



# CELEBRATING 40 YEARS



## Creative Living with Sheryl Borden



7000 Series



Crafts  
Section II



# Table of Contents

## Crafts

Emboss Resist Card.....	I-3
Double Embossed Card .....	I-3
Crazy-Cool Duct Tape Projects .....	I-4
Cuff Bracelets.....	I-4
Chalky Finish Paints.....	I-5
How to Make an Easy Octopus Costume.....	I-5
Zen Doodling .....	I-6
Upcycled Treasures.....	I-7
Easy Designs with Edger Punches.....	II-9
Faux-Quilting Techniques .....	II-10
Makin's Clay® Metallic Leaf Wreath.....	II-12
Sock Kitty Water Bottle Holder Instructions.....	II-13
Guests .....	II-14

**Due to the size of this section, it has been separated into two sections in order for it to be downloaded more quickly. For instance, “Emboss Resist Card” is in Section I on page 3, whereas “Easy Designs with Edger Punches” is in Section II on page 9.**



# Easy Designs with Edger Punches



## Pink Hearts Valentine's Day Card

### Directions:

1. Using ruler and bone folder on cutting mat, score and fold medium pink cardstock in half to form card base.
2. Punch edge of card front using edge punch. Begin by selecting a measurement line on the edge punch, and align one end of the card with that line. Punch the length of the card, aligning the punched paper over the design on the tool as you go. Then go back and punch the remainder of the edge.
3. Cut a strip of dark pink cardstock to fit the width of the card. Align one end of the strip with the same line on the punch as before. Punch the length of the paper. Then flip the paper over, and align the same end of the paper with the same line on the punch, and punch the length of the paper again to yield a symmetrical punched pattern.
4. If necessary, trim side of card and dark pink strip so the edge-punched patterns on both pieces are centered. Adhere dark pink strip to card front. Reserve one large punched heart for later use.
5. Punch three ruffled hearts from light pink cardstock. Trim around all four sides to create frames.
6. Adhere ruffled heart frames to card base.
7. Punch a ruffled heart from medium pink cardstock. Adhere the punched heart shape to middle frame with foam adhesive. Adhere the reserved dark pink heart to the medium pink heart using a fine-tip glue pen.



Snow Flurries 2-in-1 Edger Punch



Linked Circle Chain Large Edge Punch



Scallop and Heart 2-in-1 Chain Punch



Rose Bush 2-in-1 Edger Punch

These edgers, and many more, are available from EK Success Brands (see website below.)

**COURTESY: Megan Thome (formerly)**  
**EK Success Brands**  
[www.eksuccessbrands.com](http://www.eksuccessbrands.com)

# Faux - Quilting Technique



What if you could create a QUILT top simply by stamping it, adding batting, a backing, quilt it and then it is done? Well I am here to show you how. I believe everyone should be able to Stamp your ART and now you can.

I developed a new stamp line where you are able to combine different geometric stamps, place them next to each other and create beautiful quilt blocks on fabric, paper, wood and a variety of surfaces. This is quick and easy!

## Materials:

- Ann Butler's EZ-De's Stamps: KellyCraft, assorted
- Ann Butler's Faux Quilting Stamps: Unity Stamp Company, assorted
- Ann Butler's Colorbox Crafters Ink™: lilac, berry, tangelo, limelight, sunshine, aquamarine
- Fabric of choice
- Paper of choice

## Tools:

- KellyCraft Get-it-Straight™ Laser Square (optional)
- Westcott Brand Extreme Edge Scissors
- Acrylic blocks, sewing machine, needle, thread, baby wipes

## Instructions:

Please note: This technique was done on cardstock to show you the step by step process and to give you a feel for how easy it is to create block, patterns, backgrounds and more. The possibilities are endless, combining different shapes and colors. There are several photos showing finished blocks and quilted fabric blocks to get you started. The photo on the left is an actual quilt done with this technique.

### First Pattern:

Steps: (See below for steps 1-4)

1. Place a stamp onto an acrylic block, ink it and make an impression.
2. Place a second stamp for your block onto an acrylic block, ink it and make your second impression.
3. Repeat the above steps to complete your block.
4. If making a quilt, continue your pattern across and down, being sure to iron each block as you complete them.

### Second Pattern: (See next page for steps 5-9)

5. Place the stamps right onto an acrylic block to create pattern, ink it, and make an impression. Repeat until the block is complete

### Third Pattern:

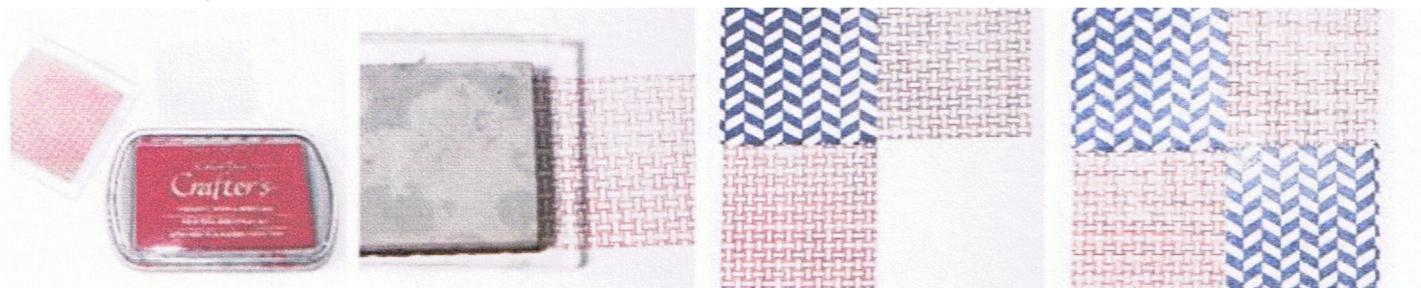
6. Ink one square stamp at a time and then make an impression.
7. Stamp the image a second time under the first image.
8. Stamp the image onto the material a third time.
9. Stamp the image a fourth time to complete the square.

Step 1

Step 2

Step 3

Step 4



Step 5

Step 6

Step 7

Step 8

Step 9



10. Continue creating the pattern on the fabric until you have an entire piece of fabric stamped to the desired size. Be sure to iron to heat set the ink.

11. When this is completed, add the batting and backing to the stamped fabric, pinning every 4 to 6 inches. Bring to the sewing machine and stitch between the squares to quilt. Add a binding on the outer edge to finish off the quilt.

#### Notes & Tips:

- When working on fabric, always use a fabric safe ink, such as Crafter's Ink from Clearsnap.
- Try different patterns on white cardstock to see what you like.
- Cut cardstock up into the geometric shapes, stamp them, then use them as puzzle pieces to create patterns. See what color combinations you like.
- If you stamp something and do not get a good impression you can re-stamp easily with the clear stamps because you can see right through them. There are also a few other things you can try. You can also do

this with the Unity Red Rubber Stamps because there is no edge on the stamps so they can also be easily lined up. You can double stamp with another pattern or color creating a whole new look. You can just leave it if you are working on unbleached muslin! This gives a vintage look.

- Keep baby wipes or a damp cloth near by to easily clean your stamps between impressions when changing colors.
- You can combine the clear and red rubber stamps together.
- Using the Get-It-Straight Laser Square™ can help you to align the stamps straight.
- Prewash fabrics to remove the sizing and dry without fabric softener.
- Make sure to remember to heat set the inks used on fabric with an iron.

**COURTESY: Ann Butler**  
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[www.creativitystirthesoul.com](http://www.creativitystirthesoul.com)



## *Makin's Clay® Metallic Leaf Wreath*

### **Materials:**

- Makin's Clay®, Earth Tones 2 Packages ([www.makinsclay.com](http://www.makinsclay.com))
- Makin's Clay® Leaves Push Mold ([www.makinsclay.com](http://www.makinsclay.com))
- Indus Trading Company® 9" Wood Ring ([www.3RingCircles.com](http://www.3RingCircles.com))
- Earth Safe Finishes™ Gold Metallic Powder ([www.earthsafefinishes.com](http://www.earthsafefinishes.com))
- Earth Safe Finishes™ Bronze Shimmer ([www.earthsafefinishes.com](http://www.earthsafefinishes.com))
- Beacon® Felt Glue ([www.beaconcreates.com](http://www.beaconcreates.com))
- Non Stick Scissors ([www.westcottbrand.com](http://www.westcottbrand.com))
- Chalk Paint Brush ([www.dynasty-brush.com](http://www.dynasty-brush.com))
- Toothpicks, Baby Wipes, Zip Lock Baggies



### **Instructions:**

1. Paint ring front and back; set aside to dry.
2. Make leaves in assorted colors by putting small amount of clay into leaf push mold, press and take out, trim leaves with scissor as needed.
3. Arrange leaves as shown in photo or as desired, glue into place.
4. Use paint brush to apply metallic powders.

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# SOCK KITTY INSTRUCTIONS

## Materials:

- 1 Fox River red heel sock
- 2 oz. of polyester fibrefill
- Scraps of Fuchsia, Seashell Pink, Caribbean Surf (teal) Xotic Felt by National Nonwovens
- 1 skein each of black and pink embroidery floss
- Aleene's Fabric Fusion™
- Upholstery thread
- Embroidery needle
- 5", 8" Westcott Brand® Titanium Steel Scissors
- Ruler, pins, measuring tape, pencil, invisible marker

## Instructions:

1. Turn the sock inside out. Place flat with heel centered and facing up. Using the pattern pieces, draw head curve just above red heel which is the muzzle. Draw two ears and tail along opposite folds at end of sock.
2. Pin pieces. Sew along drawn pattern line. Carefully cut around pieces leaving a 1/4" border.
3. Turn tail and head body pieces right side out. Cut small slit in fold of each ear and turn right side out.
4. Stuff head pushing stuffing into heel which is cat's muzzle. Under head stitch in a circle through sock and pull tight to create neck. Secure threads and cut.
5. Put a dot of glue in center of muzzle above red muzzle. Using pink floss embroider nose in place with small straight stitches. Embroider down from nose and across muzzle to make smile.
6. Anchor black floss at back of neck, bring through to edge of white above muzzle. Make a 3/4" stitch for eye taking floss through to back of neck. Pull stitch tightly to indent slightly. Repeat for second eye.
7. Secure floss at back of head. Take floss back through front of muzzle on one side of nose. Make a knot, leave a 3" length for whisker and cut floss. Repeat this for remaining three whiskers.
8. Fold raw edges of ear slit in. With upholstery thread stitch a small line along bottom of ear. Pull to gather. Secure thread. Place on seam line of sock and stitch in place. Repeat for second ear.
9. Stuff tail. Turn raw ends under and stitch around opening. Pull stitches tight and secure. Place tail along bottom of sock. Stitch in place.
10. Fold a collar piece 1 1/2" by 4". Stitch with pink floss. Place around neck and stitch in place. Cut two hearts, place together and embroider initial or add two crossed stitches with pink floss. Sew or glue to cat or collar.



## History of the Sock Monkey from Wikipedia

John Nelson, a Swedish immigrant to the United States, patented the sock-knitting machine in 1869, and began manufacturing work socks in Rockford, Illinois in 1890. The iconic sock monkeys made from red-heeled socks emerged at the earliest in 1932, the year the Nelson Knitting Company added the trademarked red heel to its product. In the early years, the red-heeled sock was marketed as "De-Tec-Tip." Nelson Knitting was an innovator in the mass market work sock field. Nelson Knitting added the red heel "de-tec-tip" to assure its customers that they were buying "original Rockfords". This red heel gave the monkeys their distinctive mouth. During the Great Depression, American crafters first made sock monkeys out of worn-out Rockford Red Heel Socks.

In 1958, the "scrap-craft" magazine Pack-O-Fun published "How to Make Sock Toys," a guide to making different sock animals and dolls with red heeled socks. Frequently cited as being their most popular book ever, this pamphlet went through multiple printings and was produced in new editions up until the mid-1980s. In the late 1980s, a company called Marketing Tide of Willoughby Hills, Ohio sold kits with the original socks and instructions in numerous craft and sewing magazines. Their kit was featured on the ABC-TV Network Home Show in 1992, which helped to put the Sock Monkey firmly back into American Culture.

The Nelson Knitting Company was acquired in 1992 by Fox River Mills, and the original brown heather, Red Heel monkey sock is still in production by Fox River Mills. A distinctive change in the red-heeled sock design distinguishes monkeys made with Fox River Mills socks from Nelson Knitting Company socks. Fox River heels are more uniformly ovular, without the end points that gave Nelson Knitting-made sock monkeys their smiles or frowns.

In the 21st century, efforts by crafters, writers, photographers, and artists to immortalize the sock monkey doll beyond soft sculptured socks has intensified in everything from toys to clothing. Fox River Mills now makes the original sock in several colors and there are many designs for other animals.

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