spotlight
- 3 New Year's Eve / Day specials
- 4 WAMC Program Schedule at a Glance
- 8 Metropolitan Opera broadcast schedule
- **9** BSO Sunday night broadcast schedule

January Programming Notes

Katie Britton Director of WAMC News/Programming

Welcome to 2013!

Well, folks, I'm thankful to say we have made it through another year. We've witnessed Curiosity make its way across Mars' surface, a South Korean rapper take the music world and YouTube by storm, the first President to openly support gay marriage, the devastation of Hurricane Sandy, and the heart-breaking tragedies in Newtown, Connecticut and Aurora, Colorado. Let us hope the coming year brings us less devastation, and more good news and events.

Here at WAMC, we've been getting excited about some new programming that's coming this year. It was your letters and calls that brought Radiolab and The Moth Radio Hour to our attention and airwaves. When Radiolab went weekly, we decided it was a no brainer to take it; now the same holds true for The Moth. Beginning January 4th, we'll begin taking the weekly broadcast of The Moth, as brought to us by PRX: The Public Radio Exchange. Now you'll be able to laugh and cry with the storytellers' true stories each Friday at 1PM.

Do not fear, Playing on Air will still be with us. It will now be the 4th Friday of each month at 11AM during The Roundtable.

As I'm sure you've heard, The Met Opera is in full swing on Saturdays from 1PM – 4PM. This month we'll be treated to Les Troyens, Il Trovatore, Maria Stuarda and La Rondine. The Toll Brothers-Metropolitan Opera International Radio Network is providing the concerts in HD, so you can be sure

continued on page 3

Chartock continued from page 1

Two WAMC staff members will announce that they will, once again, be fathers. Two others will be first-timers.

A woman on the staff will announce an upcoming blessed event.

Ian Pickus, the man of many faces, will come up with a truly unique look that will have people nominating him for the Lon Chaney Award.

David Guistina and his wife Karen will be taken to task for baking cookies that throw everyone at WAMC off their diets.

Selma Kaplan will let it be known that she is open to play at weddings, Bar Mitzvahs and all festive occasions. She will also throw in her newfound talents as a marriage officiant. She has now had considerable experience at that.

Dona Frank will announce that her underwriting department at WAMC is slated to bring in an incredible four million dollars in the next fiscal year.

Underwriting Representative Josie Slavinski will start to sell eggs over the internet. Her slogan will be, "You haven't seen yellow until you've seen the yellow in Josie's chickens' eggs."

A top WAMC executive will win millions of dollars in the lottery and will offer the largest match in the history of WAMC fund drives.

Pete Seeger, who has already done so much for WAMC, will do something very special for the station.

Governor Andrew Cuomo will permit hydrofracking in New York State. This will be legally contested in a series of courts.

The CDTA bus stop edifice in front of WAMC will be consecrated as the David A. Galletly Bus Stop.

Murray the dog will prove once and for all that he really can speak. His eloquence will be directed to all those dog owners that do not clean up after their dogs. He'll say, "If my wonderful pop can pick up for me, you slobs will have to do the same thing."

"The Berkshire Ramblers" will play a benefit gig in Saratoga at Caffé Lena.

Dona Frank and her two bands, "The Spurs USA" and "The Maid Stealers" will do a joint gig at the Egg. The event will be sold out.

Joe Donahue will renounce his Diet Pepsi consumption and will bet Alan Chartock that he can be Diet Pepsi free before Chartock can. There will be a hundred dollar wager riding on Chartock can. There will be a hundred dollar wager riding on the matter.

A Yankee fan will surely tell Alan Chartock, "Hey, you're the guy in the Ichiban commercial!"

A long-time cohabitating couple will officially tie the knot.

Garrison Keillor will retire.

Teri Gross will retire.

Governor Andrew Cuomo will appear in the WAMC studios and be heard to say, "Who cares what the New York Post thinks?"

NPR will take itself private.

Alan will have to write another of these silly columns next year. - Alan

Underwriter Spotlight

Capital Power is a specialty electro-mechanical company which concentrates on the sale, installation and service of reliable stand-by power systems. Their back-up generators can be found serving many homes and businesses throughout the region. www.capitalstandbypower.com

The Lally School of Management and Technology at RPI prepares students to be innovative leaders in business. Its programs provide students with the skills to think clearly, analytically and ethically. It gives them the tools to thrive in the global, digital marketplace of the 21st century, gain meaningful employment and achieve career success. www.lallyschool.rpi.edu

Lapland Lake was founded nearly 35 years ago by former U.S. Olympic cross country skier, Olavi Hirvonen and his family. Olavi's wish was to create a four- season vacation center reminiscent of Finnish Lapland. www.laplandlake.com

Mr. Rooter would like to start each job on the right foot, more specifically, on the right covered foot. It's a myth that a plumbing repair begins the moment a wrench meets a fitting, or a rooter goes down a pipe. Truth be told, a plumbing job begins the moment Mr. Rooter gets your call. www.thehudsonvalley.mrrooter.com

Find out more...

www.wamc.org/topic/spotlight-wamc-underwriters

Programming notes continued from page 1

to get the full experience coming through your speakers.

We will also continue to air Selected Shorts as they prepare a new year of short stories without longtime host and Symphony Space founder Isaiah Sheffer. He was one of the greats and I'm lucky to say my experiences with him were nothing but pleasurable. Being able to watch him read 'The Raven' when he did the Edgar Allan Poe benefit for WAMC was nothing short of amazing. Isaiah will truly be missed by everyone in and out of the public radio community.

I wish you all a prosperous and healthy year, Katie

New Year's Eve / New Year's Day Special Programs

New Year's Eve

9PM – 5AM: Toast of the Nation It's jazz that you can party to, all night from coast to coast,

with countdowns to midnight in all four continental time zones. Wynton Marsalis rings in 2013 Eastern live from Dizzy's Club Coca-Cola.

New Year's Day

9AM: WAMC Conversation with Roger McGuinn

Alan Chartock sits down with legendary Byrds frontman for a talk about life as a rock star in the 60's and his music today.

10AM: Capitol Steps

Roast 2012 to a crisp with the Capitol Steps and their annual year-in-review awards ceremony called "Politics Takes a Holiday!"

11AM – 1PM: **New Year's Day from Vienna 2013** The Vienna Philharmonic presents its ever popular annual New Year's Day concert from the Golden Hall of the Musikverein in Vienna. It's a festive way to start off 2013.

1PM: Alternative Radio

2PM : Elvis Presley: Prince from another planet

In June of 1972, Elvis Presley performed his first concerts in New York City – filling up four Madison Square Garden shows over three days. It would also be his last appearance there. In this special, you'll hear live performances from Elvis' MSG performances, and talk with band members James Burton and Glen Hardin, audience members, friends, and journalists who covered the shows.

3PM–5PM: **Boston Baroque Gala First Day Concert** Ring in the new year with *La serva padrona*, Pergolesi's hilarious tale of an old guy and his young mistress, that was quite revolutionary in its time. Also scheduled are sparkling concertos by Corelli and Telemann.

WAMC-FM broadcasts 365 days a year to eastern New York and western New England on 90.3 MHz. Our studios and offices are in Albany, NY.

The WAMC transmitter is located atop Mount Greylock in Adams, MA. The WAMC-AM transmitter is located in Albany, NY. WAMK's transmitter is located on Overlook Mountain, Woodstock, NY.

WAMC transmits on these frequencies:

WAMC-FM 90.3 - Albany, NY WCAN-FM 93.3 - Canajoharie, NY WAMQ-FM 105.1 - Great Barrington, MA WAMK-FM 90.9 - Kingston, NY WOSR-FM 91.7 - Middletown, NY WWES-FM 88.9 – Mount Kisco, NY WCEL-FM 91.9 - Plattsburgh, NY WRUN-FM 90.3 - Remsen, NY WANZ 90.1 FM - Stamford, NY WANC-FM 103.9 - Ticonderoga, NY WAMC-AM 1400 - Albany, NY W204CJ, 88.7 - Lake Placid, NY W215BG, 90.9 - Milford PA W226AC 93.1 - Rensselaer-Troy, NY W243BZ, 96.5 - Ellenville NY W246BJ 97.1 - Hudson, NY W247BM, 97.3 – Cooperstown, NY W257BL, 99.3 - Oneonta NY W271BF, 102.1 - Highland NY W280DJ, 103.9 - Beacon NY W292DX, 106.3 - Middletown NY W296BD, 107.1 - Warwick NY W299AG 107.7 - Newburgh, NY

Surface mail: WAMC Box 66600 Albany, NY 12206-6600

Phone: 1-800-323-9262

E-mail address: <u>mail@wamc.org</u> Our web address: <u>www.wamc.org</u>

Facebook: <u>www.facebook.com/WAMCradio</u> Twitter: <u>twitter.com/WAMCRadio</u>

WAMC Program Schedule at a Glance											
	Monday	Tuesday	Wedne	sday		Thursday	Friday	Saturday	Sunday		
12:00 AM			I	BBC World Service	Jazz After Hours						
1:00 AM				Jazz After Hours	Jazz Anel Hours						
5:00 AM				BBC World Service	rice						
5:30 AM				Legislative Gazette	BBC World Service						
6:00 AM				Living on Earth							
7:00 AM				Only A Game	Marketplace Money						
8:00 AM				Weekend Edition	Weekend Edition Sunday						
9:00 AM											
10:00 AM				Car Talk							
11:00 AM				Wait Wait Don't Tell Me!	Selected Shorts						
12:00 PM				Midday Magazine	Midday Magazine						
1:00 PM	Radiolab	Radiolab Alternativ Radio		Commonwealth Club		WAMC Conversation with	The Moth		Le Show		
2:00 PM			Vox F	Met Opera (see page 8)							
3:00 PM	The Media Project Show		51%	ó	The Health Show		The Best of Our Knowledge	Cap Con, Radio Deluxe available on WAMC, 1400 AM	A Prairie Home Companion		
3:30 PM			W								
4:00 PM				This American Life Afropop Worldwide							
5:00 PM			Α	All Things Considered							
6:00 PM			W		Media Project						
6:30 PM				A Prairie Home Companion	Health Show						
7:00 PM					Thistle and Shamrock						
8:00 PM	The Best of Our Knowledge Medical Monday		Live at the Linda/Albany Symphony Ora (see page 21)		51%		This American Life		Classical		
8:30 PM				Orch.	The	e Book Show		Hudson River Sampler	New England with the BSO (see page 9)		
9:00 PM				21)	Wait V	Vait Don't Tell Me!	Marketplace Money				
10 PM 10:30	Stage	Living on Earth Selected S		Shorts	0	n the Media	Legislative Gazette Capitol Connection	Bluegrass Time	Grateful Dead Hour		
РМ 11:00 РМ		<u> </u>	<u> </u>	Tim Coakley Jazz Show	Hearts of Space						

Program Descriptions

The Academic Minute

Weekdays, 7:37am and 3:56pm Leading experts explain their research and discoveries to an engaged listening audience **E-mail:** academicminute@wamc.org. **Web:** www.wamc.org/programs/academic-minute

Afropop Worldwide

Sundays, 4–5pm George Collinet hosts this mix of world music from Africa, the Caribbean and the Americas. Tapes are not available. **Phone:** (718) 398-2733. **E-mail:** afropop@aol.com. **Web:** <u>www.afropop.org</u>

All Things Considered

Weeknights, 4–6:00pm Saturdays and Sundays, 5–6pm Tapes and transcripts are available. **Phone:** (877) 677-8398. **E-mail:** atc@npr.org (weekend e-mail: watc@npr.org). **Web:** www.npr.org/programs

Alternative Radio

Tuesdays, 1pm-2pm. "For tapes write to PO Box 551, Boulder, CO 80306, call (800) 444-1977 or visit www.alternativeradio.org.

As It Happens

Weeknights, 11pm–12midnight

A nightly international newsmagazine from the Canadian Broadcasting Corporation that covers major stories from around the world and regularly focuses on important Canadian news. **Phone:** (416) 205-2600. **E-mail:** aih@toronto.cbc. ca. **Web:** www.radio.cbc.ca/programs/asithappens

BBC World Service

Weekdays, 12–5am Saturdays, 5–5:30am and Sundays, 5–7am The latest news from the BBC. Tapes are not available.

BBC The World Today

Tuesday-Saturday, 12midnight–1am The latest news from the BBC. **E-mail:** world services.letters@bbc.co.uk. **Web:** www.bbc.co.uk/worldservice

The Best of Our Knowledge

Mondays, 8:05–8:30pm; Repeated Fridays at 3pm; Repeated Saturdays at 1:30pm on WAMC AM 1400 Bob Barrett hosts this look at the latest developments in the halls of academe. **E-mail:** knowledge@wamc.org. **Web** www.wamc.org/programs/best-our-knowledge-wamc

The Book Show

Tuesdays, 3:05–3:30pm *Repeated Thursdays at 8:30pm* Joe Donahue hosts this weekly half-hour of literary interviews with acclaimed authors. **Web:** <u>www.wamc.org/programs/book-show-wamc</u>

The Capitol Connection

Fridays, 10:30pm Repeated Saturdays at 1pm Alan Chartock's weekly talk with political notables. Tapes/CD's are \$10. **Phone:** (800) 323-9262. **Web:** <u>www.wamc.org/prog-capitol.html</u>

Car Talk

Saturdays, 10–11am Tom and Ray Magliozzi tell you what ails your car. To be on the program, call (888) 227-8255. **Phone:** (888) 227-5865 or write to Car Talk, PO Box 3500, Harvard Sq., Cambridge, MA 02238. **Web:** www.cartalk.cars.com

Commonwealth Club

Wednesdays, 1pm-2pm. " Call (800) 933-7548 or visit www.commonwealthclub.org.

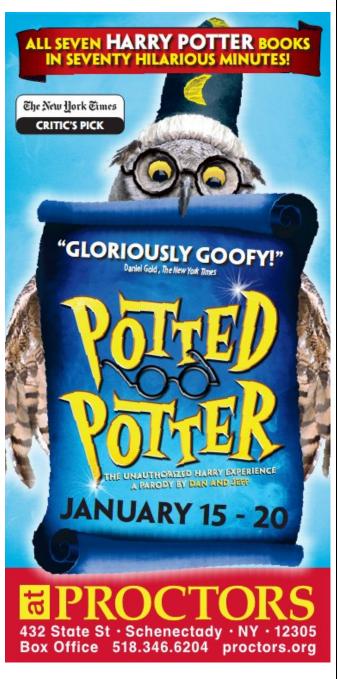
Classical New England with the BSO

Sundays, 8pm-10pm

Classical performances from the Boston Symphony Orchestra. During Tanglewood season, this show will be replaced by Live at The Linda broadcasts.

Dancing on the Air

2nd Wednesday of the month, 8–10pm Jay Ungar and Molly Mason host live folk music from the Linda. Call (518) 465-5233, x4.



Earth & Sky

Weekdays, 9:45am Each day, Deborah Byrd and Joel Block discuss popular science subjects that affect our everyday lives. **Phone:** (512) 480-8773. Write to PO Box 1965, Austin, TX 78767. **Web:** www.earthsky.com

Earth Wise

Weekdays 11:10am and 4:04pm

From green business and new environmental legislation to how nature impacts our environment in ways never before considered, Earth Wise offers a look at our changing environment every day through public radio. Hosted by Bill Schlesinger. **Web:** www.wamcradio.org/earthwise/about.html

51%

Thursdays, 8:05–8:30pm

Repeated Wednesdays at 3:05pm WAMC's Susan Barnett explores important issues of particular interest to women. Tapes/CD's are \$10. E-mail: 51@wamc.org. Web: www.wamc.org/programs/51-wamc

Fresh Air

Weekdays, 7-8pm

Hosted by Terry Gross, this daily interview and features program provides a fresh look at contemporary culture. Tapes and transcripts are \$23.45. **Phone:** (877) 213-7374.. **E-mail:** freshair@whyy. org.

Grateful Dead Hour

Sundays, 10-11pm Hosted by David Gans, this program features classic performances by the

Hosted by David Gans, this program features classic performances by the Dead and their fellow travelers. **Web:** www.gdhour.com

The Health Show

Thursdays, 3:05–3:30pm Repeated Sundays at 6:30pm Bob Barrett and Dr. Nina Sax present news and features important for your good health . E-mail: bbarrett@wamc.org. Web: www.healthshow.org

Hudson River Sampler

Saturdays, 8-10:00pm

Wanda Fischer hosts a program of the very best folk, bluegrass and blues music. Playlists are available at: <u>www.wamc.org/programs/hudson-river-sampler-wamc</u>

Jazz After Hours

Saturdays, 1–5am Sundays, 12midnight–5am Jim Wilke hosts this program of jazz recordings. Write to c/o Public Radio International, 100 North Sixth Street, Suite 900A, Minneapolis, MN 55403. E-mail: jim@jazzafterhours.org. Web: www.jazzafterhours.org

Le Show

Sundays, 1-2pm

Hosted by Harry Shearer, this weekly show takes a humorous and satirical look at the news. **Web:** www.harryshearer.com/news/le_show/

Legislative Gazette

Fridays, 10:00pm Repeated Saturdays at 5:30am The WAMC news team takes you inside New York State government. Web: www.wamc.org/programs/legislative-gazette-wamc

Living on Earth

Saturdays, 6:05–7am Repeated Tuesdays at 10pm Environmental news and information program hosted by Steve Curwood. Phone: (800) 218-9988. E-mail: letters@loe.org. Web: www.loe. org

Marketplace

Weekday mornings, 7:50–8am and 8:50am Weekday evenings, 6:30–7pm Marketplace AM highlights overnight developments in the business world; Phone: (213) 621-3500. E-mail: letters @marketplace.org. Web: www.marketplace. publicradio.org

Marketplace Money

Sundays, 7–8am Repeated Fridays at 9pm Host Kai Ryssdal looks at the week's major national and international stories that will impact the average listener's wallet. **Phone:** (800) 228-7123. **Web:** www.marketplacemoney.org

The Media Project

Sundays, 6pm Repeated Mondays at 3:05pm An inside look at media coverage of current events, with Alan Chartock, Ira Fusfeld, and Rosmary Armao, with host Rex Smith. **Phone:** (800) 323-9262. **Web:** www.wamc.org/programs/media-project-wamc

Midday Magazine

Weekdays, 12noon–1pm Brian Shields anchors an hour of regional and national news, weather and features. Tapes are not available. **Web:** www.wamc.org/prog-middaymag.html

Midday Saturday / Midday Sunday

Weekends, 12 noon–1pm Host Bob Barrett brings you the best of WAMC news. Tapes are not available.

Morning Edition

Weekdays, 5–9am NPR and WAMC's David Guistina bring you regional and national news and features. Tapes are available. **Phone:** (877) 677-8398. **E-mail:** morning@npr.org. **Web:** <u>www.wamc.org/programs/morning-edition-wamc</u>

The Moth Radio Hour

Friday of 1pm-2pm

We'll hear true stories told live on stage without scripts, notes, props, or accompaniment. Humorous and heartbreaking tales told with honesty, bravery and wit.

Mountain Stage

Mondays, 9–11pm Performances by contemporary folk, rock, and country artists. Write to West Virginia Public Radio, 600 Capitol St., Charleston, WV 25301. **Phone:** (800) 521-2112. **E-mail:** larry@mountainstage.org. **Web:** <u>www.mountainstage.org</u>

Moyers and Company

Friday 2pm-3pm A weekly series that veteran journalist Bill Moyers says will try to make sense of our tumultuous times, "for myself and hopefully for anyone who wants to keep me company."

Music from the Hearts of Space

Sundays, 11pm–12midnight

Stephen Hill offers ethereal late-night listening. **Phone:** (415) 499-9902 **E-mail:** help@hos.com. **Web:** <u>www.hos.com</u>

Only a Game

Saturdays, 7–8am

Nationally known author and veteran NPR commentator, Bill Littlefield, explores sports at all levels. Tapes are available. **Phone:** (800) 909-9287. **E-mail:** oag@wbur.bu.edu. **Web:** <u>www.onlyagame.org</u>

Paul Caiano's WAMC Regional Forecast

Weekdays, 6:53am and 12:25pm Every weekday morning. Paul Caiano is a meteorologist at WNYT Newschannel 13.

Person Place Thing

Third Friday of each month 1pm-2pm

Embracing the idea that people reveal themselves most intimately when speaking not directly about themselves but about something they care about passionately. Interview subjects talk about a person, a place, and a thing that are important to them: love it or hate it, as long as you have strong feelings about it. This structure elicits conversations that would not emerge in a standard interview, inviting the guests to tell stories they never have before.

Playing on Air

Fourth Friday of each month 11am-12pm A public radio show of short plays. Originally written for the stage, these 10-20 minute selections translate to radio without need for stage directions.

The Power of Words

Second Friday of each month 1pm - 2pm

Follow American history through some of the most memorable political speeches of our time. Original speeches from the likes of Presidents F.D. Roosevelt, Ronald Reagan, Barack Obama, & J.F. Kennedy, followed by discussion and analysis by Alan Chartock and guest scholars.

A Prairie Home Companion

Saturdays, 6–8pm

Repeated Sundays from 3–5pm Monologues, skits, and more, hosted by Garrison Keillor. Write to Prairie Home Productions, LLC, 611 Frontenac Place, St. Paul, MN 55104. Phone: (800) 228-7123. E-mail: phc@mpr. org. Web: www.prairiehome.publicradio.org

Pulse of the Planet

Weekdays, 11:20am Weekends, 8:35am A two-minute sound portrait of Planet Earth, tracking the rhythms of nature, culture and science. Write to Pulse of the Planet, PO Box 344, Accord, NY 12404. **E-mail:** pulse@igc.org. **Web:** www.pulseplanet.com

Radio Deluxe

Saturdays, 2–4pm Tuesdays 8-10pm Singer/guitarist John Pizzarelli takes listeners on a 2-hour tour through the great American songbook. **Web:** www.radiodeluxe.com

Radiolab

Mondays 1-2pm

Each hour we take a big idea, so big that it lives everywhere, hiding in a thousand places under different names, and we chase that idea, going wherever whim takes us. Along the way, hosts Jad Abumrad and Robert Krulwich interview, argue, imagine, and discover the hidden connections that make this idea so surprisingly powerfullt's Technicolor radio. Web www.radiolab.org/

The Roundtable

Weekdays, 9am–12 pm

Joe Donahue and rotating co-hosts offer this mix of news, interviews and more. Featuring *Performance Place*. Tapes are not available. **Web:** http://www.wamc.org/programs/roundtable

Selected Shorts

Sundays, 11am–12noon Repeated Wednesdays at 10pm A match of Oscar and Tony Award winning actors with short stories by contemporary and classic authors. Tapes are available. **Phone:** (212) 864-1414, ext. 206. **E-mail:** shorts@symphonyspace.org. **Web:** www.symphonyspace.org

Speakers' Corner

Friday, 1-2pm

The Moth, Person Place Thing, The Power of Words, Playing on Air and other shows that feature great stories, speeches and interviews.

Star Date

Weekdays, 5:06am and 12:45pm Weekends, 10:27pm Astronomical information and current events. From the University of Texas at Austin McDonald Observatory. **Web:** <u>www.stardate.org</u>

Tanglewood - Boston Symphony Orchestra Concerts

Fridays and Saturdays at 8:00pm Sundays at 2pm Throughout July and August . Concerts will not air on WCEL, WRUN or WAMC-AM. Those stations will air our regular program schedule. Web: <u>www.bso.org</u>

This American Life

Fridays, 8–10pm Repeated Saturdays at 4pm Ira Glass hosts this weekly suite of radio storytelling. Tapes are available. **E-mail:** web@thislife.org. **Web:** www.thislife.org

The Thistle and Shamrock

Sundays, 7–8pm Celtic music and culture are presented by Scotswoman Fiona Ritchie. Tapes are not available. **Phone:** (704) 321-3293. **E-mail:** thistle@npr.org. **Web:** www.npr.org

The Tim Coakley Jazz Show

Saturdays, 11:00pm–12 midnight

A mixture of jazz old and new, hosted by WAMC's Tim Coakley. Tapes are not available. Playlists: <u>www.wamc.org/programs/tim-coakley-jazz-</u> <u>show-wamc</u>

Alternate Programming

The Tavis Smiley Show A unique blend of news and newsmakers in expanded conversations on a variety of topics — all with a special focus on Black America.

Saturdays 2-4pm on WAMC-AM 1400

Vox Pop

Monday-Thursday, 2–3pm

WAMC's live call-in program exploring a variety of issues. Tapes are not available. **Phone:** (800) 348-2551. **Web:** <u>www.wamc.org/programs/vox-pop-wamc</u>

Wait, Wait...Don't Tell Me

Saturdays, 11am-12noon, Repeated Thursdays at 9pm

A weekly hour-long quiz program, hosted by Peter Sagal, with Carl Kasell as official judge and scorekeeper. Each week listeners test their knowledge against some of the best and brightest in the news and entertainment world while figuring out what's real news and what's made up. **Phone:** (202) 513-3232. **E-mail:** *waitwait@npr.org*

WAMC Bluegrass Time

Saturdays, 10pm – 11pm Nick Barr hosts this blend of bluegrass music, featuring the classics from the masters all the way to the current "hits". Playlists:

www.wamc.org/programs/wamc-bluegrass-time-wamc

WAMC "Conversation With..."

Thursdays, 1-2pm

Alan Chartock talks with authors, politicians, artists and other notables.

WAMC Northeast Report

Early Edition – Weekdays, 3:30–4pm Late Edition – Weekdays, 6–6:30pm The latest news featuring reports from WAMC's bureau chiefs along with commentary, interviews, national and international news and the weather forecast. Web: www.wamc.org/programs/wamc-northeast-report-wamc

Weekend Edition

Saturdays, 8–10am Sundays, 8–11am Scott Simon with Weekend Edition Saturday, Audie Cornish with Weekend Edition Sunday, and WAMC's Bob Barrett, bring you the news. Saturday E-mail: wesat@npr.org; Sunday E-mail: wesun@npr.org Saturday Web: www.npr.org/programs/wesat/ Sunday Web: www.npr.org/programs/wesun/

Writer's Almanac

Weekdays, 8:33am and 10:25am Saturdays and Sundays, 12:45pm Garrison Keillor shares literary works from around the world. Tapes and Transcripts are not available. **Web:** www.writersalmanac. publicradio.org

January Events Calendar

Kids and Family

Just Imagine Planetarium Show Opens @ miSci January 3, 2013, 2:00PM-3:00PM Venue: miSci (formerly Schenectady Museum), Schenecatady

Fort Fever Series! Catch it! "The Realities of War" January 13, 2013, 2:00PM-4:00PM Venue: Fort Ticonderoga, Ticonderoga

School Break - Circus of Stars

January 19, 2013, 11:00AM-12:00PM Venue: Albany Heritage Area Visitors Center, Albany

Bridge the Challenge

January 26, 2013, 1:00PM-2:00PM; (Pre-registration is required) Venue: The Children's Museum of Science and Technology, Troy

Art and Museum Exhibits

<u>Seneca Ray Stoddard: Capturing the Adirondacks</u> Through February 24, 9:30AM-5:00PM; (the Museum is closed on Sundays) Venue: New York State Museum, Albany

Norman Rockwell: Humorous Tales and Little Known Facts The second Friday of every month through May 10, 2:30-3:00PM Venue: Norman Rockwell Museum, Stockbridge

Community Events

World Hypnotism Day 2013 January 4, 2013, 6:00PM-9:00PM Venue: Alacrity, Albany

Heroes in Uniform Showcase January 12, 2013, 7:00PM-8:30PM Venue: Vapor Night Club at Saratoga Casino and Raceway, Saratoga Springs

Lectures/Literary

Vision & Learning: Helping Your Child See Success January 24, 2013, 7:00PM-8:30PM Venue: miSci (formerly Schenectady Museum), Schenecatady

New Frontiers in Glycoscience and Glycoengineering January 29, 2013, 12:00PM-1:00PM Venue: EMPAC (The Curtis R. Priem Experimental Media and Performing Arts Center), Troy

Film, Theater and Dance

Dreyer's "Passion of Joan of Arc" January 6, 2013, 2:00PM-5:00PM Venue: ROSENDALE THEATRE COLLECTIVE, Rosendale

Akira Kurosawa's 'Seven Samurai"

January 15, 2013, 7:15PM-11:00PM Venue: ROSENDALE THEATRE COLLECTIVE, Rosendale

Classes/Workshops

Basic Typing

January 4, 2013, 9:30AM-11:30AM Venue: Saratoga Springs Public Library (SSPL), Saratoga Springs

Bluegrass jamming workshop

January 8, 2013, 6:00PM-8:30PM; (Six sessions, Tuesdays Jan 8-Feb 12 6-8:30pm) Venue: Old Songs, Voorheesville

Storytelling Workshop with David Black award-winning journalist, novelist, screenwriter & producer January 19, 2013-January 21, 2013, 1:00-4:00PM

Venue: Hudson Opera House, Hudson

<u>Music</u>

Philip Setzer, violin, David Finckel, cello, Wu Han, piano January 6, 2013, 3:00PM-5:00PM Venue: Union College Memorial Chapel, Schenectady

Pete Seeger concert

January 19, 2013, 7:30PM-10:00PM; (Seating is limited) Venue: Unitarian Universalist Congregation at Rock Tavern, Rock Tavern

<u>CREW</u> January 26, 2013, 7:00PM-8:00PM <u>Venue:</u> EMPAC (The Curtis R. Priem Experimental Media and Performing Arts Center), Troy

Check out the WAMC Public Events Calendar:

http://events.publicbroadcasting.net/wamc/events.eventsmain

Metropolitan Opera Broadcast Schedule Saturdays at 1pm unless otherwise noted

January 5 — "Les Troyens" - Berlioz

Luisi; Voigt, Graham, Cargill, Giordani, Cutler, Croft, Youn NOTE: Delayed feed. Broadcast begins at 1pm.

January 12 — "Il Trovatore" - Verdi Callegari; Racette, Blythe, Berti, Markov, Stamboglis

January 19 — "Maria Stuarda" - Donizetti Benini; van den Heever, DiDonato, Zifchak, Polenzani, Hopkins, Rose NOTE: Delayed feed. Broadcast begins at 1pm.

January 26 — "La Rondine" – Puccini Marin: Opolais, Christy, Filianoti, Brenciu, D. Croft

BOARD OF TRUSTEES

Chair: ANNE ERICKSON* - ALBANY, NY Vice Chair: JOSEPH BROWDY* - HILLSDALE, NY Secretary: JEANNE HUNTER* - CATSKILL, NY Treasurer: DOROTHY REYNOLDS* - RENSSELAER, NY Asst Treasurer: JOHN LAVELLE* - MIDDLEBURGH, NY President: ALAN CHARTOCK* - GREAT BARRINGTON, MA

JANET AXELROD* - ALBANYNY MARY BALLOU - SCHENECTADY. NY DAN BAZILE*- CLIFTON PARK, NY GERALD BENJAMIN - NEW PALTZ. NY JOHN DUNNE - SPENCERTOWN, NY IRA FUSFELD* - WOODSTOCK, NY JUDITH GRUNBERG* - VALATIE, NY MAURICE HINCHEY - SAUGERTIES, NY **SVEN HUSEBY - GERMANTOWN, NY** THOMAS SW LEWIS - SARATOGA SPRINGS, NY WILL LITTLE - LAKEVILLE, CT HEDI MCKINLEY - ALTAMONT. NY **ROBERT NORRIS – GREAT BARRINGTON, MA ROGER PHILLIPS - STUYVESANT, NY** CARMI RAPPORT* - CLAVERACK, NY **WAMC Executive Committee*

Monthly meetings of the WAMC Executive Board are the second Monday of each. Meetings are open to the public. All meetings take place at 5:00 pm at WAMC, 318 Central Avenue, Albany, NY 12206 unless otherwise noted. It is recommended that you call the station at 800.323.9262 in advance of the meeting to ensure it will be taking place as scheduled.

BSO Sunday Night Broadcast Schedule:

Each Sunday from 8pm to 10pm

Jan. 6: <u>A Midsummer Night's Dream</u>

The 2011 season-closing performance by the BSO, with Laureate Conductor Bernard Haitink conducting the BSO in the complete incidental music to "A Midsummer Night's Dream" by Felix Mendelssohn.

Jan. 13: BSO Players: Copland and Tchaikovsky

Members of the BSO play Copland's Fanfare for the Common Man, two Serenades by Richard Strauss and Pyotr Tchaikovsky, and Igor Stravinsky's riot-inducing Rite of Spring.

Jan. 20: <u>Michael Stern conducts Meyer and</u> <u>Tchaikovsky</u>

Violin soloist Joshua Bell plays with the composer as duo-soloists in Edgar Meyer's Double. Michael Stern conducts the BSO in Tchaikovsky's fourth Symphony.

Jan 27: <u>Gilbert conducts Dutilleux, Stravinsky, and</u> <u>Ravel</u>

Lisa Batiashvili returns to Symphony Hall as soloist in Tchaikovsky's Violin Concerto in D, and Alan Gilbert conducts Dutilleux's Métaboles, Stravinsky's Symphony in Three Movements, and Ravel's La Valse.

Three Timely Financial Resolutions for 2013

By Thomas E. Brockley Senior Vice President – Financial Advisor Senior Portfolio Manager – Portfolio Focus Courtesy of RBC Wealth Management

The start of a new year is a time to reflect on the past and ponder possibilities for the future. From a financial perspective, two things become clear: you have important goals as an investor and you need a plan to help you meet those goals. So when you make your list of New Year's resolutions for 2013, consider the following suggestions.

- **1. Get your retirement assets in shape and consolidate.** If you have multiple IRAs or 401(k) accounts, consolidating them into one IRA or one rollover IRA may result in reduced or eliminated annual fees. Fewer monthly statements, as well as IRS-required annual reporting statements, will be mailed to you. In addition, if you are over age 70-1/2, your Required Minimum Distribution (RMD) will be easier to track.
- Increase your retirement contributions. With every new year, you are one year closer to retirement. Contribute now for 2012 with one easy contribution. (The deadline is April 15, 2013.) The 2012 contribution limit for Traditional and Roth IRAs is \$5,000 and may include an additional \$1,000 "catchup" opportunity for individuals age 50 and older.
- **3. Implement an asset allocation plan.** The underlying principle of asset allocation is to diversify your investment portfolio among several different asset classes in an effort to reduce the risk and volatility of your overall portfolio and potentially improve your overall returns. Even if you've already constructed a plan, changes to your investment profile such as time horizon or risk tolerance may require adjustments to your asset allocation plan. Plus, the plan you established last year may not be appropriate this year as a result of economic fluctuations or changes in your personal or financial circumstances.

What do you want to accomplish financially in 2013? Take some time to consider these suggestions and make a New Year's resolution to keep your investment plan consistent with your needs. Contact your professional financial advisor today to review and implement your new year's financial resolutions.

The information included in this article is not intended to be used as the primary basis for making investment decisions nor should it be construed as a recommendation to buy or sell any specific security. RBC Wealth Management does not endorse this organization or publication. Consult an investment professional for additional information and guidance. RBC Wealth Management does not provide tax or legal advice. All decisions regarding the tax or legal implications of your investments should be made in connection with your independent tax or legal advisor. RBC Wealth Management, a division of RBC Capital Markets, LLC, Member NYSE/FINRA/SIPC.

WAMC Underwriter Directory

<u>Architectural, Engineering &</u> <u>Contractors</u>

3t Architects Albany, NY (518) 618-0900 www.3tarchitects.com

Alfandre Architecture New Paltz, NY (845) 255-4774 www.alfandre.com

architecture+ Capitol Region (518) 272-4481 http://www.aplususa.com/

Ashfield Stone Shelburne Falls, MA www.ashfieldstone.com

The Chazen Companies Poughkeepsie, Troy, Glens Falls, NY 888- 539-9073 www.chazencompanies.com

Curtis Lumber Ballston Spa, NY (518) 858-5311 curtislumber.com

Empire Exhibits Watervliet, NY (518) 266-9362 www.empireexhibits.com

Gordon Fire Equipment Highland, NY (845)691-5700 www.gordonfire.com info@gordonfire.com

Green Heat, Inc Stone Ridge, NY (845) 687-4508 www.greenheatinc.com

Kintz Plastics Howe Cave, NY (518) 296-8513 www.kintz.com

Littlewolf Architecture Great Barrington, MA (413) 528-5571 www.littlewolfarch.com

ARTS & ENTERTAINMENT

20th Century Illuminations New Salem, MA (978) 544-2247 www.20thcenturyilluminations.com/

Albany Symphony Orchestra Albany, NY (518) 465-4755 http://www.albanysymphony.com The Arkell Museum at Canajoharie Canajoharie, NY (518) 673-2314 www.arkellmuseum.org

Art Along the Hudson

Beacon, Garrison, Cold Spring, Hudson, Kingston, New Paltz, Newburgh, Peekskill, Poughkeepsie, Rhinebeck, Red Hook and Woodstock, NY (845) 838-2880 <u>http://www.artalongthehudson.com/</u>

Ashokan Center Olivebridge, NY (845) 657-8333 www.ashokan.org/ashokan/index.shtml

The Bardavon Pouhkeepie, NY (845) 473-2072 www.bardavon.org

Barrington Stage Co Pittsfield, MA (413) 236-8888 www.barringtonstageco.org

Berkshire Museum Pittsfield, MA (413) 443-7171 www.berkshiremuseum.org/

Bethel Woods Center for the Arts and Museum Bethel, NY 1-866-781-2922 www.bethelwoodscenter.org info@bethelwoodscenter.org

Capital Repertory Theatre Albany, NY (518) 445-SHOW (7469) www.capitalrep.org/

Cunneen-Hackett Arts Center Poughkeepsie, NY (845) 486-4571 http://cunneen-hackett.org/

Don Muller Gallery Northampton, MA www.donmullergallery.com

Dorsky Museum of Art New Paltz, NY (845) 257-3844 www.newpaltz.edu/museum

Dutchess County Fair Rhinebeck, NY (845) 876-4001 www.dutchessfair.com

The Egg Albany, NY (518) 473-1064

EMPAC -- The Curtis R. Priem Experimental Media and Performing Arts Center Troy, NY (518) 276-3921 www.empac.rpi.edu Epoch-18 Vermont Artisans Manchester Center, VT (802) 768-9711 www.epochvermont.com

The Frances Lehman Loeb Art Center at

Vassar College Poughkeepsie, NY (845) 437-5632 http://fllac.vassar.edu/

Franklin D. Roosevelt Presidential Library and Museum

Route 9 Hyde Park, NY 1-800-FDR-VISIT www.fdrlibrary.marist.edu/

Hildene Manchester, VT (802) 362-1788 www.hildene.org

Home Made Theater Saratoga Springs, NY (518) 587-4427 www.homemadetheater.org/

Hudson Opera House Multi-arts Center Hudson, NY (518)822-1438 www.hudsonoperahouse.org/

The Hyde Collection Glens Falls, NY (518) 792-1761 www.hydecollection.org

Live At The Falcon Marlboro, NY (845) 236-7970 www.liveatthefalcon.com

The Mahaiwe Performing Arts Center Great Barrington, MA (413) 528-0100 www.mahaiwe.org/

Mainstage Theatre at SUNY New Paltz New Paltz, NY (845) 257- SUNY www.newpaltz.edu/theatre/productions.html

Mass MoCa North Adams, MA (413) MOCA-111 www.massmoca.org/

Molly Cantor Pottery Shelburne Falls, MA www.mollypots.com

The Mop & Bucket Company Schenectady, NY (518) 847-9882 www.mopco.org

National Museum of Dance Saratoga Springs, NY (518) 584-2225 www.dancemuseum.org/

National Yiddish Book Center Amherst, MA (413) 256-4900 www.yiddishbookcenter.org/ New York Folklore Society Schenectady, NY (518) 346-7008 www.nyfolklore.org/

Norman Rockwell Museum Stockbridge, MA (413) 298-4100 www.nrm.org/

Old Songs Voorheesville, NY (518) 765-2815 www.oldsongs.org

Opera Saratoga Saratoga Springs, NY (518) 584-6018 www.operasaratoga.org

Pawling Concert Series Pawling, NY (845) 855-3100 http://pawlingconcertseries.org/

Performance Spaces for the 21st Century Chatham, NY (518) 392-6121 www.ps21chatham.org

Picture Perfect Art Gallery Canajoharie, NY (518) 673-3066 www.pictureperfectartgallery.com

Proctor's Theatre Schenectady, NY (518) 346-6204 http://www.proctors.org/ PS/21

Powerhouse Theatre at Vassar College Poughkeepsie, NY (845) 437-5599 www.powerhouse.vassar.edu

The Rhinebeck Artists Shop Rhinebeck and New Paltz, NY (845) 876-4922 www.rhinebeckart.com

Rhinebeck Chamber Music Society, Inc. Rhinebeck, NY (845) 876-2870 http://rhinebeckmusic.org/

Schenectady Museum & Suits Bueche Planetarium Schenectady, NY (518) 382-7890 www.schenectadymuseum.org/

Shakespeare & Company Lenox, MA (413) 637-3353 www.shakespeare.org

Smith College Museum of Art Northampton, MA (413) 585-2760 http://scma.smith.edu/artmuseum/

Snow Farm Williamsburg, MA (413) 268-3101 www.snowfarm.org SPAC Saratoga Springs, NY (518) 584-9330 www.spac.org/

Spectrum 8 Theatres Albany, NY (518) 449-8995 www.spectrum8.com/

Springfield Museums Springfield, MA (413) 263-6800 www.springfieldmuseums.org

Springfield Symphony Orchestra Springfield, MA (413) 733-2291 www.springfieldsymphony.org/

The Sterling and Francine Clark Art Institute Williamstown, MA (413) 458-2303 www.clarkart.edu/

Storm King Art Center Mountainville, NY (845) 534-3115 www.stormking.org

Sugar Loaf Performing Arts Center Sugar Loaf, NY (845) 10-5335 www.sugarloafpac.com

The Tang Teaching Museum and Art Gallery Skidmore College Saratoga Springs, NY (518)580-8080 www.skidmore.edu/tang

Time & Space Limited / TSL Hudson, NY 518-822-8448 www.timeandspace.org

Thomas Cole National Historic Site Catskill, NY (518) 943-7465

Troy Savings Bank Music Hall Troy, NY (518) 273-8945 www.troymusichall.org

Two Spruce Pottery Schenectady, NY (518) 393-5011 www.twospruce.com/

Ulster Performing Arts Center (UPAC) Kingston, NY (845) 339-6088 www.upac.org

Upstate Films Theaters Rhinebeck and Woodstock, NY 1-866-FILMNUT (1-866-345-6688) www.upstatefilms.org Ventfort Hall Lenox, MA (413) 637-3206 http://www.gildedage.org/

The Wild Center Tupperlake, NY (518) 359-7800 www.wildcenter.org

Williams College Museum of Art Williamstown, MA (413) 597-2429 wcma.williams.edu

Woodstock Playhouse Woodstock, NY (845) 679-6900 www.woodstockplayhouse.org

Zankel Music Center Saratoga Springs, NY (518) 580-5000

ASSOCIATIONS, SOCIETIES & NON-PROFITS

Brain Injury Association of Massachusetts Pittsfield & Westboro, MA (413) 443-0200 www.biama.org/

Civil Service Employees Association Local 1000 AFSCME, AFL-CIO Albany, NY (800) 342-4146 www.csealocal1000.org/dedicated

Downtown Schenectady Improvement Corporation Schenectady, NY (518) 377-9430 www.downtownschenectady.org/

Dutchess County Arts Council Poughkeepsie, NY (845) 454-3222 http://artsmidhudson.org/html/fundprog.html

Fulton County Regional Chamber of Commerce & Industry Fulton County..."Another Reason I love NY" www.fultoncountyny.org www.44lakes.com

Hudson Valley Agribusiness Development Corporation/Hudson Valley Bounty Hudson, NY (518) 392-9696 www.hudsonvalleybounty.com

Law Offices of Reed & Vella Delmar, NY (518-439-6001 www.reedandvellalaw.com

New York Folklore Society Gallery of New York Folk Art Schenectady, NY (518) 346-7008 www.nyfolklore.org/ Northeastern Association of Blind Albany, NY (518) 463-1212 www.naba-vision.org/

Saratoga Bridges Ballston Spa, NY (518) 587-0723 www.saratogabridges.org

Schoharie Valley Association Schoharie, NY www.schoharievalley.org

Southern Adirondack Tobacco Free Coalition Saratoga Springs, NY (518)581-1230 www.tobaccofreeadirondacks.org

Sunmark Credit Union Latham, NY (518) 382-0809 www.sunmarkfcu.org

United Way of the Greater Capital Region Albany, NY (518) 456-2200 http://www.unitedwaygcr.org/

Watershed Agricultural Council Walton, NY (607) 865-7090 www.nycwatershed.org

AUTOMOTIVE SALES AND SERVICE

Bedard Brothers Cheshire, MA (413) 743-0014 www.bedardbros.com/

Boyden & Perron Garage Amherst, MA www.boydenandperron.com

Capital Cities Imported Cars Glenmont, NY 1-800-640-3434 www.capitalcitiesbmw.com/ www.capitalcitiesvw.com/

Capital Luxury Car Co. - Capital Volvo of Albany, Jaguar of Albany, Land Rover of Albany Albany, NY (518) 443-4816 www.capluxcars.com

College Street Motors Amherst, MA (413) 253-3200 www.collegestreetmotors.com

Jenkinstown Motors New Paltz, NY (845) 255-2500 www.facebook.com/Jenkinstown-Motors-Inc

Quality Foreign Car Care Ballston Spa, NY 518-885-1781 www.qfcc.com/data/ Ruge's Subaru Rhinebeck, NY (845) 876-2087 www.rugessubaru.com

Ryan Imported & Domestic Car Repair Northampton, MA (413) 584-7381 www.ryanimported.com

Seward's Tires Great Barrington, MA (413) 528-3168 www.sewardstires.com

Upstate Chevy Dealers www.chevyupstate.com/

Van Kleeck's Tire Lake Katrine & Hudson, NY Lake Katrine (845) 382-1292 Hudson (518) 828-3020 www.vankleecks.com

Wheels of Time Vintage Auto Restoration Pine Plains, NY (518) 398-7493 www.wheelsoftimeinc.com

BUSINESS, BANKING, FINANCE, & Insurance

The Beechwood Group of Wells Fargo Advisors, LLC Poughkeepsie, NY (845) 483-7943 or (866) 810-6917

(845) 483-7943 or (866) 810-6917 www.thebeechwoodgroup.com

Benefits Management Group New Paltz, NY (845) 691-4945 www.your-medical-insurance.com

Cap Com Federal Credit Union Main Office Albany, NY 12205 518- 458-2195 www.capcomfcu.org

Cap Com Federal Credit Union 155 BRANCH

Albany, NY (800) 468-5500 www.capcomfcu.org

Cap Com Federal Credit Union Brunswick Branch Brunswick, NY (800) 468-5500 www.capcomfcu.org

Cap Com Federal Credit Union Clifton Park Branch Clifton Park, NY (800) 468-5500 www.capcomfcu.org

Cap Com Federal Credit Union Cohoes Branch Cohoes, NY (800) 468-5500 www.capcomfcu.org

Cap Com Federal Credit Union

Glenmont Branch Glenmont, NY (800) 468-5500 www.capcomfcu.org

Cap Com Federal Credit Union Glens Falls Branch Glens Falls, NY

(800) 468-5500 www.capcomfcu.org

Cap Com Federal Credit Union Latham Branch Latham, NY (800) 468-5500 www.capcomfcu.org

Cap Com Federal Credit Union Niskayuna Branch Niskayuna, NY (800) 468-5500 www.capcomfcu.org

Cap Com Federal Credit Union North Greenbush Branch Troy, NY (800) 468-5500 www.capcomfcu.org

Cap Com Federal Credit Union Waterford Branch Waterford, NY (800) 468-5500 www.capcomfcu.org

Capital District Physician's Health Plan Albany, NY (518) 641-3000 www.cdphp.com

Capital Region Help Wanted Centennial, CO (800) 365-8360 www.capitalareahelpwanted.com

Career In Transition, LLC Albany, NY (518) 366-8451 www.careersintransitionllc.com

Central New York Help Wanted Centennial, CO (800) 365-8360 www.centralnewyorkhelpwanted.com

Community Loan Fund of the Capital Region Albany, NY (518) 436-8586 www.mycommunityloanfund.org

Currin Compliance Services, LLC Greenwich, NY (518) 692-2494 www.currincompliance.com

Fenimore Asset Management Cobleskill, NY (518) 234-7400 http://www.famfunds.com/

Godfrey Financial Associates, Inc. Latham, NY (518) 220-9381 www.godfreyfinancial.com/ Hoosac Bank North Adams, MA 01247 (866) 4 Hoosac www.hoosacbank.com

Hudson Valley Help Wanted Centennial, CO (800) 365-8360 www.hudsonvalleyhelpwanted.com

Hudson Valley Mold Remediation Hudson Valley, NY (845) 644-4033

John G. Ullman & Associates Rhinebeck and Corning, NY (800) 936-3785 www.jgua.com

KeyBank (800) key2you www.key.com

Key Private Bank (518) 488-5765 www.key.com

Laurie A. Stillwell, CPA, P.C. Saratoga Springs, NY (518) 584-0109 www.stillwellcpa.com/

Marshall and Sterling Insurance 18 locations in New York and the Virgin Islands (845) 454-0800 www.marshallsterling.com/

Mary Irish, Wealth Advisor Morgan Stanley Smith Barney Niskayuna, NY (518) 386-2912 mary.irish@mssb.com

Mid Hudson Valley Federal Credit Union Kingston, NY (800) 451-8373 www.mhvfcu.com

Mirick Insurance Agency Shelburne Falls, MA www.mirickins.com

NBT Bank Glens Falls, NY (518) 745-5260 www.nbtbank.com/

NBT Bank Saratoga Springs, NY (518) 587-0330 (518) 584-5338 www.nbtbank.com/

NBT Bank Plattsburgh, NY (518) 561-5845 (518) 762-1924 www.nbtbank.com/

NBT Bank Ellenburgh Depot, NY (518) 594-3933 www.nbtbank.com/ NBT Bank Lake Placid, NY (518) 523-9544 (518) 523-3025 www.nbtbank.com/

NBT Bank Saranac Lake, NY (518) 891-2051 www.nbtbank.com/ NBT Bank Clifton Park, NY (518) 348-0781 (518) 371-0484 www.nbtbank.com/

NBT Bank Burlington, VT (802) 651-9786 www.nbtbank.com/

Pinnacle Human Resources, LLC Latham, NY (518) 486-8152 www.pinnaclehrllc.com

R.J. Carignan & Company Clifton Park, NY (518) 235-4303 www.rjcinsurance.com/

SEFCU Albany, NY (518) 464-5223 www.sefcu.com

Sunmark Credit Union Latham, NY (518) 382-0809 www.sunmarkfcu.org

Thomas E. Brockley RBC Wealth Management Senior Vice President-Financial Consultant Senior Portfolio Manager - Portfolio Focus Albany, NY (518) 432-1455 (866) 615-2479 thomas.brockley@rbc.com www.rbcfc.com/thomas.brockley

TIAA-CREF www.tiaa-cref.org/

UHY Advisors, Inc. Albany, NY (518) 449-3166 www.uhy.com/

Walenta and Clark Agency Greenville, NY (800) 994-5250 www.wcagency.net

<u>COMMUNICATIONS, MARKETING,</u> <u>PR, MEDIA, & INTERNET</u>

Behan Communications Glens Falls, NY (518)792-3856 www.behancommunications.com

Empire Exhibits Watervliet, NY (518) 266-9362 www.empireexhibits.com

readmedia Albany, NY (800) 552-2194 http://www.readmedia.com/

Rosenbaum Media Group Rhinebeck, NY (914) 388-1498 www.rosenbaummedia.com

Spiral Design Studio Cohoes, NY (518) 326-1135 www.spiraldesign.com

Tech Valley Communications (518) 598-0900 www.techvalleycom.com/

VoIP Logic Williamstown, MA (310) 279-4700 www.voiplogic.com/

WGBY Public Television Springfield, MA (800) 781-9429 www.wgby.org

DATING SERVICES

Mass Match Amherst, MA (413) 665-3218 www.massmatch.com/

DENTISTRY

Dr. John Carpenter, DMD New Windsor, NY (845) 658-4055 www.hudsonvalleycenterforsedation.com

Dr. Vivian Letizia, DDS Woodstock, NY (845) 679-2421 http://www.woodstockdentist.com/

Charles Padula, D.D.S. Schenectady, NY (518) 346-2500 www.padula.com

Transcend Dental Dentistry West Hurley, NY (876) 679-4000 www.transcenddental.net

EDUCATION, RESEARCH, SCHOOLS, & LIBRARIES

Adelphi University School of Social Work Hudson Valley Center Poughkeepsie, NY (845) 471-3348 www.adelphi.edu/hudsonvalley

The Albany Academies Albany, NY (518) 429-2385 www.albanyacademies.org/ Albany College of Pharmacy Albany, NY (888) 203-8010 <u>http://acphs.edu/</u>

American Council on Education Washington, DC (202) 939-9300 www.acenet.edu

Anderson Center for Autism Staatsburg, NY (845) 889-4034 www.andersoncenterforautism.org

Bard Center for Environmental Policy Annandale-on-Hudson, NY (845) 758-7073 www.bard.edu/cep/

Bard Master of Arts in Teaching Annadale-on-the-Hudson (845)758-7151 www.bard.edu/mat

Beacon Institute for River and Estuaries' River University Beacon, NY (845) 838-1600 www.bire.org

Bennington Museum Bennington, VT (802) 447-1571 www.benningtonmuseum.org

Berkshire Country Day School Lenox, MA (413) 637-0755 http://berkshirecountryday.org/

Buxton School Williamstown, MA (413) 458-3919 www.buxtonschool.org

Canajoharie Library and Art Gallery Canajoharie, NY (518) 673-2314 www.clag.org

Capital Region Language Center Colonie and Malta, NY (518) 884-4652 www.crlcalbany.org/

The Cary Institute of Ecosystem Studies Millbrook, NY (845) 677-7600 www.ecostudies.org/

Change That's Right Now 1(800) 828-7484 www.changethatsrightnow.com/

The College of St. Rose Albany, NY 800-637-8556 www.strose.edu/

Darrow School New Lebanon, NY (877) 432-7769 www.darrowschool.org The Department of Theater Arts at SUNY New Paltz New Paltz, NY www.newpaltz.edu/theatre

Elms College Chicopee, MA (413) 594-2761 www.elms.edu

Emma Willard School Troy, NY (518) 833-1300 http://emmawillard.org/

The Executive MBA at Rensselaer Rensselaer Hartford Campus Hartford, CT (860) 548-2400 http://ewp.rpi.edu/hartford

Frances Lehman Loeb Art Center Poughkeepsie, NY (845) 437-5237 www.fllac.vassar.edu

Hartwick College Oneonta, NY (607) 431-4000 www.hartwick.edu

Hawthorne Valley School Ghent, NY 518-672-7092 www.hawthornevalleyschool.org/

High Meadow School Stone Ridge, NY (845) 687-4855 www.highmeadowschool.org/

Hoosac School Hoosick, NY

Hoosick, NY (518) 686-7331 www.hoosac.com

Hudson River Sloop Clearwater Beacon, NY (845) 265-8080 www.clearwater.org/category/latest-news/

Mainstage Theatre at SUNY New Paltz New Paltz, NY (845) 257- SUNY www.newpaltz.edu/theatre/productions.html

Maria College Albany, NY (518) 438-3111 http://mariacollege.edu/

Miss Hall's School Pittsfield, MA (413) 499-1300 www.misshalls.org/

The Montessori School of the Berkshires Lenox Dale, MA (413) 637-3662 www.berkshiremontessori.org/

Mount Holyoke College South Hadley, MA (413) 538-2000 www.mtholyoke.edu New York State United Teachers Latham, NY (518) 213-6000 www.nysut.org/

Oakwood Friends School Poughkeepsie, NY (800) 843-3341 www.oakwoodfriends.org/

Pine Brook Children's Center South Deerfield, MA www.pinebrookkids.org

The Research Foundation for the State University of New York Albany, NY (518) 434-7000 www.rfsunny.org

Rudolf Steiner School Great Barrington, MA (413) 528-4015 www.rudolfsteiner.org

Saint Gregory's School Loudonville, NY (518) 785-6621 www.saintgregorysschool.org

Saint Joseph School Kingston, NY (845) 339-4390 www.saintjosephschoolkingston.com

Snow Farm Williamsburg, MA (413) 268-3101 www.snowfarm.org

Springbrook Oneonta, NY (607) 286-7171 www.springbrookny.org

St. Gregory's School Loudonville, NY (518) 785-6621 www.saintgregorysschool.org/

Stoneleigh Burnham School Greenfield, MA (413) 774-2711 www.sbschool.org/

The Storm King School Cornwall-on-Hudson, NY (800) 225-9144 www.sks.org/

SUNY Institute of Technology at Utica/Rome Marcy, NY 1-866-2-SUNYIT www.sunyit.edu/

SUNY New Paltz Graduate School New Paltz, NY (800) 248-8856 www.newpaltz.edu/graduate

SUNY New Paltz Undergraduate School New Paltz, NY (845) 257-3200 www.newpaltz.edu Sylvan Learning Center Hadley, MA www.sylvanlearning.com

Union Graduate College Schenectady, NY (518) 346-0106 www.uniongraduatecollege.edu

Union Institute and University Brattleboror, VT (802) 257-9411 www.myunion.edu/psyd

Utica College Utica, NY (315) 792-3006 www.utica.edu

Waldorf School of Saratoga Springs Saratoga Springs, NY (518) 587-2224 www.waldorfsaratoga.org/

Western New England University Springfield, MA (413) 782-1321 www.wne.edu

Williams College Williamstown, MA www.williams.edu/

Woodstock, Day School Woodstock, NY (845) 246-3744 http://woodstockdayschool.org/

Woodstock School of Art Woodstock, NY (845) 679-2388 www.woodstockschoolofart.org

ENVIRONMENTAL SERVICES, PRODUCTS, & ALTERNATIVE ENERGY

The Adirondack Council Serving the Adirondack Park 1-800-842-PARK www.adirondackcouncil.org

Advanced Radiant Design Stone Ridge, NY (845) 687-0044 www.radiant-design.com info@radiant-design.com

Agricultural Stewardship Association Greenwich, NY (518) 692-7285 www.agstewardship.org

Ashokan Center Olivebridge, NY (845) 657-8333 www.ashokan.org/ashokan/index.shtml

Bard Center for Environmental Policy Annandale-on-Hudson, NY (845) 758-7073 www.bard.edu/cep/ Beacon Institute for River and Estuaries Beacon, NY (845) 838-1600 www.bire.org

The Cary Institute of Ecosystem Studies Millbrook, NY (845) 677-7600 www.ecostudies.org/

Environment One Corporation (518) 346-6161 www.eone.com

Green Conscience Home and Garden Saratoga Springs, NY (518) 306-5196 www.green-conscience.com/

Green Heat, Inc Stone Ridge, NY (845) 687-4508 www.greenheatinc.com

Hudson Solar Hudson Valley, Capital Region, NY & Berkshires, MA (866) 452-7652 www.hudsonsolar.com

Lake George Land Conservancy Bolton Landing, NY (518) 644-9673 www.lglc.org

National Fiber Belchertown, MA (347)240-1042 www.nationalfiber.com

The Nature Conservancy, Adirondack Chapter Keene Valley, NY (518) 576-2082 www.nature.org/adirondacks

The Phantom Gardener

Rhinebeck, NY (845) 876-8606 www.thephantomgardener.com/

Pure Catskills Walton, NY (607) 865-7090 www.purecatskills.com

Richard Fuel & Heating, Inc. Easthampton, MA www.richardsfuel.com

Sanitall Hudson Valley Hudson Valley Region, NY (845) 657-7283 www.sanitall.com

Sundog Solar at Solaqua Power & Art Chatham, NY (518) 392-4000 www.sundogsolar.net/

Vanguard Solar Energy Hudson Valley, NY (877) 546-3636 www.vanguardenergies.com **Zoe Energy Solutions** Hudson, NY (518) 751-1025

FOOD, FARMS, & DRINK

Adams Fairacre Farms Kingston, Poughkeepsie, Newburgh, NY (845) 454-4330 www.adamsfarms.com

Agway Millerton, Chatham, Claverack, NY Great Barrington, MA www.agwayny.com

Albany Marriott Albany, NY (518) 458-8444 www.marriott.com/hotels/travel/albny-albanymarriott/

American Hotel Sharon Springs, NY (518) 284-2105 www.americanhotelny.com

Athos Restaurant Albany, NY (518) 608-6400 http://athosrestaurant.com/

Baba Louie's Pittsfield MA, Great Barrington MA and Hudson NY (413) 499-2900 www.babalouiespizza.com

Berkshire Coop Market Great Barrington, MA (413) 528-9697 www.berkshire.coop/

Black Sheep Deli Amherst, MA (413) 253-3442 www.blacksheepdeli.com

Blue Bonnet Diner Northampton, MA (413) 584-3333 www.bluebonnetdiner.net

Blue House Cafe Haydenville, MA www.bluehousecafe.info

Blue Rock Restaurant Shelburne Falls, MA www.thebluerockrestaurant.com

Bountiful Bread Albany, NY (518) 438-3540 www.bountifulbreadalbany.com

Butcher Block Plattsburgh, NY (518) 798-1155 www.butcherblockrestaurant.com Cafe Capriccio Albany, NY (518) 465-0439 www.cafecapriccio.com

Cafe Le Perche Hudson, NY (802) 362-3151 www.cafeleperche.com

Capriccio Saratoga Saratoga Springs, NY (518) 587-9463 www.cafecapriccio.com

Cold Stone Creamery Albany, NY (518) 514-2003 www.coldstonecreamery.com

Creo Albany, NY (518) 514-2003 www.creorestaurant.com

The Dam Cafe and Deli Saugerties, NY (845) 246-3797 www.thedamcafeanddeli.com/

Davidson Brothers Brew Pub Glens Falls, NY (518) 743-9026 www.davidsonbrothers.com/

Depuy Canal House High Falls, NY (845) 687-7700 www.depuycanalhouse.com

Fiori Restaurant Great Barrington, MA (413) 528-0351 www.fiorirestaurant.com

Flayvors of Cook Farm Hadley, MA cookfarm@crocker.com

Garden Bistro 24 Colonie, NY (518) 456-4566 www.gardenbistro24.com

Grazin (Farm to Table-Direct) Hudson, NY (518) 822-9323 www.grazindiner.com

Gypsy Apple Bistro Shelburne Falls, MA (413) 625-6345

Hamel's Catering, Inc. Holyoke, MA www.hamelscreativecatering.com

Harney & Sons Fine Teas Millerton, NY (518) 789-2121 www.harney.com

Hawthorne Valley Farms Ghent, NY 518-672-7500 www.hawthornevalleyfarm.org/

Hennessy Homebrew Emporium

Rensselaer, NY, West Boylston and Cambridge, MA (518) 283-7094 www.beerbrew.com/

Henry's Farm to Table Restaurant Milton, NY (845) 795-1500 www.henrysatbuttermilk.com

The Honest Weight Food Co-op Albany, NY (518) 482-2667 www.honestweight.coop/

Hudson Valley Agribusiness Development Corporation/Hudson Valley Bounty Hudson, NY (518) 392-9696 www.hudsonvalleybounty.com

Hudson Valley Fresh Hudson Valley, NY (845) 264-2372 www.hudsonvalleyfresh.com/

Ichiban Restaurant Central and Western Avenues, Albany, NY (518) 432-0358 and (518) 869-9585

Isn't It Sweet Albany, NY (518)489-9820 www.isntitsweet.com/

Jake Moon Clarksville, NY (518) 768-2570 www.jakemoon.net

Log Jam Restaurant Lake George, NY (518) 798-1155 www.logjamrestaurant.com

Lucky Chocolates Saugerties, NY (845) 246-7337 www.luckychocolates.com

Mamoun's Restaurant Albany, NY (518) 434-3901 www.mideasterndining.com/

Mangia Slingerlands and Plattsburgh, NY Slingerlands (518) 439-5555 Plattsburgh (518) 518-562-5555 www.mangiarestaurant.com

Medusa General Store Medusa, NY (518) 239-6980

Mother Earth Storehouse Kingston, Poughkeepsie, Saugerties, NY Kingston - (845) 336-5541 Poughkeepsie - (845) 296-1069 Saugerties - (845) 246-9614 www.motherearthstorehouse.com Mother Myrick's Manchester Center, VT (802) 362-1560 www.mothermyricks.com

My Market New Paltz and Poughkeepsie, NY (845) 255-1025 Narragansett Inn Block Island, RI www.thenarragansettinn.com

Niskayuna Co-op Niskayuna, NY (518) 374-1362 www.niskayunaco-op.com

Otto's Market Germantown, NY (518) 537-7200 www.ottosmarket.com/

Pangaea Restaurant and Lounge North Bennington, VT (802) 442-7171 www.vermontfinedining.com

Pure Catskills Walton, NY (607) 865-7090 www.purecatskills.com

Recovery Sports Grill Albany, NY (518) 396-3838 www.recoverysportsgrill.com/

Rhinebeck Farmers Market Rhinebeck, NY www.rhinebeckfarmersmarket.com

River Valley Market Northampton, MA (413) 584-2665 http://rivervalleymarket.coop/

RJ Stables Hadley, MA (413) 586-4305

Rock Hill Bakehouse Glens Falls, NY (518) 793-0075 www.rockhillbakehouse.com/

Serio's Market Northampton, MA www.seriosmarket.com

Stewart's Shops Various locations (518) 581-1200 www.stewartsshops.com/

Sunflower Natural Foods Market Woodstock, NY (845) 679-5361 sunflowernaturalfoods.com

Tierra Coffee Roasters Albany, NY www.tierracoffeeroasters.com Tierra Farm Valatie, NY 888-ORG-NUTS www.tierrafarm.com

Whitney's Farm Market & Country Gardens Cheshire, MA (413) 442-4729 www.whitneysfarm.com/

Windy Hill Farm, Nursery,Orchard and Garden Center Great Barrington, MA (413) 298-3217 <u>http://windyhillfarminc.com/</u>

GARDEN & LANDSCAPE

Adams Fairacre Farms Kingston, Poughkeepsie, Newburgh, NY (845) 454-4330 www.adamsfarms.com/

Agway Millerton, Chatham, Claverack, NY Great Barrington, MA www.agwayny.com

Ashfield Stone Shelburne Falls, MA www.ashfieldstone.com

Faddegon's Nursery Latham, NY (518) 785-6726 www.faddegons.com

Herzog's Home and Garden Center Kingston, NY (845) 338-6300 www.herzogs.com/homecenter

New England Hydroponics Southampton, MA (888) 529-9025 www.nehydro.com

The Phantom Gardener Rhinebeck, NY (845) 876-8606 www.thephantomgardener.com/

Shed Man Custom Woodworks New Lebanon and Brunswick, NY (800) 823-1097 www.shedman.com

Sonam's Stonewalls Greenfield, MA (413) 665-5550 www.sonamsstonewalls.com

Story's Nursery Freehold, NY (518) 634-7754 www.storysnursery.com/

Ward's Nursery and Garden Center Great Barrington, MA (413)528-0166 www.wardsnursery.com/

Whitney's Farm Market & Country Gardens Cheshire, MA (413) 442-4729 www.whitneysfarm.com

Windy Hill Farm, Nursery, Orchard and Garden Center Great Barrington, MA (413) 298-3217 http://windyhillfarminc.com/

HEALTH, WELLNESS, & FITNESS

American Meditation Institute Averill Park, NY (518) 674-8714 www.americanmeditation.org

Adventure Outfitters Hadley, MA (413) 253-5500 www.adventureoutfitter.com

Belleayre Mountain Ski Center Highmount, NY (845) 254-5600 www.belleayre.com belleayre@belleayre.com

Blue Sky Bicycles Saratoga Springs, NY 518-583-0600 www.blueskybicycles.com

Capital Region Chapter of the National Guild of Hypnotists Niskayuna, NY www.crcngh.com

Career In Transition, LLC Albany, NY (518) 366-8451 www.careersintransitionllc.com

Cheri Voss Salon & Spa Woodstock, NY (845) 679-2138 www.cherivosssalon.com

Clear Yoga of Rhinebeck Rhinebeck, NY (845) 876-6129 www.clearyogarhinebeck.com

Community Hospice Rensselaer, NY (518) 285-8147 www.communityhospice.org

Cranwell Resort, Spa and Golf Club Lenox, MA (800) 272-6935 www.cranwell.com/

Crossroads Outdoor Chestertown, NY (518) 494-3821 info@crossroadsoutdoor.com

Delmar Place Assisted Living Residence Delmar, NY (518) 434-HOME (4663) www.delmarplace.com

The Downtube Albany, NY (518) 434-1711 www.downtubebicycleworks.com

East Heaven Hot Tubs & Paradise Spa Northampton, MA (413) 587-0000 www.eastheaven.com

Elements Hot Tub Spa Amherst, MA (413) 253-8827 www.elementshottubspa.com

Emeritus at Fillmore Pond Bennington, VT (802) 447-7000 www.emeritus.com

Fleet Feet Sports Albany, NY (518) 459-3338 www.fleetfeetalbany.com

Glens Falls Professional Massage Glens Falls, NY (518) 265-5473

Healthy Living Market Burlington, VT Saratoga Springs, NY www.healthylivingmarket.com

Interim Healthcare Capital Region (518) 452-3655 www.interimhealthcare.com/

Jade Tree Wushu Martial Arts Shelburne Falls, MA www.jadetreewushu.com

Kenco Work & Play Outfitters Kingston, NY (800) 341-4103 www.atkenco.com

Kingsway Community Schenectady, NY (518) 393-4117 www.kingswaycommunity.com

Kripalu Center for Yoga and Health Stockbridge, MA (800) 741-7353 www.kripalu.org/

Lake George Kayak Co. Bolton Landing, NY (518) 644-9366 www.lakegeorgekayak.com

Lapland Lake Northville (Town of Benson), NY (518) 863-4974 www.laplandlake.com

Lodge at Otter Creek Shelburne, Vermont (802) 388-1220 www.lodgeatottercreek.com

Mother Earth Storehouse

Kingston, Poughkeepsie, Saugerties, NY Kingston - (845) 336-5541 Poughkeepsie - (845) 296-1069 Saugerties - (845) 246-9614 www.motherearthstorehouse.com Reform Pilates Studio Saratoga Springs, NY (518) 871-1315 www.reformyourbody.com

Saratoga Health and Wellness Saratoga Springs, NY (518) 306-6987 www.saratogahealthandwellness.com

Simhara Portal of the Hearth Health and Wellness Center Stone Ridge, NY (845) 687-7721 www.simhara.com

Springbrook Oneonta, NY (607) 286-7171 www.springbrookny.org

Sweetwood of Williamstown Williamstown, MA (413) 458-8371 www.sweetwoodliving.com

Topricin/Topical Biomedics, Inc Rhinebeck, NY (800) 959-1007 www.topricin.com

Town Tinker Tube Rental Phoenicia, NY (845) 688-5553 www.towntinker.com

HOME REPAIR, REAL ESTATE, Inspection Services, & Security

A.D. George Belchertown, MA (413) 256-6752

Advanced Radiant Design Stone Ridge, NY (845) 687-0044 www.radiant-design.com info@radiant-design.com

Alarms of Berkshire County Pittsfield, MA (800) 370-2525 www.alarmsofberkshirecounty.com/

Country Curtains Stockbridge, MA (413) 298-5565 www.countrycurtains.com/

Green Conscience Home and Garden Saratoga Springs, NY (518) 306-5196 www.green-conscience.com/

Green Heat, Inc Stone Ridge, NY (845) 687-4508 www.greenheatinc.com

H. Houst & Son Hardware Woodstock, NY (845) 679-2115 www.hhoust.com Harbrook Fine Windows & Doors Albany, NY (800) 735-1427 www.harbrook.com/

Herrington's Chatham, Hillsdale, Hudson NY and Lakeville, CT 800-453-1311 www.herringtons.com

Herzog's Home and Garden Center Kingston, NY (845) 338-6300 www.herzogs.com/homecenter

Laurie Ylvisaker Coldwell Banker Village Green Realty Woodstock, NY (845) 679-2255 x 113 www.laurieylvisaker.com

Marbletown Hardware

Stone Ridge, NY (845) 687-2098 www.marbletownhardware.com/

Marigold Home Interiors Kingston, NY (845) 338-0800 www.marigold-home.com

MKC Kitchen & Bath Center Troy, NY (518) 274-8566 www.mkckitchens.com

Mountain Flame Tulikivi Soapstone Distributors Arkville, NY 800-250-6485 www.mountainflame.com/

Mr. Rooter Plumbing Dutchess, Ulster, Oranger, Rockland Putnam and Westchester New York Counties. (845) 635-2102 www.thehudsonvalley.mrrooter.com

National Fiber Belchertown, MA (347)240-1042 www.nationalfiber.com

Paula Redmond Real Estate Rhinebeck and Millbrook, NY (845) 677-0505 (Millbrook) (845) 876-6676 (Rhinebeck) www.paularedmond.com/

Sanitall Hudson Valley Hudson Valley Region, NY (845) 657-7283 www.sanitall.com

Scott Alarm Systems, Inc. Residential and Commercial Security Systems 888-682-4105 www.scottalarmsystems.com/

Shed Man Custom Woodworks New Lebanon and Brunswick, NY (800) 823-1097 www.shedman.com Sonam's Stonewalls Greenfield, MA (413) 665-5550 www.sonamsstonewalls.com

Sullivan Real Estate Block Island, RI www.sullivanbi.com

Traditions Linens Factory Outlet Claverack, NY (518) 851-3975 www.traditionslinens.com

HOSPITALS, PHYSICIANS, & MEDICAL SERVICES

Albany Medical Center 47 New Scotland Ave Albany, NY (518) 262-1000 www.amc.edu/

Berkshire Health Systems Pittsfield, MA (413) 447-2000 www.berkshirehealthsystems.org/

Brattleboro Retreat Brattleboro Vermont 1-800-RETREAT www.brattlebororetreat.org/

Brain Injury Association of Massachusetts Westboro, MA (800) 242-0030 www.biama.org

Brioschi Pharmaceuticals International, LLC Syracuse, NY 1-800-brioschi www.brioschi-usa.com

Center for Better Hearing Glens Falls, NY (518) 798-4800 www.hearingbest.com

Dr. Carol S. Kessler Kingston, NY (845) 331-9340

Dr. Eckardt Johanning, MD, PC. Albany, NY (518) 459-3336 www.johanningmd.com/

Dr. Harout E. Mergian, Chiropractor Albany, NY (518) 489-4984

Dr. Lucie Capek Latham, NY (518) 786-1700 www.capekplasticsurgery.com/

Glens Falls Hospital Glens Falls, NY www.glensfallshospital.org/ Health Quest Medical Practice 10 Locations of primary care throughout the Hudson Valley (888) 525-4767 for appointments www.health-quest.org

The Hudson Valley Heart Center Poughkeepsie, Fishkill, New Windsor, Rhinebeck, Highland and Modena (845) 473-1188 http://hvheartcenter.com

The Joint Replacement Center of Northern Berkshire Healthcare North Adams, MA (413) 664-JOINT

Nathan Littauer Hospital Gloversville, NY (518) 773-5533 www.nlh.org/

New York Pain Management Clifton Park, NY (518) 371-0777 www.nypainfree.com/

Northern Dutchess Hospital Rhinebeck, NY (845) 876-3001 www.health-quest.org

Putnam Hospital Center Carmel, NY (845) 279-5711 www.putnamhospital.org/

St. Francis Hospital and Health Centers Poughkeepsie, NY (845) 483-5000 www.sfhospital.org

Spring Lake Ranch Cuttingsville, VT (802) 492-3322 www.springlakeranch.org/

Topricin/Topical Biomedics, Inc Rhinebeck, NY (800) 959-1007 www.topricin.com

Vassar Brothers Medical Center/Health Quest Poughkeepsie, NY 877-729-2444 www.vassarbrothers.org/ www.health-quest.org/

LEGAL SERVICES

Brown & Brown Attorneys at Law 11 Century Hill Drive Latham, NY 12110 (518) 783-2200 www.brownandbrown.biz/

Copland and Brenner, Attorneys at Law Latham, NY (518) 785-0175 www.coplandandbrenner.com

Currin Compliance Services, LLC Greenwich, NY (518) 692-2494 www.currincompliance.com

Dreyer Boyajian, LLP Albany, NY

(518) 478-2762 www.dreyerboyajian.com

Kevin D. Parsons Shelburne Falls, MA www.kevinparsonslaw.com

Law Offices of Reed & Vella Delmar, NY (518) 439-6001 www.reedandvellalaw.com

McCabe and Mack LLP Attorneys At Law Poughkeepsie, NY (845) 486-6800 www.mccm.com

NYSBA Lawyer Referral & Information Albany, NY www.nysba.org

Witecki Law Office Schenectady, NY (518) 372-2827 www.witeckilaw.com

LODGING, RESORTS, BANQUET & CONFERENCE SERVICES

A Cat In Your Lap B&B Millbrook, NY (845) 677-3051 www.acatinyourlap.com

Albany Marriott Albany, NY (518) 458-8444 www.marriott.com/hotels/travel/albny-albanymarriott/

American Hotel Sharon Springs, NY (518) 284-2105 www.americanhotelny.com/

Ballantine Communications Pleasant Valley, NY (845) 635-8606 www.ballantinecomm.com

Carey Center for Global Good LLC Rensselaerville, NY (518) 797-5100 www.careyconferencecenter.org

Cranwell Resort, Spa and Golf Club Lenox, MA (800) 272-6935 http://www.cranwell.com/

Diamond Mills Hotel and Tavern Saugerties, NY (845) 247-0700 www.diamondmillshotel.com

The Garrison Garrison, NY (845) 424-3604 www.thegarrison.com Red Lion Inn Stockbridge, MA 413-298-5545 www.redlioninn.com

Wiawaka Holiday House Lake George, NY (518) 668-9690 www.wiawaka.org

OPTICIANS AND OPTOMETRISTS

Eyedentity Eyewear, LLC Albany, NY (518) 459-2638 www.eyedentityeyewear.net

Sheehy Opticians Albany, NY (518) 482-4688 www.sheehyopticians.com

Vision Excel Eyecare Lake Katrine, NY (845) 336-0310 www.visionexceleyecare.com

PRINTING, PUBLISHING & PUBLICATIONS

Berkshire Brochure Display Stockbridge, MA www.berkshirebrochures.com www.visitortips.com

Berkshire Eagle Pittsfield, MA (413) 447-7311 www.berkshireeagle.com

Chronogram Kingston, NY (845) 334-8600 www.chronogram.com

Daily Hampshire Gazette Northampton, MA (413) 584-5000 www.gazettenet.com/

Dataflow Albany, NY (518) 463-2192 www.godataflow.com/

Gazette Newspapers: The Daily Gazette & The Sunday Gazette Schenectady, NY (518) 374-4141 http://www.dailygazette.com/

Metroland Albany, NY (518)463-2500 www.metroland.net/

Paradise Copies Northampton, MA (413) 585-0414 www.paradisecopies.com

RELIGIOUS & SPIRITUAL ORGANIZATIONS

First Presbyterian Church of Albany Albany, NY (518) 449-7332 www.firstpresalbany.org/index.html

Unitarian Universalists of the Capital Region of New York Albany, Glens Falls, Saratoga Springs, Schenectady www.capitalregionuu.org

Zen Mountain Monastery Mount Tremper, NY (845) 688-2228 www.mro.org/zmm

SPECIALTY SERVICES & RETAIL Shops

Alacrity Custom Frame Workshop, LLC Albany, NY (518) 915-1956 www.alacrityframeworkshop.com

Ballantine Communications Pleasant Valley, NY (845) 635-8606 www.ballantinecomm.com

The Blue Marble Amherst, MA (413) 253-0328 www.thebluemarble.biz

Blue Sky Bicycles Saratoga Springs, NY 518-583-0600 www.blueskybicycles.com

Boswells Books Shelburne Falls, MA (413) 625-9362

Boyden & Perron Garage Amherst, MA www.boydenandperron.com

Carrie Haddad Photographs Hudson, NY (518) 828-7655 www.carriehaddadgallery.com

Columbia Costumes, Wigs, Beauty Supplies Kingston, NY (845) 330-4996 www.columbiacostumes.com/

Country Curtains Stockbridge, MA (413) 298-5565 www.countrycurtains.com/

Crossroads Outdoor Chestertown, NY (518) 494-3821 info@crossroadsoutdoor.com

de Marchin Hudson, NY (518) 828-2657 www.demarchin.com

The Downtube Albany, NY (518) 434-1711 www.downtubebicycleworks.com

EB's Hudson Valley Finds Rhinebeck, NY (845) 876-3020 www.hudsonvalleyfinds.com

Epoch-18 Vermont Artisans Manchester Center, VT (802) 768-9711 www.epochvermont.com

Fleet Feet Sports Albany, NY (518) 459-3338 www.fleetfeetalbany.com

Fly Fish The Deerfield Shelburne Falls, MA www.flyfishthedeerfield.com

The Futon Store Wappingers Falls, NY (845) 297-1933 www.thefutonstore.com/

Germantown Variety Store Germantown, NY (518) 537-7400 www.germantownvariety.com

Glass Onion Block Island, RI www.glassonionblockisland.com

Gloversville Sewing Center Gloversville, NY (518) 725-4919 www.gloversvillesewingcenter.com

The Greenfield Review Literary Center Greenfield Center, NY (518) 584-1728

Haldora Design Rhinebeck, NY (845) 876-6250 www.haldora.com

Handmade and More New Paltz, NY (845) 255-6277 www.handmadeandmore.com

Harlow Luggage Northampton, MA (800) 464-5233 www.harlowluggage.com

Herzog's Home and Garden Center Kingston, NY (845) 338-6300 www.herzogs.com/homecenter

J.H. Sherburne Fine Art Sherburne Falls, MA www.jhsherburnefineart.com Jane Iredale Mineral Cosmetics Great Barrington, MA (413) 644-3134 www.janeirdale.com

Joyelles Jewelers Delmar, NY (518)439-9993 www.joyellesjewelers.com

Kenco Work & Play Outfitters Kingston, NY (800) 341-4103 www.atkenco.com

Mango Tree Imports Ballston Spa, NY (518) 288-3554 www.mangotreeimports.com/

Marigold Home Interiors Kingston, NY (845) 338-0800 www.marigold-home.com

MKC Kitchen & Bath Center Troy, NY (518) 274-8566 www.mkckitchens.com

Mother Earth Storehouse Kingston, Poughkeepsie, Saugerties, NY Kingston - (845) 336-5541 Poughkeepsie - (845) 296-1069 Saugerties - (845) 246-9614 www.motherearthstorehouse.com

Mohawk Trading Post Shelburne, MA www.mohawk-trading-post.com

Native Views Shelburne Falls, MA (413) 625-2333

Northshire Bookstore Manchester Center, VT (802) 362-2200 www.northshire.com

The Odyssey Bookshop South Hadley, MA (800) 540-7307 www.odysseybks.com

Open Door Bookstore Schenectady, NY (518) 346-2719 www.opendoor-bookstore.com/

Paul Rich & Sons Home Furnishings and Design Pittsfield, MA (413) 443-6467 www.paulrich.com

Raynor Door Easthampton, MA www.raynormass.com

The Rhinebeck Artists Shop Rhinebeck and New Paltz, NY (845) 876-4922 www.rhinebeckart.com Rural Residence Hudson, NY (518) 822-1061 www.ruralresidence.com

Septic Drainer Queensbury, NY (518) 812-0000 www.septicdrainer.com

Seven Sisters Gifts North Creek, NY (518) 251-9993 www.sevensistersgifts.com sevensistersgifts@gmail.com

The Showcase Boutique at Canyon Ranch Lenox, MA (413) 637 -4400

Stickley Audi & Company Albany, NY Manlius, NY Albany: (518) 458-1846 Manlius: (315) 682-5500 www.stickleyaudi.com

Stillwater Porcelain Shelburne Falls, MA www.stillwaterporcelain.com

Ten Thousand Villages Albany, NY & Northampton, MA Albany: 518-435-9307 Northampton: 413-582-9338 www.tenthousandvillages.com

Tom Wall Photography Loudonville, NY (518) 463-0445 www.tomwallphotography.com/

Traditions by Pamela Kline Claverack, NY (518) 851-3975 www.traditionspamelakline.com

Traditions Linens Factory Outlet Claverack, NY (518) 851-3975 www.traditionslinens.com

Trupiano Uniform Kingston, NY (845) 336-0045 www.uniformsuniforms.com

Unusual Wedding Rings and More Pittsfield, MA (413) 236-9300 www.unusualweddingrings.com

Vincetore's Hudson Valley Piano Center Poughkeepsie, NY (845) 452-4990 www.vincitorepiano.com

Where'd You Get That?! Williamstown, MA (413) 458-2206 www.wygt.com

Wild Birds Unlimited The Shoppes of Wilton Saratoga Springs, NY (518) 226-0071 www.wbu.com/saratogasprings

White Barn Studio/Laurie Goddard Shelburne Falls, MA www.lauriegoddard.com

Yarns for Your Soul Manchester Center, VT (802) 362-3151 www.yarnsforyoursoul.com

TRAVEL & TOURISM

Albany Marriott Albany, NY (518) 458-8444 www.albanymarriott.com

Art Along the Hudson

Beacon, Garrison, Cold Spring, Hudson, Kingston, New Paltz, Newburgh, Peekskill, Poughkeepsie, Rhinebeck, Red Hook and Woodstock, NY (845) 838-2880 www.artalongthehudson.com/

Belleayre Mountain Ski Center Highmount, NY (845) 254-5600 www.belleayre.com belleayre@belleayre.com

Berkshire Botanical Garden Stockbridge, MA (413) 298-3926 www.berkshirebotanical.org/

Berkshire Brochure Display Stockbridge, MA www.berkshirebrochures.com www.visitortips.com

Catskill Animal Sanctuary Saugerties, NY (845) 336-8447 www.casanctuary.org

City of Pittsfield, MA Office of Cultural Development (413) 499-9370 www.culturalpittsfield.com/

Cooperstown/Otsego County Tourism Oneonta, NY (800) 843-3394 www.thisiscooperstown.com/

Diamond Mills Hotel and Tavern Saugerties, NY (845) 247-0700 www.diamondmillshotel.com/

Eleanor Roosevelt Center at Val-Kill Route 9G Hyde Park, NY (845) 229-5302 www.ervk.org/

Franklin D. Roosevelt Presidential Library and Museum Route 9 Hyde Park, NY 1-800-FDR-VISIT www.fdrlibrary.marist.edu/ The Garrison Garrison, NY (845) 424-3604 www.thegarrison.com

Hancock Shaker Village Pittsfield, MA (413) 443-0188 www.hancockshakervillage.org

Hildene Manchester, VT (802) 362-1788 www.hildene.org

Hilton Garden Inn at Albany Medical Center Albany, NY (518) 396-3500 http://hiltongardeninn.hilton.com

Martin Van Buren National Historic Site Kinderhook, NY (518) 758-3061 www.nps.gov/mava

Roosevelt-Vanderbilt National Historic Sites Route 9 Hyde Park, NY General Info: 1-800-FDR-VISIT Tour Info: (845) 486-1966 www.nps.gov/hofr/index.htm

Thomas Cole National Historic Site Catskill, NY (518) 943-7465

<u>WAMC Live at the Linda -</u> <u>Broadcasts</u> Wednesdays at 8pm on WAMC

1/2 – <u>Walt Wilkins</u> / <u>Michael</u> Eck (Recorded at the Linda 6/17/12)

1/9 – **Dancing on the Air** - Featuring Jay Ungar and Molly Mason

1/16 – <u>Scars on 45</u> (Recorded at the Linda 7/6/12) & <u>David Wax</u> <u>Museum (</u>Recorded 9/19/12)

1/23 - Eric Anderson (Recorded at the Linda 4/13/12)

1/30 – <u>Albany Symphony</u> <u>Orcehstra</u> With guest conductor Daniel Hege and pianist Yefim Bronfman

For details on upcoming concerts, films and events at The Linda, tickets, parking information and directions, visit <u>www.TheLinda.org</u>

WAMC HD2 Program Schedule at a Glance											
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
12:00 am											
12:30 am											
1:00 am	_										
1:30 am	_										
2:00 am	_										
2:30 am											
3:00 am											
3:30 am				BBC World Service							
4:00 am			BBC World Service								
4:30 am	_										
5:00 am	_										
5:30 am	_										
6:00 am											
6:30 am											
7:00 am											
7:30 am											
8:00 am											
8:30 am			This American Life								
9:00 am	_										
9:30 am	_					BBC World Service	Bob Edwards				
10:00 am							Weekend				
10:30 am			Weekend Edition								
11:00 am		TI									
11:30 am						Marketplace Money					
12:00 pm							Weekend				
12:30 pm	_			Edition							
1:00 pm						BBC World Service	Edition				
1:30 pm			Here & Now								
2:00 pm							BBC World				
2:30 pm	_						Service				
3:00 pm			The Tavis Smiley Show								
3:30 pm				Wait Wait Don't Tell Me							
4:00 pm											
4:30 pm				Living on Earth							
5:00 pm			BBC World Service								
5:30 pm				BBC World Service							
6:00 pm											
0.00			Marketplace			_					
6:30 pm	_		All Things Cons	idered							
7:00 pm		1	As It Happens	1			luereu				
7:30 pm	The Legislative Gazette	The Capito Connection		The Health Show	51%						
8:00 pm	_										
8:30 pm			The Hudson River								
9:00 pm			Sampler								
9:30 pm							BBC World				
10:00 pm	_		WAMC Bluegrass Time	Service							
10:30 pm		TI		-							
11:00 pm			The Tim Coakley Jazz								