

Creative Living with Sheryl Borden

7600 Series - Crafts



Sheryl Borden
Producer/Host

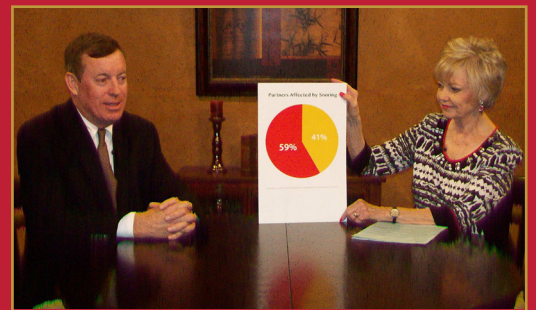


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Embellishment Techniques

Fabric Paint

Fabric paint is specifically designed for use on textiles. You can purchase fabric paint or make your own by mixing a fabric paint medium with acrylic paint. Fabric paint medium increases the workability of acrylic paint on fabric, making it washable and permanent.

Materials

- Fabric paint or acrylic paint and fabric paint medium
- Repositionable spray adhesive (optional, if using reusable stencil)
- Plastic garbage bag or drop cloth
- Plate or palette
- Foam craft brush



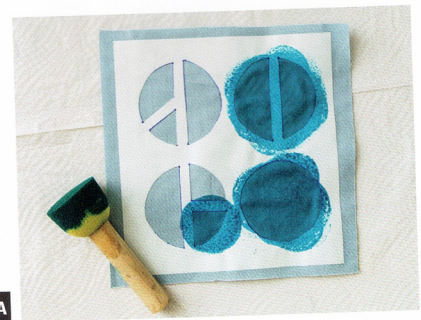
TIP: Use a repositionable spray adhesive on the back of a reusable plastic stencil before placing it on the fabric to minimize seepage. Then place the stencil, adhesive side down, on the right side of the fabric.

1. Using the transfer method of your choice, create a template to transfer the motif. Adhere the stencil to the right side of the fabric.

Note: Use the transfer method of your choice for the motif. In this example, we are using the Single-Use Stencil method.

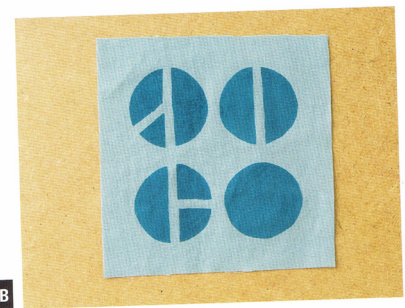
2. If you are not using fabric paint, mix fabric paint medium with acrylic paint on your palette, according to manufacturer's instructions. It is often a 1:1 ratio.

3. Cover your work surface with plastic. With a foam brush, apply the paint on the fabric. Use a dabbing motion to ensure saturation with minimal bleeding beyond the designated areas. **Fig. A**



4. Let your project dry, and iron if required by the fabric paint or fabric paint medium that you are using. **Fig. B**

5. Plastic stencils can be cleaned between projects by washing with dish soap and water. If you have used spray adhesive, the stencils may remain tacky, but you don't need to try to remove all the spray adhesive.



TIP: When using a plastic stencil, wipe the stencil between every couple of motifs to remove any paint that has bled to the wrong side of the stencil. The spray adhesive should remain tacky, but you can respray it if needed.

COURTESY: Jen Fox
Jen Fox Studios
www.jenfoxstudios.com

Hatbox Card

Materials

- Hatbox Pattern (or any shape can be used)
- White Cardstock
- Mauve Cardstock
- Patterned Papers
- Lace Trim
- Silver Rope Trim
- Flowers & Butterfly
- Sentiment Rubber Stamp
- Spray Adhesive

Tools

- Glue Gun
- Scissors

Instructions

Designer Tip - Label the pattern pieces with names for easy assembly of the card.

1. Using spray adhesive, adhere the white cardstock to the patterned paper. Trace the front and back pieces of the hatbox pattern with a pencil and cut out. Score pieces according to pattern.
2. Next, trace and cut out the lid piece from different patterned paper. Trace and cut out the insert piece and the #2 front piece from the mauve cardstock.
3. Stamp the sentiment on the insert piece with the black inkpad.
4. Cut the silver rope trim 12" long. Glue to the back piece of the card to form the handle of the hatbox.
5. Next, glue the #2 front piece to the #1 front piece. Glue front pieces to the back piece along the edges only on each side of the card.

Designer Tip - When gluing the pieces together, make sure you leave enough room on each side of the card for the insert to slide in and out freely. **Do not** glue the bottom.

6. Glue the insert piece to the back piece in the glue area only. Apply glue from the top portion of the insert piece to the score line and then glue the lid piece on.
7. Once the hatbox pieces are adhered together, gently slide the insert piece in between the front and back of the card. Glue the trim around the edges of the lid and then glue the flowers and butterfly to the card.

Faux Quilted Card

Materials

- Pink Cardstock, 6" W x 5" H
- Black Glitter Cardstock, 5 1/2" W x 4 1/2" H
- White Cardstock, 5 1/4" W x 4 1/4" H
- Faux Quilting Rubber Stamps by Ann Butler Designs™, Various Sets
- Thoughts of the Day Stamp Set by Inkadinkado®
- Black & Pink Inkpads
- Black Ribbon
- Zip Dry Paper Glue by Beacon Adhesives



Tools

- Rhinestone Genie™ Starter Kit
- Squares Pattern #1 Stencil by Ann Butler Designs™
- Paper Trimmer



Instructions

1. Cut the cardstock pieces to the sizes listed in the material list with a paper trimmer.
2. Lay the square stencil onto the white cardstock and trace the holes lightly with a pencil. This will be the guide for your rubber stamp placement.
3. Stamp the pattern images onto the white cardstock with the black and pink inkpads.
4. Following the manufacturer's instructions, apply the rhinestones to the adhesive sheet provided in the starter kit and then apply them to the stamped cardstock.
5. Cut a piece of pink cardstock 3 1/4" W x 1 1/2" H. Stamp the word stamp on the pink cardstock with the black inkpad. Ink all around the cardstock.
6. Layer and adhere the cardstock pieces together with Zip Dry glue. Attach the word image and black bow to the card front.

COURTESY: Lisa Rojas
Stampin' Queen Creations
www.bellacraftspublishing.com

Ann Butler Designs

Embossing on Velvet with Stamps

Materials:

- Ann Butler's EZ-De's Red Rubber Stamps, assorted
- Velvet
- Craft mat
- Iron
- Spray bottle of water

Instructions:

1. Arrange stamps as desired onto craft mat, rubber side up.
2. Place right side of velvet on top of stamps.
3. Spray water onto the back side of velvet.
4. Place iron onto velvet, moving every 20-30 seconds until entire piece is pressed. Lift corner to see if desired effect is achieved. Iron again if needed.



Designer Tips:

- Use a high quality rayon/acetate blend velvet.
- You can mist the front of the velvet with a bit of water before placing onto the stamps.

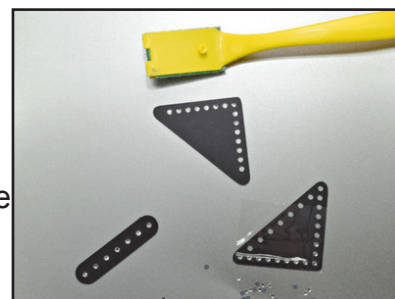
Rhinestone Designs Made Easy

Materials:

- Rhinestone Genie Templates by Ann Butler Designs
- Rhinestone Genie Iron-on Rhinestones
- Hot Fix Tape
- Brush
- Metal Cookie Sheet
- Iron
- Item to place Rhinestones on

Instructions:

1. Place template on cookie sheet.
2. Brush rhinestones over template, brushing to turn all rhinestones upright. Move excess rhinestones off to the side.
3. Place hot fix tape over rhinestones on template. Use brush to firmly rub hot fix tape over rhinestones.
4. Peel tape off template and then, place onto desired project. Iron in place and remove the hot fix tape.



**COURTESY: Ann Butler
Ann Butler Designs**

www.bellacraftspublishing.com

Tools for Scrapbooking from Creative Memories




You can get as creative as you want or keep it as simple as you want. Creative Memories has the best tools and scrapbooking products in the world - people depend on our quality to protect and preserve their precious photos, stories, and memorabilia. A big part of our product line is Tools - Your Creative Station. Behind every well-designed page is a hardworking set of tools. We suggest starting with a Project Idea. The page, border or card will list the tools and materials required.

Start with a **Product Tote** which will help you learn how everything can be easily gathered for storage.



Next, we recommend Power Palette Folders and a **Power Layout Kit**. (below). Use this Polypropylene Box and the 15 guides to place your photos, papers, embellishments and more between the Guides, then slide the Guides into the Box. This makes it so easy to help you organize for your next scrapbooking project or event.



Punches are an absolute “must-have” item for all your cardmaking or scrapbooking projects. (see top of next column for two styles of punches.)

Our **Border Maker System** flawlessly creates continuous, beautiful (up to) 12" borders for your scrapbook pages or paper craft projects easily. Cartridges are a snap to swap out, making it incredibly easy to take a new border design for a spin whenever you like.



And, each Border Maker Cartridge makes up to 2,000 cuts. That means with just one cartridge, you could make enough 12" borders to adorn over 665 scrapbook pages!

Crop it like it's hot! The Creative Memories **Crop Caddy** is every scrapbooker's new best friend. This sleek must-have is made of durable black microfiber and features a chic blue polyester liner. The silkscreened Creative Memories logo on the front and back pockets and silk-screened shutter icons on the side pockets make every side of the caddy appealing to look at. And with three inside compartments and four outside pockets, the design caters perfectly to your scrapbooking tools. The large interior rectangle pocket fits the Personal Trimmer, the large exterior pockets are perfect for the Custom Cutting System's patterns, and you can stuff it with all your scrapbooking supplies, from pens and scissors to punches, Foam Squares and more.



This **12" Decorative Trimmer** is just one of the trimmers available. Catch a wave. This decorative trimmer creates a fun, wavy design on any paper. Cut gentle waves or deeper curves neatly and effortlessly in whatever size works on your page. It's perfect to use as a border on any of your



scrapbooking projects and crafts. Add this essential decorative trimmer to your scrapbooking collection today!



Creative Memories Personal Trimmer is back! Sporting a razor sharp guillotine straight trimmer,

topped with a self-healing cutting mat and outfitted with handy storage underneath in the form of a tidy drawer, it's the photo trimmer that scrapbookers dream of. And, it's engineered to cleanly cut up to 7 inches and handle up to 50,000 cuts. That's a whole lot of opportunity to remove unwanted photo bombers and crazy relatives!

Card Kits

Make your own handmade cards with the Blank Card Kit! This kit is a must-have for cardmakers everywhere, and comes with 12 scored and folded blank cards, 12 envelopes and a trendy box for safekeeping between creations. It gives you a clean slate to unleash your creativity and share your custom message with friends and loved ones, from holidays, such as Mother's Day, Easter and Christmas, to special occasions such as birthdays and graduations to thank you cards and more! .



COURTESY: Diane Lampert
Creative Memories
www.creativememories.com

chalkCOUTURE

How To Use Our Product

The Chalk Transfer is a reusable adhesive silkscreen that can be used on chalkboards, windows, mirrors, tile, whiteboards, appliances, painted furniture and so much more.

Tips for prepping the Chalk Transfer

- Cut the design down into its individual parts, if applicable.
- Write a word, letter, an X, or place a sticker on the back to ensure replacement on the correct side after use. (Always place the sticky side of Chalk Transfer to the shiny side of the backer whether it is white or clear.)
- Use a blow dryer to warm the back of the Chalk Transfer before peeling it from the backer the very first time of use. This will help ensure that no damage will be caused to the Chalk Transfer.
- If using on glass, hard, or glossy surface, or a non Chalk Couture Chalkboard, you will need to press the Chalk Transfer to some sort of fabric terrycloth towel to get a little fuzz on the back of the Chalk Transfer, then adhere to the surface. This prevents the Chalk Transfer from bonding too strongly to the surface, ruining the Chalk Transfer.

Cleaning and storing Chalk Transfer

- After peeling the Chalk Transfer away from the surface, rinse off the Chalkology Paste immediately. This can be done in the sink or in a cookie sheet (which works well with larger Chalk

Transfers and helps ensure the Chalk Transfer won't stick to itself by accident). After all visible Chalkology Paste is washed off, wipe both sides with a disinfecting wipe to remove any Chalkology Paste residue. Lay the Chalk Transfer, sticky side up, out to dry. Once the Chalk Transfer is dry, replace it on the backer (on the shiny side) and smooth it out using a Chalk Couture Squeegee.

Chalkology Paste and Use

Chalkology Paste is a water-soluble crafting paste that goes on wet, dries hard and washes off of nonporous surfaces with water. If used on natural wood that is not painted, there may be residue that cannot be removed.

It is used with our Chalk Transfers to give a beautiful, unique design each time. Once it is dry, it will not smear or smudge and has a durable yet smooth finish. It can be layered, glittered (while it's wet) and even written on once it is dry.



- Chalkology Paste has a two-year shelf life.



- If Chalkology Paste has thickened, add a small amount of water and stir well.
- Do not freeze.
- Clean the rim after use to ensure the lid can be tightened completely for best storage results.
- Use the liner included in the jar every time to keep the Chalkology Paste from drying out.

- Chalkology Paste doesn't adhere well to plastics or our powder-coated chalkboards (circle, bracket, and square hanging chalkboards). Waxing



with the Paste Wax on these surfaces has helped with adhesion of the Chalkology Paste, but if you do try using on any plastic surface we cannot guarantee it will work. However, if you feel like being creative, try it out and see what wonders await.

Apply Chalkology Paste with a Chalk Couture Squeegee. Spread a liberal amount over the entire design.

Once the design is covered completely scrape the

excess Chalkology Paste off

the Chalk Transfer and put it

back into the container. The

more excess you remove,

the better the results you will

have. Do not let the Chalkol-

ogy Paste dry on the Chalk

Transfer. Make sure to peel the

Chalk Transfer away from the

surface before it dries. You can use damp paper towels

to keep the Chalkology Paste moist if you are working

on a larger project.



Please check out the videos on our Chalk Couture YouTube Channel for more instructions along with tips and tricks, and don't forget to post your amazing designs on social media and tag us: [@chalk_couture](https://www.instagram.com/chalk_couture) [#chalkcouture](https://www.instagram.com/chalkcouture)

COURTESY: Kristen Widtfeldt and Kari Child
Chalk Couture
www.chalkcouture.com



Faux Monoprinting with Styrofoam and Fun Foam

About a month ago, I made some handmade carved stamps using Styrofoam and Fun Foam. I was playing with the design, just having fun and seeing what I could create with these two different forms of stamp carving.

With the first one, I carved on Fun Foam: (See image at Right).

I kept a center design, as you can see, in the upper left corner, so when I stamped the image, I would have a point to work from.



Here is how the stamp looks when printed:

I did not get the image quite even, but you can see how the line down the middle of the stamp created a square. I used Speedball, metallic white, block printing ink on black cardstock. I might go in with a white metallic pen to fill in more details, or I may leave it the way it is.

The second carving, I did on Styrofoam: See image at Right).

I stained the Styrofoam with black ink, otherwise you would not be able to see the image.



Here is what this carving looks like when printed: (See image at Left)

I used Speedball black block printing ink for this image. To me, this looks like vines growing out from a brick wall. I really like how the black ink makes this carving pop.

As you can see, you don't need a printing machine and printing blocks to do mono-printing. Styrofoam and Fun Foams work just as well.

**COURTESY: Deborah Pace
AarTvark Cre8tions**

www.dpavcreations.blogspot.com

Creating Mandalas

Mandalas are created from the center out, whether it is with a dot or a circle. The substrate you draw your Mandala on is usually white paper, drawn upon with black ink or pen. However, that being said, as you become more familiar with creating mandalas, you can start to explore and go beyond the usual. Mandalas are easy to draw. With a little bit of imagination and practice, you can take your mandalas to any level that is comfortable for you.

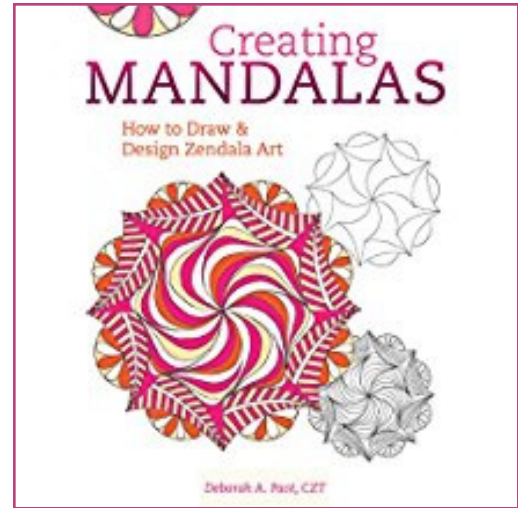
They can be as simple as a couple of lines, circles and patterns, or complex with fine lines, a series of concentric circles and detailed patterns. Your mandalas are an expression of you, so remember, whatever you choose to do, enjoy the process.

How to Create a Mandala

Here are some basic guidelines and suggestions to help you begin creating mandalas. This is the simplest way I know to start a mandala. The basic lines give you a starting point, but feel free to start your mandala any way you like.

Choose the type of paper you want to work on and the size. I usually work with a square about 6 1/2" x 6 1/2" (17cm x 17cm), but you can work on any size that is comfortable for you. Draw linear guides and establish your center. I start a mandala by drawing straight lines on the paper diagonally from the corners and then across (vertically and horizontally), lightly in pencil. This gives you a center point. With a pen, place either a dot or a small circle in the center. This is your beginning point.

Draw a circle. From the center point, using a compass, draw a circle (I do not usually measure; I just put something down to get me started). If you already have an idea for your center design, you can make your circle larger or smaller to accommodate your design. Start drawing lines, patterns and more concentric circles until you have a design you like. Always concentrate on the center of your mandala. This gives you an anchor point to focus on as your mind wanders. That being said, I do not always start in the center. Sometimes I work from the outside in because I can visualize the outside of the design before anything comes to mind for the center. Does that make a difference? For me, it does not.



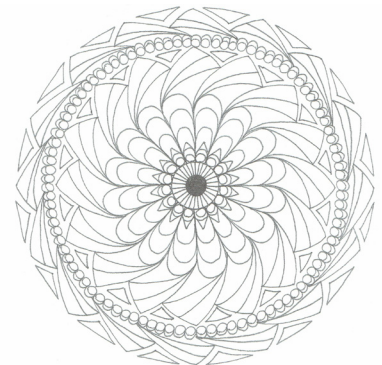
Make A Sketchbook

"While working on my book, I made a mini 5" x 5" (13cm x 13cm) sketchbook, and on each page I drew a circle and some diagonal and cross lines. When I got an idea for a mandala, I worked out the pattern in that sketchbook.

Repeating Patterns and Lines

When I was growing up, my mom had a ringer washer. You could actually see the clothes swishing back and forth. This mandala reminds me of that. The mandala was drawn using repetitive patterns and lines. I repeated the pattern around the center flower on the outside of the circle. Having them go in opposite directions made it look like the mandala was moving this way and that way, so I titled this design *This Way and That Way*.

Visit CreateMixedMedia.com/creating-mandalas for extra ideas.



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