

# Creative Living with Sheryl Borden

September 2012

“Celebrating our 35th Anniversary”

Issue #36

Produced by KENW-TV at Eastern New Mexico University, Portales, NM  
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I've been busy working on the new Creative Living Booklet which accompanies the 6400 series of shows that begins September 5th and continue through March 2013 - which sounds so far away!

The booklet is divided into four categories, and the categories are divided into various sections so it makes the downloading process go much faster. The four categories are Crafts, Foods & Nutrition, Clothing and Fashion, and Home, Hearth and Health. I hope you'll go to each section and take a look at the wonderful information that is included -- and it's all available free of charge as a PDF download.

Let's start with **Crafts**, which has 3 different sections. Here are the links: [first section](#), [second section](#); and finally, the [third section](#) of Crafts.

Next, we have the three **Clothing & Fashion** sections, and the links are: [first section](#), the [second section](#) and the [last section](#) of clothing and crafts.

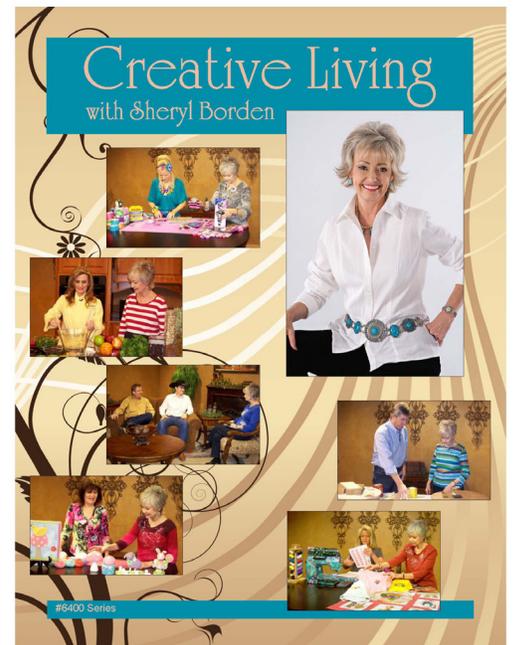
Now, I'll tell you about the three **Foods & Nutrition** sections. The links are: [first one](#), the [Section Two](#), and finally, the [last section](#) of Foods & Nutrition.

There is [one section](#) of **Home, Hearth & Health**, and you can click on the link to see it.

## COME SEE ME

If you have time and would like to read my blog, you can go to: <http://sherylborden.wordpress.com/>

I would also like to invite you to “like” me on my [Creative Living with Sheryl Borden Facebook page](#). If it's easier, just type in “**Creative Living with Sheryl Borden**” in the Search Window, and it'll bring it up.



To unsubscribe, e-mail me at: [sheryl.borden@enmu.edu](mailto:sheryl.borden@enmu.edu)

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I have my first two tapings for this semester on September 20th and 27th. On the 20th, one guest is **Mahisha Dellinger**, and she's a hair care expert and founder and CEO of Curls, a company that specializes in products for naturally curly hair. Following Mahisha will be **Connie Moyers** who will be representing various food-related companies, and I always enjoy working with her.

On September 27th, **Chef Scott Jenkins** with Extra Virgin Restaurant, which specializes in modern Italian cuisine will demonstrate a healthy way of cooking, and then **Casey Schwartz** will show us how to do some new and exciting floral arrangements. Casey is co-owner of Flower Duet in Redondo Beach, CA. Jenkins lives in Arlington, VA.

We'll have a new student crew and that's always exciting to get to know each of them. I also have a new student assistant this semester as well. Her name is **Airen Martin**, and I'm looking forward to working with her.

I hope you'll take a look at the 6400 Series of the Creative Living booklet and let me know what you think.

As I was "surfing" through Facebook, I came upon a post by a good friend, and former guest on "Creative Living." I knew she was talented, but this topic is just so darn clever, I had to include it in this newsletter. I hope you'll try it. The creator is **Lisa Rojas**, more affectionately known as The Scrappin' Queen.



**Mahisha Dellinger**



## Scratch and Sniff Card!

### Items you will need:

1. Craft or embossable ink in color of your choice
2. Clear embossing powder
3. Embossing gun
4. Rubber or acrylic stamps
5. SUGAR FREE Jello in your choice of flavor.

### Instructions:

1. Start by mixing 1½ parts of clear embossing powder with 1 part sugar free Jello. Be sure to use sugar free or the sugar will burn when you heat it.
2. Mix 1½ tsp of embossing powder with 1 tsp Jello
3. Stamp image or images with ink and sprinkle with powder mixture.
4. Heat emboss until melted.
5. When cooled, scratch and sniff!!



*Sheryl*