Press Release

"CREATIVE LIVING" Presents the 6600 Series

The up-coming #6600 series of "Creative Living with Sheryl Borden" will celebrate the 37th Anniversary of the show, and is produced in high definition, and will feature something of interest on every show for every member of the family.

	This series will provide information on a wide variety of topics. The #6600 series, which will		
begin	at	on	, will include sewing and
fashio	n, foods and nutrition, hor	ne, hearth and hea	alth, along with information on crafts and a variety of
other c	onsumer-related topics.		

Food-related topics will include information and recipes for breakfast foods, decorating tips from Wilton, oven-drying tomatoes and using Chia seeds for the Paleo diet. Information on artichokes and how to prepare them, cooking with dried beans, working with fondant to make ribbons and bows, and cookie dough gifts will also be featured. Other topics include cooking with turkey anytime of the year, stenciling on cookies and how to sneak whole grains into your recipes.

In the area of sewing and fashion, topics will include making ottomans and tuffets as well as custom upholstered headboards, making boutique tea towels and beautiful finishes for unlined jackets.

Other information will be presented on quilting, making a felted fleece scarf, wearing scarfs and how to paint on quilt blocks.

Some of the topics that pertain to home, hearth and health include stressfree living and meditation, using pattern, color and texture in your home, updating window treatments with color blocking and using picture frames as jewelry storage. Other topics will include expanded home staging, decorating on a budget, information on National Diabetes Prevention, what's hot in bathroom designs and creating bronzed columns.

Crafters will enjoy learning to work with vintage paper crafts, making frilly fringed flowers, blending techniques for no-bake polymer clay and working with photo realistic stamps. Other topics include making frames, "green" jewelry, duck tape rosettes and creating perfect party favors. Many more craft-related topics are also featured.

Other topics to be covered in this series include flower arranging, the organic skincare movement, growing pumpkins and gourds, edible plants, how to adopt homeless animals and ways to curtail bullying - just to name a few.

As evidenced by the wide variety of topics, everyone can benefit from "Creative Living with Sheryl Borden." An attractive booklet, titled "The 6600 Series" is available to viewers FREE of charge by downloading it off the internet. Viewers can go to www.kenw.org, click on the Creative Living tab, and then scroll down to "Booklets." Any of the booklets can be printed free of charge.

An e-Newsletter is also available free of charge - viewers just need to subscribe by entering their e-mail address on the web page. The e-Newsletter is filled with up-to-date and interesting information from guests before their segments actually air -- so it's a sneak preview of sorts.

"Creative Living with Sheryl Borden" is a production of KENW-TV, Portales, New Mexico. The show is distributed by Westlink and is carried on more than 118 PBS stations in the United States, Canada, Guam and Puerto Rico, and is starting its 37th season. "Creative Living with Sheryl Borden" is listed in Wikipedia as one of the longest running shows on television. Viewers can see what's on the show by visiting KENW's home page on the World Wide Web. The address is:

www.kenw.org and then click on "Creative Living."