

# Creative Living with Sheryl Borden

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Issue #16

January 2011



**H**appy New Year! Have you gotten used to writing 2011 instead of 2010?



I hope everyone had a safe and happy holiday with family and friends. Our grandson splits his holidays with us and with his mother and her family in another town, so we had our Christmas

Eve party on the 23rd instead of the 24th. His request was that we play Bunco - a fun dice game that we started playing last year. So, we had a fun time rolling the dice, calling out our "numbers," yelling when we got a Bunco and just having a great time. Even my 3 year old granddaughter played and actually did great! Times like these are what really makes the holidays fun -- whether it's on the "actual date" or not.

This newsletter will be a bit shorter than usual. I start back taping on January 27th and am so excited. When we finish one semester, I feel a little tired, but after we have a short break, I'm ready to go again. We'll have a new student crew and that's always fun to get to know them as well.

My sister-in-law shared a clever **New Year's Eve recipe** with me, and I wanted to share it with you. Even if you've already read it, maybe reading it again will reinforce the meaning.

**Take 12 whole months. Clean them thoroughly of all bitterness, hate and jealousy. Make them just as fresh and clean as possible.**

**Now cut each month into 28, 30 or 31 different parts, but don't make up the whole batch at once. Prepare it one day at a time out of these ingredients. Mix well into each day 1 part of Faith, 1 part of Patience, 1 part of Courage and 1 part of Work.**

**Add to each day 1 part Hope, Faithfulness, Generosity and Kindness.**

**Blend with 1 part Prayer, 1 part Meditation and 1 Good Deed.**

**Season the whole with a dash of Good Spirits, a sprinkle of Fun, a pinch of Play and 1 cupful of Good Humor. Pour all of this into vessel of Love.**

**Cook thoroughly over Radiant Joy, garnish with a Smile, and serve with Quietness, Unselfishness, and Cheerfulness.**

**Makes 1 pleasant year!**

I hope you have a very pleasant 2011 and watch for February's newsletter. I promise it'll be better - and longer!

*Sheryl*

PS. I also write a monthly blog, so if you have time, you can check it out at:

Blog: <http://sherylborden.wordpress.com>

**Once again, I invite you to share tips, techniques, ideas and recipes with me to include in future newsletters. You could also send a poem, if you like! If you have ideas for guests for "Creative Living," I'd love to hear about them, too. You can e-mail me at: [sheryl.borden@enmu.edu](mailto:sheryl.borden@enmu.edu)**