

Individual Program Descriptions

Creative Living - #7100 Series

7101

3-9-16

- Designer and crafter, **Ann Butler** will show how to use Envirotex Light to create several items, such as wooden coasters, jewelry, trays and much more. Butler's company is *Ann Butler Designs*.
- **Carol Fenster**, a nutritionist and author, will demonstrate how to use coconut flour, which comes from a seed – not a nut. She says that coconut flour is made by drying the coconut flesh and grinding it into a fine powder and it's very nutritious. Her company is *Savory Palate*.
- Designer and crafter, **Shannon Bielke** will show how to use Tulip's new fabric markers to decorate all sorts of items, including baby clothes, bags, tee-shirts and more. Bielke's business is called *Sha & Co*.

7102

3-16-16

- **Bruce Johnson** is the spokesperson for *Minwax* and he's going to show some quick ways to change or update your home. He'll also tell how to protect your furniture whether you have antiques or unfinished furniture or even heirlooms.
- **Clare Rowley**, President of *Creative Feet LLC*, will demonstrate how to embroider on stretchy fabrics using the Octi-Hoops along with Stick and Rinse stabilizer.
- **Latriece Brooks**, owner of *Brooks Interiors*, will show how to bring nature into the home when decorating a mantle or bookcase.

7103

3-23-16

- Author and fitness guru, **Kate McKay** is going to talk about how living sexy is living a life of vitality, passion and confidence. She'll go over the four B's of prosperous living. Her book is titled "*Living Sexy Fit...at Any Age*."
- **Connie Moyers** is going to talk about wild-caught California King salmon which is tasty and contains Omega-3 fatty acids. She's going to pair this with other ingredients to make a meal that is easy to prepare and extremely healthy.
- **Cindy Losekamp** is a teacher, designer and author, and she loves learning new ways to use her embroidery machine. She's going to demonstrate a technique called Stuffed Embroidery, which uses heavy batting, stuffing fibers under sheer fabrics and even including squeakers inside appliqués. Her company is *Sew Artfully Yours*.

7104

3-30-16

- **Dean Cheek** is a designer who will show how to do hand knitting using a machine as he talks about making his couture line of fashions. His business is *DC Knits*.
- **Sue Hausmann** is with *Sulky of America, Inc.*, and she's going to share some tips and techniques for using stabilizers in craft projects. She'll talk about making belts, totes, placemats and other crafts that incorporate various types of stabilizers.

7105

4-6-16

- **Marci Baker** is a quilter and author, and she's going to show how to use a notion called Sewing Edge to make sure the seam allowances in piecing a quilt are always precise. It guarantees the finished design without the stress of things not matching! Baker's company is *Alicia's Attic, Inc*.
- **Dr. Charles Broz** is an assistant Professor of Culinary Art, and he and one of his students will demonstrate the art of making canapés. Whether you call them canapés or appetizers, Dr. Broz believes they should reflect the over-all mood of the meal. Dr. Broz is employed by *Eastern New Mexico University*.
- *PartyLite* consultant, **Christine Alt** will show how to change decorations with each season by using clear glass candle holders. She suggests starting with timeless, versatile accessories that lend themselves to different candles.

7106

4-13-16

- **Kerri Forrest** represents *Bernina Sewing Machine* and she's going to demonstrate how to use three different presser feet for piping, gathering and making ruffles.
- **Jana Beus** makes doll furniture and she's going to show several ways to add embellishments to the furniture, including ribbon, buttons, appliques, yo yo's and more. Her company is *Doll Stuff by Jana*.

7107

4-20-16

- Fashion designer, **Orlando Dugi** is going to show how to do hand beading on a variety of women's evening wear and accessories. His business is *Orlando Dugi Fashions*.
- **Janet Stahl** is with *Butterball*, and she's going to talk about new turkey breakfast options, quick and easy morning recipes and demonstrate how to make breakfast fun with and for the kids.
- **Casey Schwartz** is a floral designer and co-owner of *Flower Duet*, and she's going to show how to make a tussie-mussie or what is sometimes referred to as Victorian posies. Victorians believed flowers had special meanings, so the idea is to select flowers to convey your special message to someone.

7108

4-27-16

- Cookbook author, chef and teacher, **John Vollertsen** (known as Chef Johnny Vee) is going to demonstrate how to substitute gluten-free flours in cooking and baking to give those following a gluten-free diet new ideas for delicious recipes. He's the owner of *Las Cosas Cooking School*.
- **Patty Dunn** will demonstrate how to use elastic in the bobbin of the sewing machine to get a puckered effect. After the seam is stitched, all you need is steam to create the look. Her company is *All Dunn Designs*.

7109

5-4-16

- **Diane Tunnell** is an Independent Demonstrator with *Stampin' Up!*, and she's going to demonstrate how to use a brayer to apply ink to an embossing folder to create the background for a card. She also has some other techniques she'll show.
- **Curt Jaynes**, owner of *GardenSource Nursery and Landscaping*, is going to demonstrate choosing, planting and caring for succulents which do well in almost any climate.
- **Shannon Bielke** is a crafter and designer and she's going to show the beauty and versatility of clayboard, which can be used in many ways, from artwork, to jewelry, boxes and more. Her company is *Sha & Co*.

7110

5-11-16

- **Ray Pawley** is a retired curator with the Chicago Zoological Parks. He's going to talking about the outdoor feeding and care of a group of birds called songbirds, which are divided into two general groups: hard bills and soft bills.
- Designer and crafter, **Ann Butler** will show how to create beautiful backgrounds for fabric to make quilts using stamps and inks. Butler's company is *Ann Butler Designs*.
- Interior designer, **Jenny Rausch** will talk about the transformation of kitchens in the 20th century. She'll go over the motivation for these changes, what advancements have taken place, and tell who some of the fascinating women were who brought about these changes. Her company is *Karr Bick Kitchen & Bath*.

7111

5-18-16

- Party planner, **Patty Waid** is going to show how the food you serve and the environment you create will guarantee the party or event will be a success. She'll explain how she makes a design plan for every event. Her business is *Waid and Associates*.
- Crafter and designer, **Marisa Pawelko** will show how to make duck tape pouches using non stick cutting tools and rolls and sheets of duck tape. These pouches can be made in various sizes, colors and patterns and can be easily embellished, too. Her company is *Modern Surrealist*.

7112

5-25-16

- **Elena Etcheverry** is the founder and ED for *Charity Wings* and she is going to show how to use the Kinkajou bottle cutter to make things like wine glasses, votive covers, cups and much more. This is just one of the many home-grown businesses she works with through her non-profit organization.
- **Connie Moyers** is with the *NM Cooperative Extension Service*, and she's going to talk about what she calls the "poison purse." She says we need to be wary of the danger of many common items we probably all have in our purses or pockets.
- **Nancy Siler** represents *Wilton Brands*, and she's going to show how to make snack cakes, which can be decorated for any occasion and are good for kids' or adult parties. Just use your imagination.

7113

6-1-16

- Artist and crafter, **Dana Pomroy** has a unique line of animal caricatures made from papier mache. She will talk about the process of making and shaping the animals and then demonstrate how to paint the adorable creatures. Some are almost life size.
- **Marisa Pawelko** is a licensed designer for *Sizzix*, and she'll show how to create easy and fun custom cuff bracelets using the shape cutters from her collection. She'll also show a wide variety of materials including Rowlux and adhesive rhinestone sheets by The Buckle Boutique.
- **Robert Del Grande** represents the *California Fig Advisory Board*, and he will demonstrate how easy it is to create indulgent and flavorful desserts as well as create the perfect cheese platter to end any dinner party. Many of these recipes are ones he serves in his restaurant in Houston, Texas.

7114

6-8-16

- **Laura Murray** is the owner of *Laura Murray Designs* and is also an author. She's going to demonstrate making tileworks quilt blocks which can expand the possibilities of other painted quilt block techniques.
- Designer, **Jana Beus** knows that PVC pipe is not just for plumbing! She's going to show how to construct a doll house using this lightweight but sturdy plastic. She'll also show a product called "Magic Foam" which can become instant upholstery! Beus' company is *Doll Stuff by Jana*.

7115

6-15-16

- **Carol Fenster**, a nutritionist and author, says that black quinoa is becoming more widely available and adds color, variety and texture to our diet – in addition to being good for us. Her company is *Savory Palate*.
- There is a new program called 5210 Mayors' Challenge that promotes healthy eating and physical activity in schools and at home. Extension Home Economist, **Shannon Wooton** will explain what this is and why it's important. She's with the *NM Cooperative Extension Service*.
- **Connie Crawford**, President, CEO and Designer for *Fashion Patterns by Coni*, will demonstrate sewing techniques for making tailored and hidden plackets on blouses, shirts and dresses.

7116

6-22-16

- Cookbook author, chef and teacher, **John Vollertsen** (known as Chef Johnny Vee) is going to demonstrate two recipes for desserts found in his cookbook "Cooking with Johnny Vee." He's the owner of *Las Cosas Cooking School*.
- **Dr. J Tim Rainey** will talk about some of the problems facing pediatric dental patients and how heavy sedation can be avoided. He also says that prevention is the most effective treatment for decay for all patients and he'll show some products that can be very useful. He's with the *Texas Institute for Advanced Dental Studies*.

7117

6-29-16

- **Marci Baker** is a quilter and author, and she has a solution for quilters who don't like doing a binding – and it's all done by machine. She'll demonstrate this technique. Baker's company is *Alicia's Attic, Inc.*
- **Dr. Edward Kondrot** is the world's leading ophthalmologist and a board-certified homeopathic physician and he says that a nutritious diet can lead to better eyesight. He'll discuss the five essential foods to incorporate into your diet. He is an author and founder of *Healing the Eye & Wellness Center*.

7118

7-6-16

- **Tina Aldatz** wears many hats, including author, speaker and CEO of *Savvy Travelers and Foot Petals*. She's going to share some take-aways from her book "From Stilletos To the Stock Exchange."
- Designer and crafter, **Ann Butler** will show how to use a silicone putty to create a variety of items to decorate with or to wear. Butler's company is *Ann Butler Designs*.
- Author, **Peter Goodman** has written a children's book and will discuss one of the issues he addresses. It has to do with engaging children in talking about social and emotional issues and how to help all children deal with bullying behaviors. His business is DreamBIG.

7119

7-13-16

- **Kerri Forrest** represents *Bernina Sewing Machine*, and she's going to demonstrate how to use the dual feed and stitch regulator. The presser foot presses down on fabrics in order for the feed dogs to pull the fabric forward. The dual feed works to feed the top layer at the same rate as the feed dogs move the bottom layer.
- **Nancy Nix-Rice** is a wardrobe consultant and author, and she's going to show how to conquer chaos in the closet as well as share some organizing ideas for accessories and purses. Her book is titled "*Looking Good*."

7120

7-20-16

- Quilter and author, **Karen Eckmeier** will show how free-form rotary cutting of fabric strips that are layered can "accidentally" create a beach scene on a quilt. Her company is *The Quilted Lizard*.
- **Carina Gardner** is the Creative Director and Designer for *Carina Gardner, Inc. and Carta Bella Paper Company*. She's going to show how to teach children to sew by using the Bella Stash Bag pattern she created. She'll also show how to make the bag without a pattern. She covers all the basics of sewing in this project.

7121

7-27-16

- Party planner, **Patty Waid** knows that packing can be stressful. She's going to share packing tips for a worry-free trip, focusing on your suitcase, toiletries kit and a roller bag. Her business is *Waid and Associates*.
- **Curt Jaynes**, owner of *GardenSource Nursery and Landscaping*, is going to demonstrate how to use a smart pot to grow vegetables, flowers, herbs and fruit. This tough, weatherproof fabric raised bed needs no assembly.
- **Sandy Grossman-Morris** is going to show how to incorporate ribbon as embellishment when doing needlepoint project and designs. Her company is *Sandy Grossman-Morris Design*.

7122

8-3-16

- **Diane Tunnell** is an Independent Demonstrator with *Stampin' Up!*, and she's going to demonstrate how to make a double slider card, focusing on cutting the pieces needed and then gluing it together.
- **Laura Murray** is a quilter, author and designer, and her business is *Laura Murray Designs*. She's going to demonstrate how to use Paintstiks to embellish a variety of ready-made garments.

7123

8-10-16

- **Lisa Rojas** is going to demonstrate how to create use Colorbox ink pads to turn old linens into something new, as well as using ink to dye lace and other fabrics. Her company is *Stampin' Queen Creations*.
- Cookbook author, chef and teacher, **John Vollertsen** (known as Chef Johnny Vee) is going to demonstrate three recipes featured in a new cookbook: "Cooking from The New Mexico Farm Table Cookbook." He's the owner of *Las Cosas Cooking School*.
- **Clare Rowley** is the President of *Creative Feet LLC*, and she's going to demonstrate using leather and home décor fabrics to make a Mug Rug, which is a coffee cup coaster. She'll feature the Pearls 'n Piping Foot as well as the Satinedge pressure foot to do this technique.

7124

8-17-16

- **Bruce Johnson** is the spokesperson for *Minwax* and he's going to show how to combine fresh ideas with old materials to add both charm and practicality to any room in your house or apartment.
- Designer and crafter, **Barbara Crawford** will demonstrate "Nuno" felting, which is a Japanese fiber art technique. She'll show how to create fabric from silk and wool roving by using soap, water, bubble wrap and some "muscle." Her company is *Crawford Designs and Sunset Galleries*.

7125

8-24-16

- **Kerri Forrest** represents *Bernina Sewing Machine*, and she sells sewing machine in her own business. She's going to talk about what features a person needs to consider when investing in a machine and this covers more than just the cost.
- Artist and crafter, **Dana Pomroy** makes animal caricatures made from papier mache. She will continue her discussion showing how to paint the animals and bring them to life.
- **Connie Moyers** represents *Western Research Kitchens*, and she will demonstrate making numerous salads just by changing the ingredients. She'll also share a way to encourage children to eat their veggies by adding crunchy croutons to a salad or using them as a snack food.

7126

8-31-16

- Business partners, **Margie Floris** and **Tina Aldatz** are going to talk about women and business and how important it is to pay it forward, persevere at all times and to network. Their company is *Savvy Travelers*.
- **Patty Dunn** is the owner of *All Dunn Designs* and she's going to show how to use fabric scraps and fussy cutting to create unusual personalized cards. She'll also show how she applies fabric to the card stock.
- **Curt Jaynes** will show some new products on the market for water-retaining plants, including a polymer that's also good for gardens, lawns, trees and shrubs. His business is *GardenSource Nursery and Landscaping*.