Whew! Where has the time gone? We have now been in our new Broadcast Center for almost 5 years, and since moving out of the old building, we are gradually having to find a place for “stuff” that we don’t really need on a daily basis, but we also do not want to permanently discard it. Some of our folks have moved the heavy boxes full of my old Creative Living booklets at least 5 or 6 times, and swear that the next move will be to the nearest dumpster! And, I really don’t blame them. (All of our booklets are now online so they can be downloaded.)

One of the last memos that I received had to do with moving about 7 large boxes containing files of guests who have been on the show during the previous thirty years! I just simply COULD NOT bring myself to throw them away even though we cannot use the taped segments since they were in analog, and we are now only airing high definition, digital shows.

So, I had a thought! I decided that each month I will open a box and randomly pull out a folder of a former guest and share with you some of the contents. It might be recipes, product information, funny stories -- who knows. As is the case with this first file, some of the information is just as pertinent today as it was then. I hope you’ll find some of them interesting because I’m looking forward to going down memory lane one more time.

The file I pulled out today was from a guest who represented Sanyo Fisher (USA) Corp. and she was here in 1992. It’s hard to believe that’s been 18+ years ago. We taped a segment on Healthy Living Trends, Space Savers and New Trends in Home Appliances, and Personal Care Products. In 1992, the key points that were covered in the first segment were:

• Americans are more concerned than ever before with their health
• With the increase in dual-career families and single-parent families, cooking at home is popular again
• Cooking from scratch is also resurfacing in popularity
• We still don’t have enough time! (What’s new?)

Some of the “new” appliances Sanyo introduced in 1992 were the Juice Extractor ($99.95 SPR with blender/mill). It offered a unique and easy-to-clean design that allowed it to double as a mill and blender.

Another appliance was the Breadmaker ($229.95 SRP). Breadmakers were really big in 1992 and were designed for healthy living so busy people could enjoy fresh-baked bread containing natural ingredients, without the trouble of manually performing the mixing and kneading process. In fact, the breadmakers could be set to mix, knead and cook automatically -- this was such a new concept at the time.

Also featured was an Automatic Steamer/Rice Cooker ($99.95 SRP). These were promoted as another way to have a healthier diet.

When we taped the segment on Space Savers, my guest commented on how counter space was vanishing in the kitchen and space-saving appliances were an important solution to this problem. The ones she showed were: Mill & Brew Coffeemaker ($149.95 SRP) that actually could grind or mill the coffee bean and then brew the coffee in one unit -- and all automatically. This particular unit had lots of unique features that were being introduced in 1992.
Once again, I invite you to share tips, techniques, ideas and recipes with me to include in future newsletters. Also, if you have ideas for guests for “Creative Living,” I’d love to hear about them, too. You can e-mail me at: sheryl.borden@enmu.edu