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May 11, 2017

[Subscriber first name] [Subscriber last name]
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Save the ER for emergencies — Or you'll be responsible for the cost

Going to the emergency room or calling 9-1-1 is always the way to go when it's an emergency. And we've got you covered for those situations.

But starting June 1, 2017, you'll be responsible for ER costs when it's NOT an emergency (this isn't a change to your benefits plan).

If you need care now, but it's not an emergency, try these other options:

<p>Urgent Care</p> <p>Open nights/weekends.</p> <p>Back and joint pain, cough/cold, sinus or ear pain, sprains and strains and even x-rays</p>	<p>Retail Health Clinic</p> <p>Rash, minor burns, cough, sore throat, shots, minor allergic reactions, bumps, cuts & scrapes</p>	<p>LiveHealth Online</p> <p>Visit with a doctor online 24/7 when you have a common health condition. Sign up now at livehealthonline.com or with the mobile app.</p>	<p>24/7 NurseLine</p> <p>Call the 24/7 NurseLine on the back of your member ID card.</p>
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Go to anthem.com/findurgentcare to search for the right care option in your neighborhood.

Questions?

Give us a call at the Member Services number on the back of your ID card. You can also log in to anthem.com for a closer look at your benefits.

— Your Anthem team

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