

# Creative Living with Sheryl Borden

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“Celebrating our 40th Season”

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## COME SEE ME

If you have time and would like to read my blog, you can go to: <http://sherylborden.wordpress.com/>

I would also like to invite you to “like” me on my [Creative Living with Sheryl Borden Facebook page](#). If it’s easier, just type in “**Creative Living with Sheryl Borden**” in the Search Window, and it’ll bring it up.

2015 is rapidly coming to an end - and we’re getting ready to celebrate 2016 - and I personally hope it’s a better year. Do you remember when you were young and some adult would comment that “It’s much better to have good health than all the money in the world,” and if you were like me, I wondered how they could feel that way. Of course, then I was young and healthy! Now I totally agree with that statement.

I only had three tapings in November, and two were with new guests I had not met nor worked with before. On November 3rd, I interviewed **Dr. J. Tim Rainey**, a dentist from Refugio, Texas. He and his wife, Jane, came to the station the day before the taping, and I had the opportunity to give them the grand tour of KENW - which I love to do. Everyone who works here is so proud of this facility, and we welcome any chance to “show it off.” But, I digress. I taped three of the most interesting and informative segments with Dr. Rainey. One segment dealt with pediatric dentistry, the second one focused on young adult and permanent dentition, and finally he talked about biomimetic dentistry. I could have talked to him all day long because it was all so fascinating, and he was able to explain everything in “layman’s” terms. Even the students were asking him questions in between segments! I wish these were going to air sooner because I’m sure you’ll enjoy them as much as I did. You might like to visit the website for Texas Institute for Advanced Dental Studies: [www.tiads.com](http://www.tiads.com).



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Two dear friends were the next guests on November 10th - **Ann Butler** and **Lisa Rojas**. Ann lives in Villard, MN and Lisa lives in Victorville, CA, and they “meet up” in Lubbock, TX and drive to Portales together so it’s a fun trip for all of us. We also think we’ve set a new record in terms of the number of segments taped at one time! Between Ann and Lisa, we taped 9 segments in 3 hours! And, then we had time for lunch. Lisa and Ann both focused on showing us new stamps, new ink pads and new resin products, as well as telling about upcoming changes to their online booklet “Bella Crafts.” If you like quilts, but don’t want to take the time to do all the sewing, you’ll love the quilts, pillow tops, and table runners that they made with rubber stamps and ink dyes. You have to see them to believe what they look like. Both ladies have been here before but it’s been about 3 years. Ann’s company is [Ann Butler Designs](#) and Lisa is known as [“The Stampin’ Queen.”](#) Having them here made for such a fun day of taping.



L-R: Lisa Rojas, Ann Butler and Sheryl

And, we concluded this semester of taping with an all-time favorite guest, **Bruce Johnson**, spokesperson for [Minwax](#). We especially like to have Bruce on the show because he makes the experience so easy for the rest of us. He’s such a pro! Bruce is from North Carolina. The first segment had to do with turning wooden frames into message boards, and he demonstrated using the new one-step Wood Finishing Cloths Minwax has just come out with? They’re great! In the second segment, Bruce showed several ways to change or update your home - using various Minwax products. You may have already noticed how crates have become “the” decorating accessory this year? Bruce showed how to refinish actual vintage crates and also how to make new crates look distressed and antiqued. And, in the last segment, he showed how to make a coffee table from 2 large crates, then how to make a magnetic knife holder and finally, how to suspend boards over vintage salvage brackets or curtain hardware. Then you can easily mount them on your wall in whatever configuration your creativity desires.



I will start taping again in February and that’s always exciting. I wish each of you good health, lots of happiness and even more laughter in the months to come.

*Sheryl*