

Press Release

“CREATIVE LIVING” Presents the 6500 Series

The up-coming #6500 series of “*Creative Living with Sheryl Borden*” will continue the celebration of the 36th Anniversary of the show, and is produced in high definition, and will feature something of interest on every show for every member of the family.

This series will provide information on a wide variety of topics. The #6500 series, which will begin _____ at _____ on _____, will include sewing and fashion, foods and nutrition, home, hearth and health, along with information on crafts and a variety of other consumer-related topics.

Food-related topics will include knife cutlery skills, getting more fiber in the diet, preparing healthy lunches and snacks, as well as family dinners. Information on meals for vegetarians, wafer-papering cookies, oriental designs for cakes and go-to recipes for family celebrations will also be featured. Other topics include homestyle cooking, cooking with figs and strawberries, bread machine magic, ways to economize your kitchen and more.

In the area of sewing and fashion, topics will include insertion lace by machine, making felted cuffs, napkins, doll clothes and sewing with knit fabrics. Other information will be presented on quilting, making pillows, making jackets from sweatshirts, sewing swimsuits, needlepoint designs, and wing needle hemstitching.

Some of the topics that pertain to home, hearth and health include buying and decorating with candles, entertaining tips, preventing bullying, floral arranging, and making boutonnieres. Other topics will include finding your passion, living life more simply, reducing allergens in the home and cough and cold remedies, as well as making window valances and closet organization.

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Crafters will enjoy learning to make 3-D elements for scrapbooking and card making, making kitty socks, sculpting soft dolls and making designer jewelry. Other topics include stamping ideas, making birthday banners, working with fantasy film, fabric markers and Starbuilder products. Many more craft-related topics are also featured.

As evidenced by the wide variety of topics, everyone can benefit from “*Creative Living with Sheryl Borden.*” An attractive booklet, titled “*The 6500 Series*” is available to viewers FREE of charge by downloading it off the internet. Viewers can go to www.kenw.org, click on the Creative Living tab, and then scroll down to “Booklets.” Any of the booklets can be printed free of charge.

An e-Newsletter is also available free of charge - viewers just need to subscribe by entering their e-mail address on the web page. The e-Newsletter is filled with up-to-date and interesting information from guests before their segments actually air -- so it’s a sneak preview of sorts.

“*Creative Living with Sheryl Borden*” is a production of KENW-TV, Portales, New Mexico. The show is distributed by Westlink and is carried on more than 118 PBS stations in the United States, Canada, Guam and Puerto Rico, and is in its 36th season. “*Creative Living with Sheryl Borden*” is listed in Wikipedia as one of the longest running shows on television. Viewers can see what’s on the show by visiting KENW’s home page on the World Wide Web. The address is: www.kenw.org and then click on “*Creative Living.*”

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