Creative Living with Sheryl Borden

August 2013

"Celebrating our 37th Season"

Issue #44

Produced by KENW-TV at Eastern New Mexico University, Portales, NM e-mail address: <u>sheryl.borden@enmu.edu</u> Phone: 575-562-2112



COME SEE ME

If you have time and would like to read my blog, you can go to: http://sherylborden.wordpress.com/

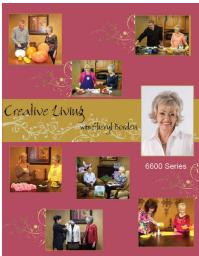
I would also like to invite you to "like" me on my Creative Living with Sheryl Borden Facebook page. If it's easier, just type in *"Creative Living with Sheryl Borden"* in the Search Window, and it'll bring it up. know - it's been 2 months since I last published a **Creative Living** Newsletter. But, think of it this way. I noticed I had not updated my blog for 2 years! I promise I'm going to try to do better from now on.

The main reason I did not publish a newsletter in June and July was due to our annual KENW Auction. This year we decided to outsource the Auction in hopes of raising as much money without so much work. But, like the old saying goes "If it sounds too good to be true, it probably is!" And, in this case, it turned out to be a huge disaster. We rely on the money that we make during the annual Auction to help fund the programming for KENW. This year we came up \$30,000 SHORT! I've been trying to figure out how to come up with \$30,000 so if any of you has any ideas, please email them to me. It's been such a "downer" for all of us at the station, and I personally feel responsible. I've produced the Auction for 25 years, and we have always been successful in raising between \$50,000 to \$65,000! Needless to say, we will not outsource the Auction ever again. We are even thinking about adding an on-air element to the online Auction in hopes of reaching more bidders. I'll keep you posted.

I'm happy to report that we have all of the taping dates for this semester filled and have even scheduled a few of the Spring 2014 dates. I know there will be some cancellations and some people who will need to reschedule, but for the most

part, we are ready to start taping in September. I'm always anxious to meet my new crew when school starts in August. We've been so lucky the last few years to have such good students, so I hope our luck continues - and I'm sure it will.

I'm working on the new booklet that will accompany the 6600 series of **Creative Living** which begins in mid-September. This is what the cover looks like.



Creative Living with Sheryl Borden

The booklet is divided into different sections: Foods & Nutrition, Sewing & Fashion, Home, Hearth & Health, Crafts and Miscellaneous. This allows you to download the section much easier and faster than having to download the entire booklet. Of course, you're welcome to download any or all of the various booklets we have on our website. Just go to: <u>http://www. kenw.org/creative-living-booklets</u> to see the listing of all the booklets we have online. They are all **FREE!**

One of the guests who will be featured in the new booklet is **John Vollertsen**, more commonly known as <u>Chef Johnny</u> <u>Vee</u> and he owns and operates Las Cosas Cooking School in Santa Fe, NM.

Here is one of his delicious recipes that is good to serve anytime of the year. I hope you'll try it.

Great Guacamole

- 2 ripe Haas avocados
- 2 teaspoons fresh lime juice
- 1/2 teaspoon kosher salt
- 2 garlic cloves, minced
- 1 Roma tomato, finely diced
- 1/4 cup onion, finely chopped
- 1 large jalapeno, minced
- 2 scallions, finely chopped white and green parts
- 3 tablespoons fresh cilantro, stemmed and chopped

Halve and pit avocados. Scoop out flesh into medium bowl. Using two dinner knives, cross cut avocados into small 1/2 inch pieces. Add lime juice, salt, and garlic and mix slightly. Fold in tomato, onion, scallions, jalapeno and cilantro. Cover guacamole with plastic wrap that has been pressed right onto the surface of the avocado and refrigerate. This will keep it from browning for up to three days. Makes 2 cups.



Enjoy the rest of your summer and stay cool! See you next month! Don't forget, I have some taping dates open next Spring.

Sheryl

