

Health Center

OF HELPING HANDS

Providing affordable, quality health care to those that are underserved in the Rockwall community



Affordable Health & Wellness Office Visits
Low Cost Lab Fees
Prescription Assistance
Womens' Wellness Exams
Nutrition Counseling
Pregnancy Testing
Sliding Scale Program
Immunizations
Sports Physicals
Referrals

Health Maintenance Plans

Health Center of Helping Hands

- We offer family centered, primary care for men, women and children of all ages.
- There are no income or residence requirements for patients to receive care at the Health Center of Helping Hands.
 Office visits are \$45 for established patients.
- We rely on our Family Nurse Practitioners, medical assistants, lab technicians and administration staff to provide patient care. Volunteer physicians care for our patients in the specialties of OB-GYN, Internal Medicine, Endocrinology and Family Practice.
- We offer an income based Sliding Scale program for Rockwall County residents that are unable to pay our medical fees.
- Health Maintenance Plans are available to all patients for \$300 –
 which includes basic health coverage, labs, and flu shots for a year.
- Appointments are preferred and recommended. We open weekdays at 8:00 am. Some evening and Saturday appointments are available.

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