

Creative Living with
Sheryl Borden
7200 Series
Crafts



Table of Contents

Crafts

Zen Doodling	3
Is It Fabric? Is It Leather? Is It Paper? It's Kraft tex!®	4
fast2fuse® Flower	5
Purse Treat Holder	6
Marjolaine Walker	7
Background Basics with Stamps & Inks	8
Falling Into the Holidays	9
Guests	12

ZEN DOODLING

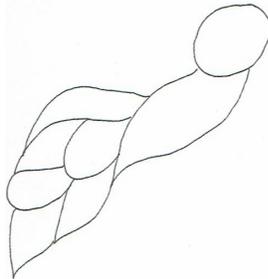


sharlarelli by Deborah Pace

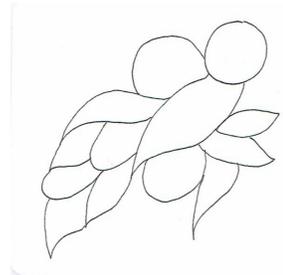
3 1/2" x 3 1/2"

Zentangle tile, Sakura Pigma Micron pen 01, Sakura Gelly Roll Clear Star pen

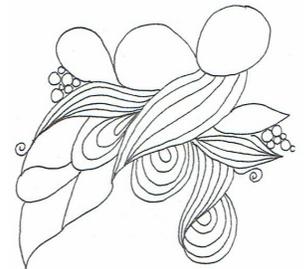
I was going for an underwater, flowing seaweed-like effect, and this is what came out of the original idea. I find that when I start, I may end up with a very different image than what I was originally going for. They seem to have a mind of their own.



1. Start with a leaf shape, as shown in the center. Then continue with more leaf shapes and a circle.



2. Continue drawing more circles, oval, loops, leaves - whatever shapes appeal to you.



3. Now add lines inside your shapes. Add some swirls and bubbles, as many or as few as you would like.

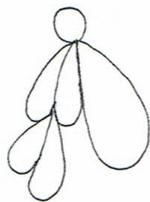


underwater seaweed by Deborah Pace

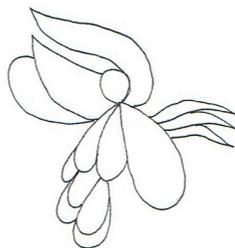
3 1/2" x 3 1/2"

Zentangle tile, Sakura Pigma Micron pen 005, 01, Prima watercolor pencils

For this tangle, I was playing with loops and lines. Usually, but not always, I start with a circle or something in the center to work from, and then continue to add more circles, loops or lines.

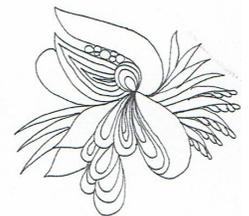


1. Start with a small circle in the center. Add some loops.



2. Continue to add more loops and lines.

3. Now add loops to your lines and lines within your loops. Add some bubbles, and using watercolor pencil, color as desired.



**COURTESY: Deborah Pace
AarTvarK Cre8tions**

www.dpavcreations.blogspot.com

Is it Fabric? Is it Leather? Is it Paper? It's Kraft tex®!

Tough, touchable new paper combines the best of leather and fabric. It comes in a 19" x 1.5 yd. roll.

Wait until you get your hands on this rugged paper that looks, feels, and wears like leather, but sews, cuts, and washes just like fabric. Kraft·tex® is supple, yet strong enough to use for projects that get tough wear. Use it to bring an exciting new texture to your craft-sewing projects, mixed-media arts, and bookmaking. Color may vary slightly between rolls.

- Play with it! Sew it, stamp it, draw on it, fold it, inkjet print it
- Durable enough for totes, belts, wallets, book covers, luggage tags, and more
- The fiber-based texture softens and crinkles with handling and washing



Kraft·tex® Coaster Project

MATERIALS:

- kraft·tex® – 2 colors
- Felt – 2 coordinating colors, 1 sheet each
- Cork roll – 5/32nd thickness
- Waterproof paint/ink (optional, for coloring and embossing)
- Permanent adhesive (example: Fabritac, Fabric Fuse, permanent spray adhesive)
- Thread – coordinating for topstitching (optional)

TOOLS:

- Round die-cut or template (approximately 3 3/4" diameter)
- Circle/ring die-cuts or templates, smaller than 3 3/4" diameter, in a variety of sizes
- Decorative die-cuts/templates of choice
- Embossing folders (optional)
- Sewing machine for topstitching (optional)

INSTRUCTIONS:

1. Using the 3 3/4" diameter die-cut/template and cutting method of your choice, cut the kraft·tex® base colors and cork.
2. Cut both colors of kraft·tex® and both colors of felt, using the various sizes of circles, rings, and decorative die-cuts.

3. Emboss cut pieces where desired. A light rubbing of permanent ink can be a nice touch (optional).
 4. Assemble your coasters as desired with the layers of cut kraft·tex® and felt.
 5. Using a permanent adhesive, attach all the layers of your coaster together with the cork on the bottom.
- For other project instructions, such as the following, go to: <http://www.ctpub.com/kraft-tex-roll-stone/>



Dopp Kit
Folding Table
Mini Tablet Case
Lined Tote Bag
Kraft Paper Fabric Bag
Wallet

COURTESY: Roxane Cerda
C & T Publishing
www.ctpub.com

fast2fuse® Flower

Materials:

- fast2fuse® Medium – available at ctpub.com
- Fabrics – 1-3 coordinating prints/solids
- Thread
- Glue gun
- Pin back (unless attaching permanently to bag/garment)
- Focal center (flower made of silk, silk ribbon, mixed media, etc.)

Tools:

- Iron and ironing board
- Rounded object (e.g., fat pen)
- Sharp scissors

Instructions:

Petals:

1. Prepare your fast-2fuse® by ironing fast-2fuse® between top and bottom petal fabrics according to manufacturer's instructions.



2. Using scissors, cut the prepared fast2fuse® into 3-5 petal shapes using a petal template (hold template in place or draw around with a marking pencil/pen).

Wispy pieces:

1. Prepare a contrasting solid fabric on both sides of a 2" x 3" piece of fast-2fuse®.



2. Using scissors or a rotary cutter, cut tapered slivers approximately 1/4" x 3".

Shaping your flower petals:

1. Iron your petal to warm it up. Quickly and carefully wrap the petal around a fat pen or dowel and hold for about 4-5 seconds to cool.



Wrap the pointed end first and at a slight angle. This may take a few tries to get the hang of it. If you don't like the shape, just iron it flat again and start over. Continue for all the flower parts.



Assembly:

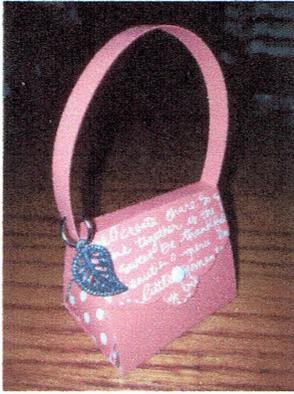
2. If you're adding a pin back, sew or glue gun it to the back of the bottom petal or directly onto a bag or garment.

3. Glue gun or sew the remaining petals in place as desired. Glue or sew your flower center on top of the petals. Glue gun the thin brown wisps between the flower center and fast2fuse® petals as desired.



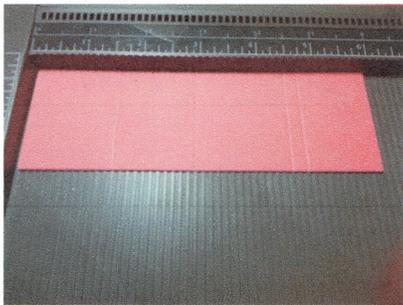
COURTESY: Roxane Cerda
C & T Publishing
www.ctpub.com

Purse Treat Holder

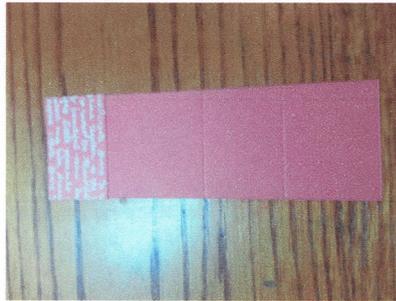


Cardstock:

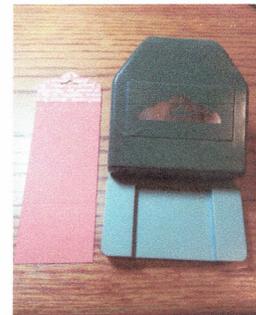
- 2" X 6" (color of your choice)
- 1/4" X 6" (color of your choice)
- 1 1/4" X 2" (coordinating Designer Series Paper - DSP)
- 2 pieces @ 1" X 3" (coordinating Designer Series Paper - DSP)



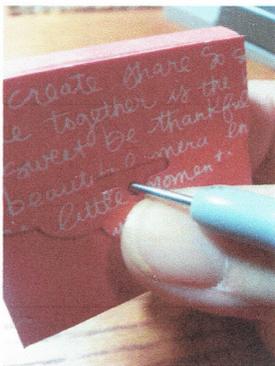
Score the 2" X 6" piece along 6" side at 1 1/2", 2 7/8", 4 1/2", and 4 3/4"



Glue the 1 1/4" X 2" designer series paper to the end of cardstock. This is from the 4 3/4" score line to the edge.



Punch end with DSP using the Scalloped Tag Topper punch.



Fold on all score lines to form the purse. Hold the flap against the side and punch a small hole for a brad.



Wrap two Hershey's Nuggets with the 1" X 3" DSP. Using glue dots, attach to the inside base of the purse.



COURTESY: Diane Tunnell
Independent Demonstrator – Stampin' Up!
<http://www.stampinup.net/esuite/home/stampwithwiladiane/>

Quick & Easy Junk Journals

1. Fold 5 paper bags in half.
2. Cut 2 pieces of corrugated cardboard to the size of your folded paper bag. Make the cardboard slightly bigger.
3. Rip some of the top layer from the corrugated cardboard to give it a grungy look.
4. Spread a thin layer of gesso to cover most of the corrugated cardboard, leaving some areas bare. Allow the gesso to dry.
5. Rub paint randomly over the gesso.
6. Decorate the top of your journal by layering a doily and a tag. Adhere them with liquid adhesive.
7. Arrange your journal parts in the order that you would like them to be with folded paper bags, tags, scrap paper and envelopes.
8. Punch 5 holes on the left side or the top of all the journal parts.
9. Feed one piece of string through each 5 section of holes and tie each piece in a double knot. Make sure not to tie the album too tight so that there is enough space to turn all the pages.



Bible Journaling

First Page:

1. Use a mini blending tool to apply a light color inside the large silhouette stencil.
2. Line up the words from the stencil set inside the silhouette and use a darker ink to color them in. More than one color can be used as the inks blend nicely.
3. Apply ink to the rest of the page.

Second page:

1. Use a mini blending tool to apply color through a stencil all over the bible page.
2. Color the printable with the Tombow Dual Brush Pens.
3. Attach the printable to the edge of the bible page with a tab sticker. This will allow the printable to be lifted.
4. Journal under the printable directly on the bible page with the Tombow Fudenosuke Brush Pens.
9. Decorate the rest of the page with stickers.



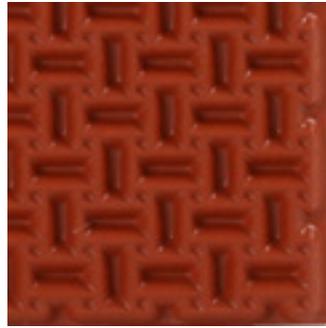
Greeting Card Made With Coloring Book Page

1. Use the paper trimmer to cut a coloring page down to the size of the card base.
2. Color the coloring page with Tombow Dual Brush Pens.
3. Adhere the coloring page cut out onto the card base with the Tombow Xtreme Adhesive tape runner.
4. Apply small dots of gesso to the centers of all the flowers, allow to dry.
5. Cover a few flowers with Texture Gems to make them stand out. Allow the card to dry.
6. Write out a sentiment and use Tombow Xtreme Tabs to attach it to the front of the card.

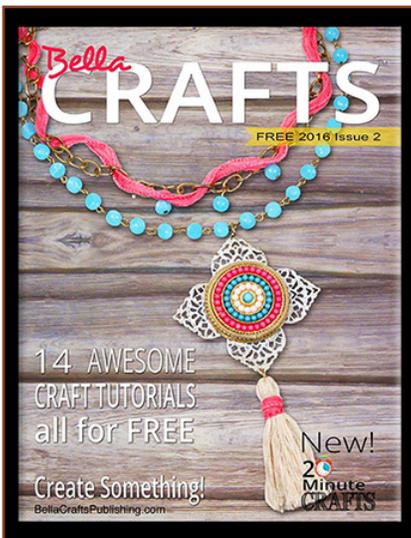


COURTESY: Marjolaine Walker
Twelve Stones Scrapbooking
www.marjolainewalker.com

Background Basics with Stamps & Inks



For information on other products by Ann Butler, go to her website. Also, if interested in learning more about the online magazine, Bella Crafts, you can go to: www.bellacraftspublishing.com.



COURTESY: Ann Butler
Ann Butler Designs
www.annbutlerdesigns.com

Falling Into the Holidays

Simple Casserole Carrier

All seam allowances are $\frac{1}{4}$ " inch unless otherwise stated.

- 1 yard pre-quilted fabric
- 2/3 yard contrasting fabric
- Cotton thread to match
- Cotton batting for handles
- Wooden spoon for handle

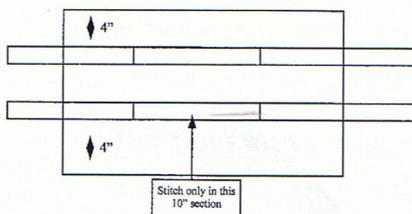
Cut 2 pieces of pre-quilted fabric 18 x 34-inch. Cut 6 strips of contrasting fabric $2\frac{1}{4}$ -inch x Width of Fabric (WOF) for binding. Bind both rectangles on all four sides. If desired, hem pre-quilted fabric by turning under $\frac{1}{4}$ -inch, then another $\frac{1}{4}$ -inch; topstitch to hem.

To make ties:

Cut 2-1 x 40-inch strips of batting. Cut 2 strips of contrasting fabric 3-inches x WOF for ties. Lay 1-inch strips of batting down the center of contrasting fabric strips. Fold one edge to inside, fold other edge under $\frac{1}{4}$ -inch and fold on top of opposite edge. Pin and topstitch to create finished edge. Repeat for other strips.

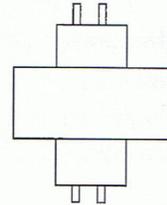
Topstitch $\frac{1}{2}$ -inch from outside edge on both sides. Repeat with second strip. Each tie should have stitch lines running from end to end and trim 1-inch off ends. Zig Zag ends to prevent raveling.

To attach ties. Using one rectangle, pin ties 4-inches from long edge of one rectangle and stitch to rectangle only in the center 10-inches.

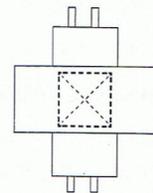


To assemble carrier:

Lay both rectangles in a cross pattern and pin together putting the one with ties down first.



Draw a 6-inch square on top and diagonal lines from corner to corner both directions. Stitch through all layers.



Place pan in center and wrap rectangle without ties over top of pan. Wrap rectangle with ties next, tie wooden spoon to create handle.

If using spoon to carry, make sure your knots are secure. For added safety, always place one hand under carrier.



Corn Cuddler

For each cuddler:

$\frac{1}{2}$ yard fabric

$\frac{1}{2}$ yard of Warm and Natural "Warm Tater"

Note: All fabric, thread and batting must be 100% cotton to avoid catching on fire!

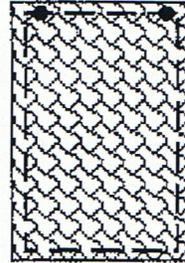
Cut two pieces fabric each measuring $12\frac{1}{2} \times 14\frac{1}{2}$ inch. Cut two strips of fabric, each one $2\frac{1}{2} \times 21$ -inch and trim off the selvages. From your batting fabric cut a piece $12\frac{1}{2} \times 14\frac{1}{2}$ -inch

Place the fabric and batting together in the following order: corn fabric right side up, second piece of fabric right side down and lastly the batting on top. Make sure all of the edges line up evenly.

Sew around all edges of the layers using a $\frac{1}{4}$ -inch seam, leaving a 2-inch opening on one side for turning. Reach inside the opening and pull the inside out. Smooth all of the edges and press. Whip stitch the opening closed. Topstitch a seam all around the four sides about $\frac{3}{8}$ -inch away from edge to give it a finished look.

Take a $2\frac{1}{2}$ -inch strip and press it in half lengthwise, wrong sides together. Open the strip, wrong side facing up. The ironed crease will be the center. Fold the top edge of the strip down to the center line, press. Fold the bottom edge of the strip up to the center, press. Fold the left side inward $\frac{3}{8}$ -inch, press. Fold the right side inward $\frac{3}{8}$ -inch, press. Bring the top edge down to meet the bottom edge, and press. Sew just inside the open edges around the 3 sides to close the tie strap. Follow this same procedure with the remaining strip.

Mark a spot on the top stitching 2-inches from the side of the cocoon. Make an identical mark on the opposite side. Find the center of each tie strap and sew them to the cocoon at these points.



Place a washed ear of corn on the inside edge of the cocoon. Roll up towards the end with the ties. Tie off each end, place in the microwave and microwave per the instructions of the microwave manufacturer. You can wash and dry your Corn Cuddler in your washer and dryer.

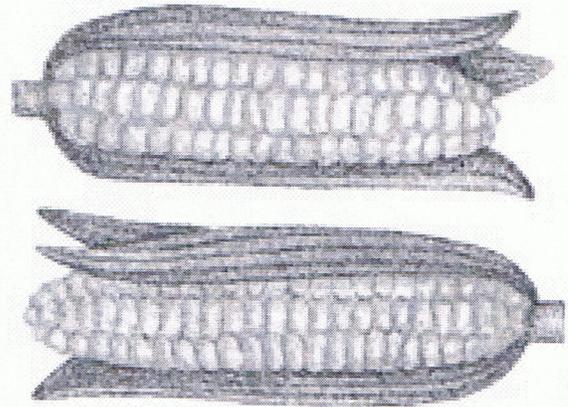


Photo Frame Note Holders

A very quick and inexpensive gift!

For each note holder:

Acrylic photo frame
Scrapbook paper for background
Sticky notepad or other notepad
Pen or Pencil
Embellishments

Decide on the size of acrylic frame you need. I used a 4 x 6-inch frame. Cut scrapbook paper to fit inside frame. Apply a sticky notepad or use double stick tape to apply other type of notepad. Use ribbon, raffia, rick-rack or other item to tie on pen. Apply any embellishments desired.



Folded Fabric

Coasters/Potholders

Great for using up scraps and left over coordinating fabrics.

For each coaster:

Cut 6 5-inch squares
Cut 1 4-inch batting (cotton is preferred)

Make a fabric sandwich (like in rag quilts) with 1 fabric square right side down. (This will be the back of the coaster.) Next layer batting in center of fabric square, place second fabric square on top right side up. Pin to secure and sew diagonally across sandwich to hold together, if desired you can sew an X across it.

Press 4 squares in half. These will make a 4 patch block on top of your coaster. Place pressed squares on sandwich with folded sides to the center to make the 4 patch block. Pin and sew around outer edges of block using $\frac{1}{4}$ -inch seam allowance. Clip corners, turn right side out from the folded part of the center. Make sure corners meet well in the center of the clock. Top stitch outer edges to stabilize and give the finished look.

Potholders may be made using a 7 or 8-inch square.

COURTESY: Connie Moyers (ret.)
NM Cooperative Extension Service

Crafts Guests

Ann Butler

Ann Butler Designs
441 Commercial Ave.
Villard, MN 56385
320-554-2313
320-491-8882 (cell)
Am-designs@embarqmail.com
www.annbutlerdesigns.com

Roxane Cerda

C & T Publishing
1651 Challenge Drive City
Concord, CA 94520
925-405-9437
roxanec@ctpub.com
www.ctpub.com

Connie Moyers (ret.)

NM Cooperative Extension Service
P. O. Box 455
Portales, NM 88130
575-356-4417

Deborah Pace

AarTvark Cre8tions
5686 El Palomino Drive
Riverside, CA 92509
909-702-8964
dpavcreations@gmail.com
www.dpavcreations.blogspot.com

Lisa Rojas

Stampin' Queen Creations
13638 Rockledge Dr.
Victorville, CA 92392
760-952-2262
lisa@stampinqueencreations.com
<http://stampinqueencreations.blogspot.com>

Diane Tunnell

Independent Demonstrator – Stampin' Up!
2500 Hammond
Clovis, NM 88101
575-799-3183
Dtunnell1@suddenlink.net
<http://www.stampinup.net/esuite/home/stampwithtwiladiane/>

Marjolaine Walker

Twelve Stones Scrapbooking
420 Sangeet Place RR
Richmond St/
Ottawa, Canada K012Z0
613-838-8722
marjolaine@marjolainewalker.com
www.marjolainewalker.com

Laura Waterfield

Laura's Sewing Studio
P O Box 1235
Tomball, TX 77377-1235
laura@laurassewingstudio.com
www.laurassewingstudio.com