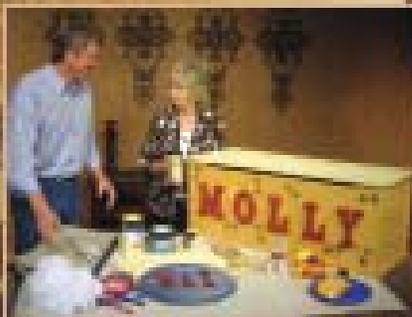


Creative Living
with *Sheryl Borden*
-A New Dimension



5800 Susan

Home & Hearth - Section 11

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Home & Hearth

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Due to the size of this section, it has been divided into two sections which will enable it to be downloaded much more quickly. For instance “The Problem with Paneling” is in Section I on page 3 whereas “Creative Solutions for Challenging Windows ” is in Section II on page 10.

Creative Solutions for Challenging Windows

The Masking Effect – Tall windows beside a fireplace sometimes appear out of proportion with the overall scale of the room. *Solution:* To provide the illusion of added width and weight, put a solid panel on the outer side of the window and add a full swag above the window, or build a valance/cornice board.

Privacy while keeping a view

Solution: Roman shades are a great way to provide light window coverings that can be pulled almost to the top of the window which allows a sweep of fabric to showcase the view. When lowered, they do not add visual weight or distract from the rest of the room.

Treating Doors – French or patio doors provide some of the bigger obstacles because many times there is not enough room on the sides for drapery panels to stack back. *Solution:* Roman Shades, Woven woods, blinds, or a stationary panel. *Solution:* Install a rod that can provide a stack-back on one side or both. *Solution:* Install a pulley type treatment that can be completely raised above the door to rest between the actual door frame and the ceiling. You can even add a cornice right beneath the crown molding so that a shade can roll up under it.

Bay Windows – Many times windows are not the same shape. *Solution:* Create an illusion of matching windows with fixed-length roman or balloon style shades. Consider placing a roller blind behind the fixed-length if privacy is a concern. *Solution:* To unify a series of windows that don't start evenly at the top, hang window treatments from the highest point to create an illusion of matched windows.

Decorating Trends

Everyone wants to know what the “hot” colors are for this season. While that is more important in clothing, upholstery and draperies need to be in classic color and style since you will be living with them at least ten years or more.

Colors should keep with the geography of where you live, the architecture of your home, and most of all, your personal choice. The real trend is personalization. Think about what color looks good on you. What do you like to wear? What do you want to feel when

you walk through the door of your home? Color definitely evokes a feeling.

When selecting a color for your walls buy paint samples and then paint large poster boards in several shades. Hold the sample against your furniture, rugs, draperies, etc. at various times of the day and evening. Depending on the surroundings, color will give a much different feeling than what you perceive in the store.

In open or adjoining rooms, think about varying hues/tones so that the eye continues to travel from room to room. At least one color should flow from room to room. You may want to pull a background color from the largest piece of upholstery or artwork to work with.

Look around your house at the accessories you've collected over the years. Once you start focusing on the objects, generally you will find a commonality between the pieces – color, style, finish, etc.

Try mixing patterns - small, medium and large scale patterns. Each pattern needs to be repeated at least once within a room. Also, think about combining florals, stripes, and plaids. The key element is to use the same shades of color or complementary colors in each fabric.

In a room with multiple patterns, make sure to create a place for the eye to rest. Be careful not to fill every area of the wall space or floor space. Too many pictures and wall accessories create confusion. Just as you need space to enjoy company and to be comfortable, your walls and bookshelves should have some space with nothing on them so that the eye can rest.

A few other tips:

- Remember to group items in odd numbers and balance with one larger item.
- Components of color need to be balanced within the room. From pillows to candles, book spines, vases, picture frames, etc.
- Current trend: less is more. Remove excessive greenery, bushes, trees, etc.
- Add a touch of natural color
- Instead of two floral arrangements, use one floral and one green or twigs.

**COURTESY: Latriece Brooks
Brooks Interiors**

COLD & FLU SEASON TIPS

for Over-Worked Moms and Dads

Almost 70% of Americans go to work sick according to a new survey, and most kids average up to 10 colds a year throughout childhood. The average person experiences 233 colds in a lifetime. But what's a parent to do when the sniffles and coughing begin to clear and a new round of symptoms recycle the household family members? Here are 4 tips to stop recycling colds by cleaning things you might not think about!

1. Clean & sanitize your family's toothbrush daily.

Toothbrushes hold germs that make you SICK and contribute to recycling your cold germs for months.

Solution: Daily cleaning with a toothbrush sanitizer holder or sterilize toothbrushes in boiling water.

By destroying the DNA in bacteria, the UV light sanitizes your toothbrush and gets rid of microorganisms and kills salmonella and E. coli. Effectiveness: Uses the same germicidal technology (UV) as hospitals and dental offices to kill micro-organisms.



2. Clean & sanitize remote controls for TV and video games.

These high contact surfaces spread germs like wild-fire. *Solution:* Re-trace your sick family member's steps and clean all the surfaces they may have touched. Include remote controls, door knobs, bathroom fixtures, even the toilet handle. Wash and sanitize family members' hands frequently throughout the day.



3. Clean & conquer the germs.

Sick people tend to spread germs on high contact areas. Teach your family to throw away the tissue and wash their hands each time they sneeze or cough. *Solution:* Keep plenty of tissues on hand, and keep a trashcan next to the

sick person's bed so dirty tissues end up in the trash and not on the floor or bedding.

4. Isolate & comfort. Keep the infected family member contained to one room. For quick cleaning use an Ultra Violet wand to kill germs. If they roam the home,

they contaminate everyone else! Comfort them with all the extras: chicken soup, cough drops, soft tissue, plenty of liquids and lots of TLC.

Stress Free Homekeeping Tips

It's Fall and the Hoildays are rapidly approaching. Busy moms and dads can feel stressed out with kids' activities, homework and car pooling. How do you keep your kitchen running smoothly after a busy day of catering to busy schedules? Here are 7 tips that may help solve the problem.

Tip #1 - EAT MORE LEFTOVERS

No one has time to cook, and too many families are throwing away \$1000's of dollars in leftovers. Check out www.fridgidaire.com for the latest in technology regarding odors in the refrigerator.

Tip #2 - STAY ORGANIZED

Nothing looks more unsightly than mushy mush brownies, cupcakes or deviled eggs. The new Baker's Sto-N-Go organizer keeps mom looking pretty savvy at the bake sale. Check out:

www.bakers-sto-n-go.com



Tip #3 - STOP STICKING TO YOUR FLOOR

Walking around barefoot can be a sticky experience in some homes with spilled juices and cookie crumbs. There's a new and faster way to clean your floors without pulling out an old mop and bucket. Go to: www.swiffer.com

Tip #4 - BANISH THE DUSTBUNNIES!

Nothing is worse than having a kitchen with cobwebs from the ceiling. It's unappetizing to say the least. Getting your home completely clean doesn't have to take you days. For dusting, try the Swiffer Duster Extendable handle because it extends up to three feet to trap and lock dust and allergens in high, low and tight places. It can reach all the places a cloth can't! www.swiffer.com

Tip #5 - STOP SPRAYING ALL THE CLEANER!

Magic Eraser with Febreze does 3 times the cleaning versus an all purpose spray. All you have to do is "just add water." www.mrclean.com



Tip #6 - STOP RUINING YOUR COOKIE SHEETS



A new cookie sheet never looks the same once something gets burned on it. Not to mention cleaning up can be a mess. Now they make cookie sheet liners that wipe clean with a paper towel and are safe for the dishwasher. Go to: www.chefsplanet.com

TIP #7 - NO MORE LEMONS IN THE GARBAGE DISPOSAL

Food particles are the culprits when it comes to causing odors in the garbage disposal. What is the solution? Disposer Care deodorizes and removes the grunge from your disposer. www.disposercare.com



COURTESY: **Laura Dellutri**
Healthy Housekeeper, Inc.
www.lauradellutri.com

Reviving Old Wooden Floors

What do you do when one day it hits you - the fabulous shine and richness that sold you on wood floors in the first place isn't quite as fabulous anymore? Here at Minwax®, we know what a daunting task floor refinishing can be. But we also know that our customers are up to the challenge! Look no further for step-by-step instructions and advice, and see for yourself what a dramatic improvement floor refinishing can be for your home.



Over time even a beautiful hardwood floor begins to show its age. But that doesn't mean you have to completely refinish it. New Minwax® Hardwood Floor Reviver can bring back the beauty and protection beyond your expectations.

The result is clear: Case in point: After years of use, the finish on many hardwood floors become scratched, dull and have no luster. But by applying Minwax® Hardwood Floor Reviver, it is fast and easy to bring back its original shine and richness. In fact, because it contains urethane, Minwax® Hardwood Floor Re-vider adds a layer of protection to any unwaxed poly-urethane-finished floor. And a floor can be refreshed in no time at all. That's because with Minwax® Hardwood Floor Reviver there's no sanding or special preparation. Just clean the floor, squirt Reviver on the floor in an "S" pattern and spread a thin, even coat using a damp painter's pad or a synthetic applicator attached to a long handle. Work in small sections moving in the direction of the floorboards using a back-and-forth motion until the entire floor is coated. Even the clean-up is easy. Soap and water is all it takes. Allow at least 2 hours before walking lightly on the floor, and 24 hours before putting your furniture back.

Minwax® Hardwood Floor Reviver restores the shine and adds a layer of protection. Now your floor is beautiful again.

COURTESY: **Bruce Johnson**
Minwax
www.minwax.com

Pillow Sham Headboard

Materials

- Two Soft Touch 26" x 26" pillow forms by Fairfield
- 2 yds. 54" wide print decorator fabric
- 2 yds. 54" wide stripe decorator fabric
- Thread to match fabrics
- Curtain Rod and brackets slightly longer than the width of the bed

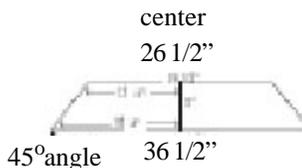
Tools

- Sewing machine
- Iron
- Ruler and pencil
- Scissors
- Fabric marking pen
- Needle and pins
- Paper for pattern
- Tools to attach headboard to wall

Cutting

From print fabric,

- Cut two 26 3/4" squares (front)
- Cut four 26 3/4" x 19 3/4" (back)



From stripe fabric,

- Cut 16 pillow flanges
- Cut two 26 1/2" x 4 1/2" rod pockets

Make pattern for pillow flange following diagram.

Directions

Stitch all seams right sides together using 1/2" seam allowance.

- 1) Press under 1/4" twice on one 26 3/4" edge of each back piece. Stitch along inner edge of hem.
- 2) Lap hemmed edge of each large back piece over hemmed edge of small back piece to make a 26 3/4" wide back. Baste pieces together along seamline.
- 3) Press under 1/4" twice on each 4 1/2" end of rod pocket. Stitch along inner edge to hem.
- 4) Fold rod pocket in half lengthwise with wrong sides together. Place open edge of pocket rod 2 1/4" from top of flange and sew together. Fold pocket down and press. See figure A.
- 5) Sew bottom of rod pocket to flange by hand using a whip stitch. See Figure B.

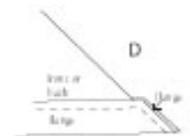


- 6) Stitch a flange to each edge of fronts and backs beginning and ending 1/2" from corners, see figure C. Press seams toward center. (Be sure the flange with the rod pocket is at the top of pillow back)



- 7) Stitch flange pieces together along diagonal edges at corners. Press seams open.

- 8) With right sides facing, pin front and back together around all sides. Stitch along one side almost to 1/2" from corner, pivot and take two stitches diagonally across seam of flange, then pivot again and continue stitching next side, see figure D. (This will make sharper points at the corners of your flange. If your fabric is loosely woven, reinforce each corner stitching along the seamline using 15 stitches per inch.)



- 9) Trim seam allowance of pillow back to 3/8" to grade seam allowances. Press seams open.
- 10) Turn right side out and press edges flat.
- 11) Pin front to back around outer edge of pillow center. Stitch in the ditch along seam.
- 12) Place pillow insert into shams.
- 13) Install brackets on wall on either side of the bed following manufacturer's directions. Place rod through hanging loops on pillows and place rod in brackets.

COURTESY: Judy Novella

Fairfield

www.poly-fil.com



TERRELL DESIGNS

Roman Shade Artisans

How to Make a Four Diamond Pieced Roman Shade

The Four Diamond is a commonly used quilt-border block. It is also one of my top requests for pieced Roman shade designs because it is simple yet elegant and really dresses up a room without detracting from the furnishings.



What you need to make a Four Diamond Pieced Roman shade:

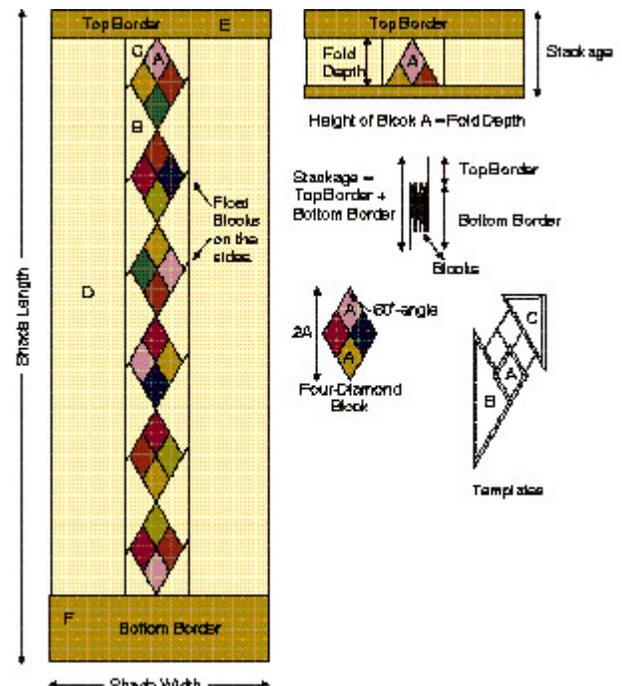
Finished Width and Length of your shade and the folding specifics, which can be obtained by using the Folding and Hardware Calculator on www.TerrellDesigns.com. The calculator will also tell you the number of lift lines for your shade.

Shade Fabrics:

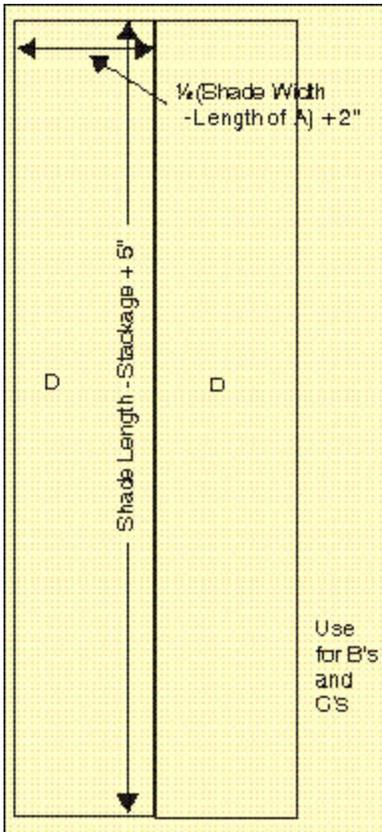
- 6 to 8 fat quarters quilting cotton in each focus color. In the shades pictured I used two focus colors: sage green and nutmeg orange.
- Enough background fabric (see layout below)
- Border fabric (see layout below)
- Drapery lining fabric cut 1" wider and 7.5" longer than your finished shade dimensions

Shade Hardware and Supplies

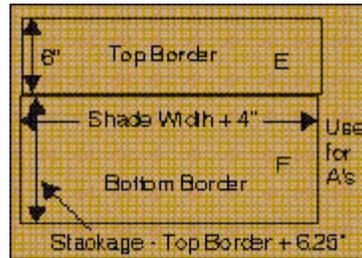
- A 1"x2" board cut 1/4" shorter than your finished shade width
- Muslin cut 5.5" wide and 4" longer than your board
- Plastic battens, one for each fold, cut 1/2" narrower than your finished shade width
- Simple pulleys, one for each lift line
- Lift rings, lift cord, weight rod (cut 1-1/4" shorter than the finished shade width), cord cleat and cord drop, glue to attach battens to shade
- Hook and loop fastener (Velcro) the width of your window. The loop portion should be the sew-on variety. The hook portion will be stapled to the board.
- Thread, both a neutral color such as white or gray, and a color that matches your front fabric



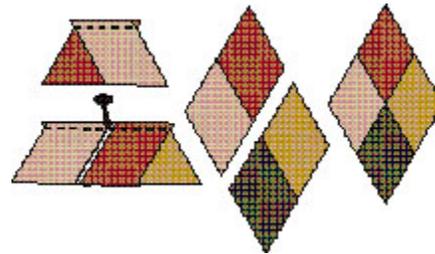
Step 1. Determine the block size by sketching a pleasing number, with a Top Border of 3" and a Bottom Border that is at least the size of Block A.



Step 2. Using graph paper and a 60-degree template, draw the template for Block A, Block B (setting triangle) and Block C (corner triangle). Note that both the setting triangles and the corner triangles are oversized. Cut out the templates and tape them to heavy cardboard.

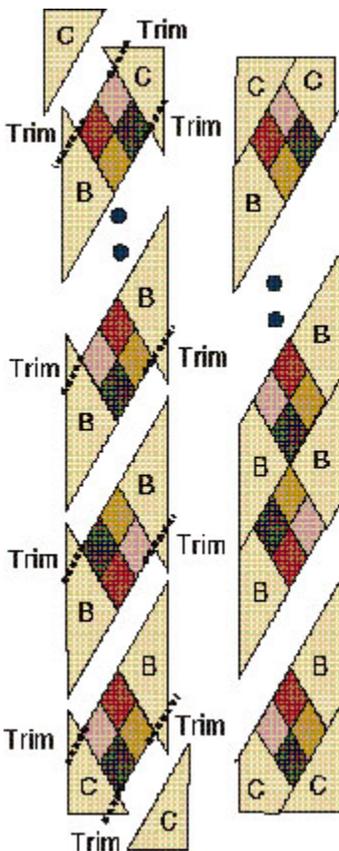


Step 3. Cut two side panels D, top border E and bottom border F. Using the template, cut at least 8 to 10 Block A's from each of your block fabrics and from the remaining border fabric. Cut out the appropriate number of Blocks B and Blocks C using the remaining background fabric.



Step 4. Arrange your Block A's in a pleasing pattern and sew them together. Assemble the center column of blocks using Blocks B and C.

Step 5. Square the center column being sure that you leave 1/2" past the diamond points. Add the two six background panels and then the top and bottom borders. You have completed the front of your Four Diamond shade.



Step 6. Follow the complete online directions at www.TerrellDesigns.com to complete your shade.

Courtesy: Terrell Sundermann
Terrell Designs
www.TerrellDesigns.com