Creative Living with Sheryl Borden

March 2012

"Celebrating our 35th Anniversary"

Issue #30

Produced by KENW-TV at Eastern New Mexico University, Portales, NM e-mail address: sheryl.borden@enmu.edu Phone: 575-562-2112



Well, here goes - a lot to cover in this newsletter, and I can't wait to tell you about the guests we taped with in February. The guests for March 1st are actually here in Portales prepping for their taping tomorrow - but I'll feature them next month.

Due to a last minute cancellation, we skipped February 2nd and so my guests on February 9th were **Debra Quartermain**

and Cindy Losekamp.
Debra is a designer and crafter from Fredericton, NB Canada. She showed how to do needle felting, make a "new" version of the popular Sock Monkey, make frilly fringed flowers, and one on Funky foam fowl, which involved styrofoam shapes. You



might like to go to Debra's website and get a sneak peak at her talents and projects. It is: www.debraquartermain.com. I look forward to working with her again in the future as we "really hit it off."

COME SEE ME

If you have time and would like to read my blog, you can go to: http://sherylborden.wordpress.com/

I would also like to invite you to "like" me on my Creative Living with Sheryl Borden Facebook page. If it's easier, just type in Creative Living with Sheryl Borden in the Search Window, and it'll bring it up.



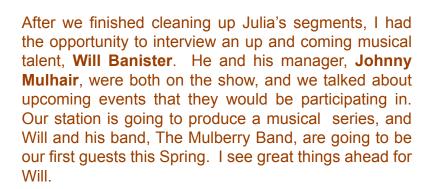
Cindy Losekamp has been a guest on "Creative Living" several times in the past, so it's always fun to work with her again. Her company is Sew Artfully Yours and she llives in Cedar Grove, IN. Cindy showed how to make a jacket from a sweatshirt, how to do "stuffed embroi-

dery," and then she showed how to combine quilting and embroicdery by machine. Cindy's website is: www.sewingart.com.

Creative Living with Sheryl Borden

On February 16th, I had the pleasure of meeting and working with **Julia Usher**, a cookbook author, pastry chef and cookie decorating expert. All of the segments she taped were based on information in her first cookbook: Ultimate Cookies which is available at amazon. com. If you like to decorate cakes, cookies and cupcakes, you'll really be impressed by the techniques Julia has mastered. With a little practice, you'll be creating beautiful, edible cookies in no time. Julia has two books now available and you can go to:

http://www.amazon.com/Julia-M-Ushers-Ultimate-Cookies/dp/142361934X/ref=sr_1_1?s=books&ie=UTF 8&qid=1327947964&sr=1-1



On February 23, I taped four segments with Cindy Falk, Nutrition Educator with the Kansas Wheat Commission and the Chair of the National Festival of Breads in Manhattan, KS. I hadn't met Cindy before, but we had several friends in common and in fact, one of these mutual friends is who recommended that I contact Cindy about being on the show -- and I'm so glad I did. Cindy worked 3 or 4 days at home before she and her husband drove to Portales. Then, she spent all day in the prep kitchen getting last minute things ready for the taping on Thursday morning - with no help from anyone. She taped a segment on Bread Shaping for Fun - the Edible Art, and she showed how to make flip 'em rolls, twisted breadsticks, rosettes and pretzels and shows lots of animals shaped out of bread that were so cute. The website for Kansas Wheat Commission is: www.kansaswheat.org.



Julia Usher shows how to decorate cookies.



Johnny Mulhair (L) and Will Banister



Cindy Falk demonstrates edible art with yeast breads

Creative Living with Sheryl Borden

And, fiinally, I taped two segments with **Melanie Thayn** and two segments with **Christine Alt**, both of whom are independent consultants with PartyLite. Melanie talked about what to look for when buying candles and how to get the most from your candles and another segment on how candles make all events so much more special.

After that, Christine showed how to do indoor and outdoor decorating with candles, as well as talked about versatility - seasonal decorating with clear glass candle holders. Wait until you see all the beautiful candles, candle holders and other accessories that are available from the PartyLite line. You might like to go to their website and browse: www.partylite.com.

Since these segments won't air for several months, I wanted to go ahead and give you the guests' e-mail addresses and website addresses, and you can browse at your leisure or contact them directly.

Christine Alt

PartyLite Independent Consultant ealt@austin.rr.com www.partylite.com

Will Banister

Singer, Song Writer willbanister@gmail.com www.willbanister.com

Cindy Falk

Kansas Wheat cfalk@kswheat.com www.kansaswheat.org

Cindy Losekamp

Sew Artfully Yours, Inc. cindy@sewingart.com www.sewingart.com

Johnny Mulhair

Johnny Mulhair Recording Studio johnny@johnnymulhair.com www.johnnymulhair.com



Melanie Thayn explains how to buy quality candles



Christine Alt talked about the versatility of different candles

Debra Quartermain

Debra Quartermain Design debra@debraquartermain.com www.debraquartermain.com

Melanie Thayn

PartyLite Independent Consultant Melanie@thayn.com www.partylite.com

Julie Usher

Author, pastry chef, food stylist sweetlife@juliausher.com www.juliausher.com