



CELEBRATING 40 YEARS



Creative Living with Sheryl Borden



7000 Series



Crafts Emboss Resist
Card



Crafts
Section I



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Due to the size of this section, it has been separated into two sections in order for it to be downloaded more quickly. For instance, “Emboss Resist Card” is in Section I on page 3, whereas “Easy Designs with Edger Punches” is in Section II on page 9.

Emboss Resist Card

1. Card measurements:

Card Base: Baked Brown Sugar 5 1/2" X 8 1/2"
scored and folded along 8 1/2" side at 4 1/4"

Frames: Midnight Muse 4 1/8" X 4" and 1" X 4"

Stamped images: Very Vanilla 3 7/8" X 3 3/4" and
3/4" X 3 3/4"

2. Use Embossing Buddy to rub across the Very
Vanilla pieces to avoid embossing powder sticking
on paper where not stamped.

3. Using Versa Mark, stamp the larger piece of
Very Vanilla with the Swallowtail stamp. All of the
image will not fit on the paper, fit as desired. Us-
ing Versa Mark, stamp the smaller piece of Very
Vanilla with one of the butterflies from the Papillon
Potpourri stamp set. Stamp multiple times as al-
lowed by the size of the paper.

4. Cover the stamped images with black emboss-
ing powder. Tap back of paper to remove excess
embossing powder.

5. Use the Heat Tool to set the embossing powder.

6. Using sponges and cotton swabs and (your
choice of color) ink pads, color the image as de-
sired. Colors used on card shown: Midnight Muse,
Tangerine Tango, and Daffodil Delight

7. Using a soft tissue, wipe off the excess ink from
the embossed outline. The embossing resists the
ink and can be wiped off with the tissue.

8. Glue stamped images to pieces of Midnight
Muse card stock to create a frame. Glue the
framed images to the card base.

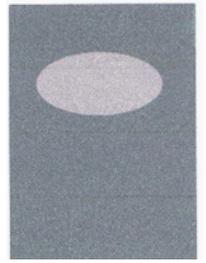
**COURTESY: Diane Tunnell
Stampin' Up!**

www.stampwithwiladiane.stampinup.net



Double Embossed Card

1. Using a 4" X 5 1/2" piece of
chipboard or heavy cardboard,
cut embossing plates by cutting
an oval the size of the oval frame
from the Designer Frames emb-
ossing folder from Stampin' Up'.
Both pieces will be used.



2. Cut a 4" X 5 1/2" piece of Daffodil
Delight cardstock. Emboss with the
Perfect Polka Dots embossing folder
from Stampin' Up! When making the "sandwich"
to place through the embossing machine, use the
rectangular piece of cardstock in place of the top
cutting pad. Make sure the oval opening is placed
in the area that should not be embossed with the
dots.



3. Emboss the cardstock again with the oval
frame from the Designer Frames embossing fold-
er. Make sure to place card stock in folder so that
the raised pattern will be the same as the dots.
Use the oval piece of chipboard as the top layer of
embossing sandwich, making sure it is directly on
top of the oval to be embossed.

4. Stamp sentiment on Whisper White card
stock; punch out with Extra Large Oval punch.

5. Cut a 5 1/2" X 8 1/2"
piece of Whisper White
cardstock; score and fold
along 8 1/2" side at 4 1/4"
for the card base.



6. Adhere the embossed
card stock to card base.
Adhere stamped and punch
sentiment in the oval.

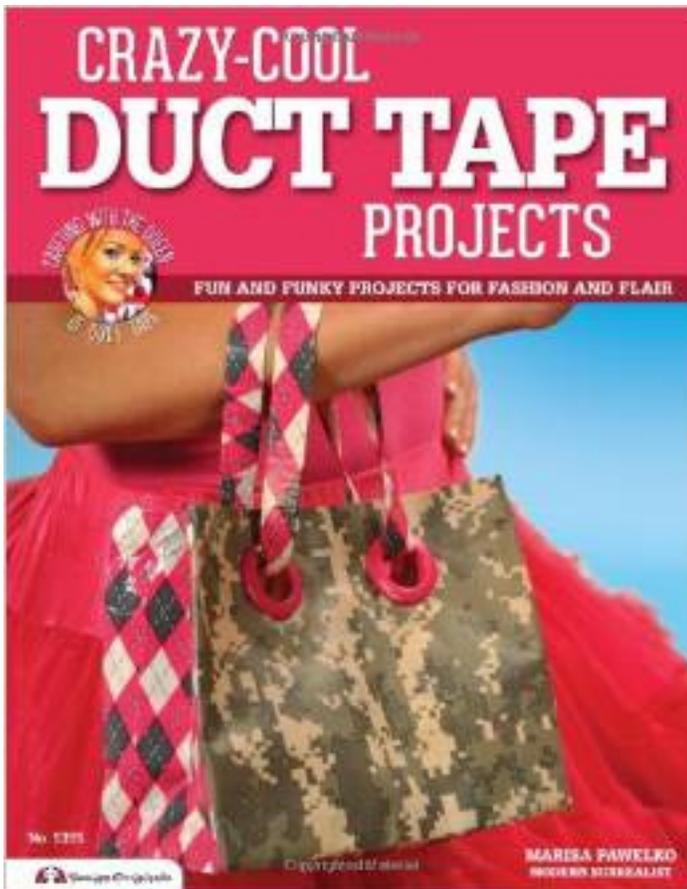
7. Embellish as desired.

**COURTESY: Diane Tunnell
Stampin' Up!**

www.stampwithwiladiane.stampinup.net

Crazy-Cool Duct Tape

Projects: Fun & Funky Projects
for Fashion & Flair



Get inspired to craft your world with these stylish and imaginative duct tape creations. Celebrity crafter, Marisa Pawelko shows how to cut, rip, layer and fold colorful duct tape to concoct fantastic fashions, school supplies and room decor. With step-by-step instructions and how-to pictures, Marisa reveals the 9 skills every taster needs to know, along with 24 of her best DIY duct tape projects.

COURTESY: Marisa Pawelko
Modern Surrealist
www.modernsurrealist.com

CUFF BRACELETS

Marissa has designed a line of dies through Sizzix and she demonstrated making cuff bracelets on "Creative Living."

Fancy Links Cuff Bracelet Project #14701

If fashion is your passion, we have the dies for you! The Sizzix Modern Surrealist collection helps create your fantasy jewelry and so much more.



Other Supplies: Glitter Sheet, Vinyl, Elastic

Die-cut a Fashion Cuff out of black vinyl. Die-cut Chains out of glitter sheets and adhere. Tie elastic to Cuff ends to form bracelet.

Big City Cuff Bracelet Project #14700

Your fashion is your statement. Our Modern Surrealist dies embellish perfectly and demonstrate the finest design features for your jewelry, papercrafting, appliqué and more!



Other Supplies: Glitter Sheet, Vinyl, Elastic, Hot-glue Gun, Jewels

Die-cut a Fashion Cuff out of a sheet of glitter. Die-cut Big City out of black vinyl and adhere to the Cuff. Embellish with jewels. Tie elastic to Cuff ends to form bracelet.

COURTESY: Marisa Pawelko
Modern Surrealist
www.modernsurrealist.com

CHALKY FINISH PAINTS



Description: DecoArt Americana Decor is an ultra-matte paint for home decor and furniture pieces. Make store-bought pieces or flea market finds look like they came from a European estate sale or a French countryside cottage. This multi-surface paint is ideal for use on

furniture, cabinets, walls, decorative glass, metal and more. Superior adhesion and coverage. Easy to distress, covers about 60 square feet on sealed surfaces. Water-based for easy clean-up. 16 oz. Refreshing similar to Aqua.

- No priming or sanding needed for excellent adhesion on most surfaces
- Easily distressed for a vintage look
- Excellent opaque coverage
- Create a wide range of effects with waxes, varnishes, and specialty mediums

Vintage, Distressed, Shabby Chic



COURTESY: Elena Lai Etcheverry
Charity Wings
www.charitywings.org
www.decoart.com

How to Make an Easy Octopus Costume

Yes, my daughter wanted me to make her an octopus costume for her birthday. I kept it simple by buying a t-shirt (with the gems already on it) and women's long socks. Add some filling, a t-shirt transfer kit and my sewing machine, and I was set. Thankfully, it's a project that can be done in a couple of hours.



Here's the basic idea. Take a t-shirt and iron-on one of my adorable octopus stickers. Or skip this step entirely. Then stuff 6 women's socks with filling and sew them to the ends of the t-shirt. Grab a beanie hat (add a flower for fun) and put on a pair of shorts and a final pair of socks (so there are 8 legs in all). Instant octopus!

Materials List

- T-shirt
- 4 pairs of long women's socks
- InkJet iron-on Transfer Kit (found in most retailer's office supply section)
- Filling or stuffing
- Digital artwork

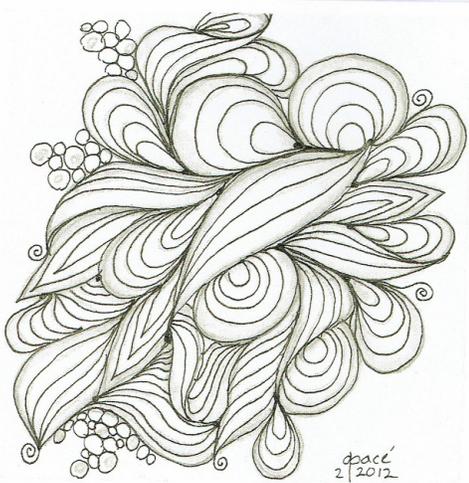
Tools

- Sewing machine & thread
- Scissors



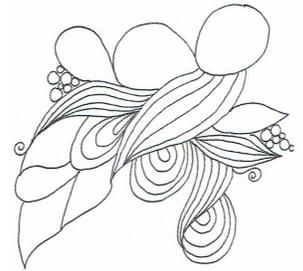
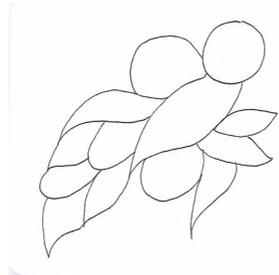
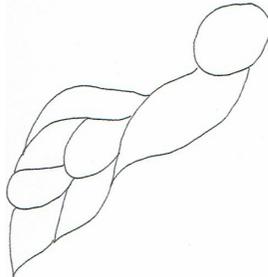
COURTESY: Carina Gardner
Carina Gardner Inc.
www.carinagardner.com

ZEN DOODLING



sharlarelli by Deborah Pace
 3 1/2" x 3 1/2"
 Zentangle tile, Sakura Pigma Micron pen 01, Sakura Gelly Roll Clear Star pen

I was going for an underwater, flowing seaweed-like effect, and this is what came out of the original idea. I find that when I start, I may end up with a very different image than what I was originally going for. They seem to have a mind of their own.



1. Start with a leaf shape, as shown in the center. Then continue with more leaf shapes and a circle.

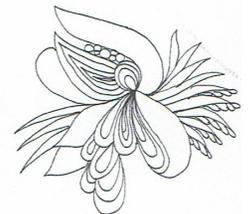
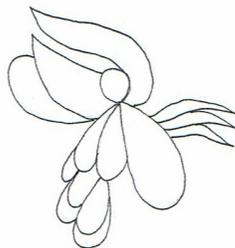
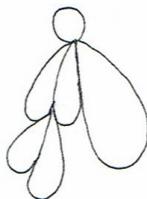
2. Continue drawing more circles, oval, loops, leaves - whatever shapes appeal to you.

3. Now add lines inside your shapes. Add some swirls and bubbles, as many or as few as you would like.



underwater seaweed by Deborah Pace
 3 1/2" x 3 1/2"
 Zentangle tile, Sakura Pigma Micron pen 005, 01, Prima watercolor pencils

For this tangle, I was playing with loops and lines. Usually, but not always, I start with a circle or something in the center to work from, and then continue to add more circles, loops or lines.



1. Start with a small circle in the center. Add some loops.

2. Continue to add more loops and lines.

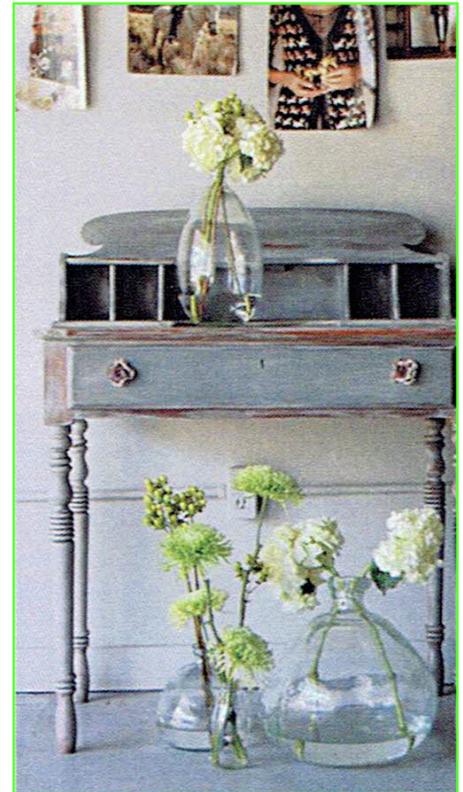
3. Now add loops to your lines and lines within your loops. Add some bubbles, and using watercolor pencil, color as desired.

COURTESY: Deborah Pace
AarTvarK Cre8tions
www.dpavcreations.blogspot.com

Upcycled Treasures

Looking for ways to refinish furniture or other treasures? It is interesting to me that "What Goes Around Comes Around". Remember that saying? Remember in the 60s-70s when everyone was "Antiquing" Furniture? We still are, the products are just different. Our mothers or grandmothers probably never distressed anything though.

I have discovered there are many, many ideas and techniques! Find something you like, and go with it. But, experiment with other techniques. You will find numerous blogs, Pinterest boards, etc. with good information. Spend some time with your computer searching through some of this information. One blog I found helpful was InMyOwnStyle.com. She does lots of comparisons with the different methods and products. Go to the hardware or paint store and spend some time researching the products available. Then pick a project to paint and HAVE FUN!



Some phrases you should know:

Chalk Paint - Can be purchased or make you own. It is a latex paint with a bonding agent. Recipes are below. Chalk paint usually requires no stripping, no sanding, no priming. It provides a porous surface that accepts wax for a rich patina. I used the Plaster of Paris recipe. You will find your own mixture for thicker or thinner paint.

Paste Wax - Is just a soft furniture polishing wax. It can be used clear. Or your choice of stain can be mixed into it to age your piece. Wax adds patina to your piece and protects it, even from water rings. Brush on or rub on with a soft cloth. After it has a chance to dry you need to buff it. An old towel works well for this process. You can also purchase colored waxes usually referred to as "aging wax".

Glaze - Working with glazes gives any painted piece the depth in a similar way that colored waxes do to chalk paint. Colored glazes are also available to purchase. You mix glaze with your paint and a little bit of water.

Distressing - This is not how you feel when you think about taking sandpaper to your newly painted item. Distressing is using sandpaper or a wet cloth to "distress" your painted piece, usually in natural looking wear patterns. When you use a colored wax it accentuates this area. You are making something look old and worn, like your favorite boots or pair of jeans.

Dry Brushing - Works best on a dark surface because of the contrast. The key is the amount of paint on your brush and speed. Barely dip the very tips of the brush into the paint and wipe or dab a little of the paint off on a rag, plate or waxed paper. The success of this finish depends on the wood NOT being completely covered. Paint should be quickly applied to the section you are working on with a light hand. Dry brushing could be layered with different colors for a desired effect.

DIY CHALK PAINT RECIPES

Non-Sanded Grout

- 1 cup paint
- 2 Tbsp. non-sanded grout
Water



In a mixing container mix grout with water, adding a little bit at a time until you get a nice smooth consistency. Add more water as needed to break up the powder. Once the powder is mixed thoroughly with water, add the paint and stir well.

PLASTER OF PARIS

- 3 parts paint (latex house paint works well)
- 1 part Plaster of Paris
- Hot water

In a mixing container mix Plaster of Paris with water, adding a little bit at a time until you get a nice smooth consistency. Add more water as needed to break up the powder. Once the powder is mixed thoroughly with water, add the paint and stir well.



Calcium Carbonate

- 2 Tbsp. Calcium Carbonate Powder
- 1 Tbsp. water

Mix well into one cup of latex paint. To make a quart: Mix 4 tablespoons of Calcium Carbonate Powder and 4 tablespoons of water to one quart of latex paint.



How to work with a clear mixing glaze:

Mix the glaze with your paint and a little bit of water: 4 parts Clear Mixing Glaze to 1 part paint and about 1 tablespoon of water. For increased transparency, use more glaze than paint.

Apply the mixture liberally over a dry painted surface. The glaze/paint mixture is semi-transparent and very slow drying; this allows you ample

time to run a dry brush or rag through to expose some of the base color giving the finish more depth. The glaze mixture is not shiny when dry - it provides a satin finish. You can leave as is or protect it with a coat or two of non-yellowing polyurethane.

Making your own aging wax:

You will need a soft paste wax such as Johnsons, Minwax or other brands. Pick an oil based stain, such as Minwax stain, usually a dark color. Take a small amount of wax and put into a separate container with a lid, so you can store any excess. You can soften the wax by putting you wax can in hot water if it isn't very soft. Add stain a little at a time, mixing well until blended and smooth.



Using a cheap paint brush or soft cloth, brush lightly over chalk painted item. Let dry for 10-30 minutes. Now take a soft cloth or piece of an old towel and buff until you have the desired patina.

If you want to control your stain, wax piece first with clear wax and then follow with aging wax.

**COURTESY: Connie Moyers
NM Coop. Ext. Service**