

Naloxone for Overdose Prevention

patient name _____

date of birth _____

patient address _____

patient city, state, ZIP code _____



Jason R. Lucey, FNP-BC (NP Adviser)

prescriber name

Families Hoping and Coping, PO Box 350

prescriber address _____

Somersworth, NH 03878

prescriber city, state, ZIP code _____

603-969-1305

prescriber phone number _____

**Naloxone HCl 1 mg/mL
2 x 2 mL as pre-filled Luer-Lock needleless syringe
(NDC 76329-3369-1)**

Refills: 0

2 x Intranasal Mucosal Atomizing Device (MAD 300)

Refills: 0

**For suspected opioid overdose, spray 1mL in each nostril.
Repeat after 3 minutes if no or minimal response.**

Pharmacist: Call 1-800-788-7999 to order MAD 300.

prescriber signature _____

date _____

Detach for patient

How to Avoid Overdose

- Only take medicine prescribed to you
- Don't take more than instructed

- Call a doctor if your pain gets worse
- Never mix pain meds with alcohol
- Avoid sleeping pills when taking pain meds

- Dispose of unused medications
- Store your medicine in a secure place
- Learn how to use naloxone

- Teach your family + friends how to respond to an overdose



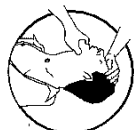
Are they breathing? →

Signs of an overdose:

- Slow or shallow breathing
- Gasping for air when sleeping or weird snoring
- Pale or bluish skin
- Slow heartbeat, low blood pressure
- Won't wake up or respond (rub knuckles on sternum)

Call 911 for help

All you have to say:
"Someone is unresponsive and not breathing."
Give clear address and location.



Airway →

Make sure nothing is inside the person's mouth.

Rescue breathing

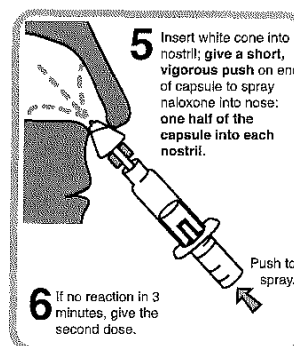
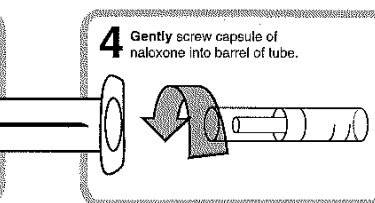
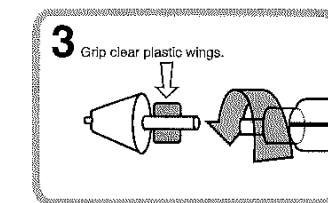
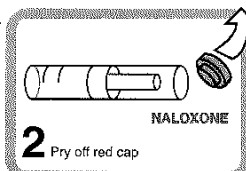
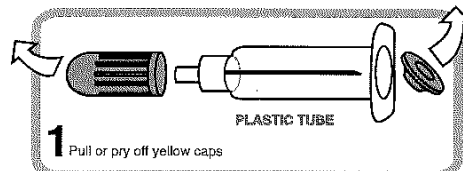
Oxygen saves lives. Breathe for them.
One hand on chin, tilt head back, pinch nose closed.
Make a seal over mouth & breathe in
1 breath every 5 seconds
Chest should rise, not stomach



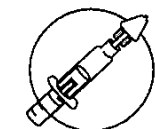
Prepare Naloxone

Are they any better? Can you get naloxone and prepare it quickly enough that they won't go for too long without your breathing assistance?

PrescribeToPrevent.org



Source: HarmReduction.org



Evaluate + support

- Continue rescue breathing
- Give another 2 sprays of naloxone in 3 minutes if no or minimal breathing or responsiveness
- Naloxone wears off in 30-90 minutes
- Comfort them; withdrawal can be unpleasant
- Get them medical care and help them not use more opiate right away
- Encourage survivors to seek treatment if they feel they have a problem



v02.12.11