

# The Best Of "Creative Living with Sheryl Borden"



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**Due to the size of this section, it has been separated into two sections in order for it to be downloaded more quickly. For instance, “Dimensionals” is in Section I on page 3, whereas “Lace Dreams” is in Section II on page 10.**

# Laura's Sewing Studio

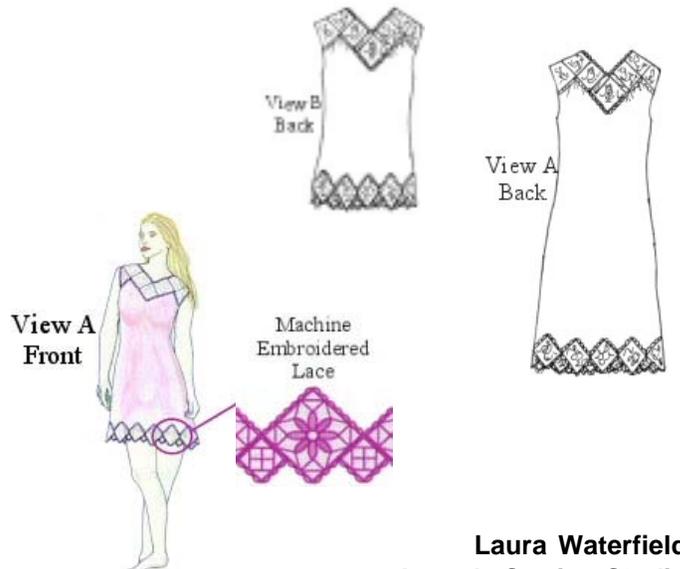
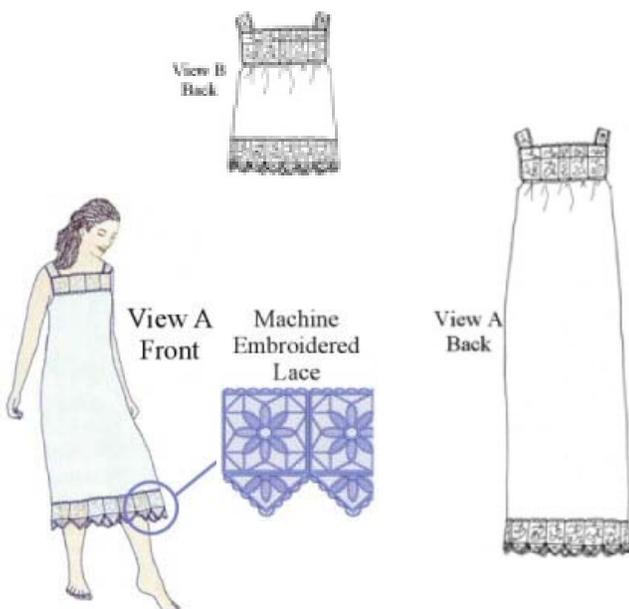
## Lace Dreams

"Lace Dreams" is an ambitious series of embroidery projects, whereby I attempt to take embroidery beyond the hoop. With Lace Dreams garment patterns, we take individual pieces of lace which we sew with home embroidery machines. Once the lace pieces are sewn, we zigzag stitch them together to create yokes for our Lace Dream garments. We assemble the fabric portion of our garments separately, using the same techniques we would use in any garment. The lace yokes are then attached onto the fabric portion of the garment.

To add additional detail to the garment, more lace is made and applied to the hem. This series of Lace Dream garments are designed so that you may create a nightgown, dress, jumper, or blouse, simply by altering the hem line. This concept applies to both "Sophia" and "Anastasia."

To make lace with an embroidery machine you must first hoop only water soluble stabilizer. Lace Dream embroidery designs are meant to be sewn in all one color and directly onto the water soluble stabilizer. After you sew the lace, you wash out the stabilizer, leaving the thread as lace. Once dry, you zigzag stitch the completed lace pieces into the appropriate pattern. It's as simple as that.

You may use a variety of embroidery threads to create your lace, including cotton, rayon, polyester, metallics and specialty threads like glitter, holographic, iridescent, as well as, glow in the dark threads. While Lace Dreams may be my way of taking embroidery beyond the hoop, the dream of what to do with it is ultimately yours.



Laura Waterfield  
 Laura's Sewing Studio  
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# Automatic Machine Appliqué

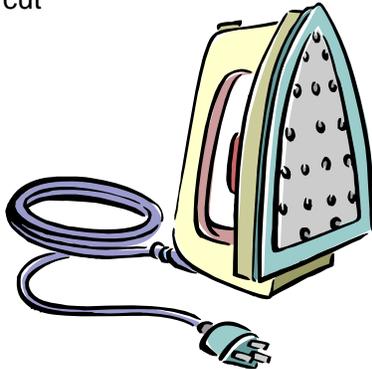
Great for... quilts, t-shirts, etc.

## Supplies Needed:

- Sewing Machine with Blanket Stitch
- Open toe foot
- Contrast fabrics
- Thread to match the appliqué fabric
- Freezer Paper
- Water Soluble Thread

## Steps:

1. Select a design and draw the pattern for it on the dull side of the freezer paper. Cut out the shape. You can re-use this pattern but you may want to cut out some extras.
2. Cut out squares of the appliqué fabric, leaving a 1/2" margin around the outside of the design area.
3. Mark your upper fabric on the wrong side for placement of the freezer paper pattern pieces.
4. On the right side of the fabric, press the pattern piece down with a hot iron... **No steam!**
5. With the right side of the appliqué fabric next to the wrong side of the top fabric, pin or use temporary fabric adhesive spray to hold the appliqué piece in place.
6. Put water-soluble thread in the bobbin and regular thread in the upper threading area.
7. Following the shape of the paper pattern, sew a straight stitch outline.  
**Remember the freezer paper pattern is ironed on to the wrong side of the appliqué fabric.**
8. **Replace the bobbin filled with water soluble thread with the blanket stitch thread color.** Keeping in mind that this is a somewhat decorative treatment so you may want to use a heavier thread or a metallic thread.
9. Looking at the right side of the fabric, cut away the shape of the appliqué from the upper fabric. When you are finished you will see the appliqué fabric showing beneath the upper fabric.

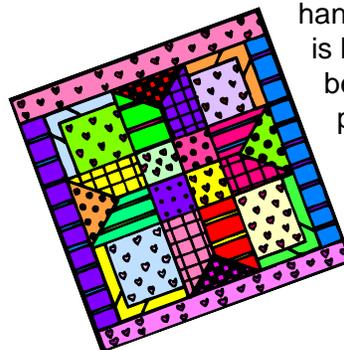


brother At your side.®

10. Select a blanket stitch. Stitch length should be about 4.0.
11. Secure the appliqué with the blanket stitch, having the straight part of the stitch follow the shape of the appliqué and the horizontal part reach onto the upper fabric.
12. **Use the spray feature on your iron to dampen the top fabric.** Press from the top and as you do so, the water-soluble thread will vanish.

## Tips and Tricks:

- To improve stitch registration, you may want to place a piece of lightweight stabilizer paper beneath the appliqué fabric before you sew. Carefully pull it away when you are finished sewing.
- **Sew slow.**
- Set your machine to stop with the needle down if you cannot **remember** to rotate the handwheel so that the needle is lowered into the fabric before you lift up the presser foot to turn the fabric.



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# Shadow Appliqué by Machine

*This technique is made simple when using the new sewing and embroidery machines that are available today. Our sample is made using the Singer CE-150 Futura Machine. Choose to make a pillow, cape or any other project of your choice. The following directions are for completing the appliqué design only.*



## Materials needed:

- Sewing and Embroidery sewing machine.
- 1-yard velvet or other napped fabric.
- ½ yard organza
- 1-yard tear away adhesive stabilizer
- Chalk or pencil marker
- Free Butterfly appliqué download from [www.singerco.com](http://www.singerco.com) website
- 6 colors embroidery thread (Colors are listed on our website)

## Preparation:

- Mark the center position where the design will be placed on the velvet fabric using a chalk or pencil marker.
- Draw an X (horizontal) and Y (vertical) line through the mark on your fabric.

## Sewing instructions:

1. Turn on the Futura™ machine.
2. Place large hoop with the stabilizer onto the machine.
3. Open Futura software. In the LETTERING portion of your software type a small period in the text box and apply the stitches. Center the pattern by using the center function of the software.
4. Open a new screen and open the butterfly design. Center the design by using the center function of the software.
5. Transmit the first pattern (the period) to the Futura machine. Using the period to find the center portion of the hoop, place the fabric on top

of the adhesive stabilizer and insert the needle in the center of the X - Y lines. When the fabric is in the desired position press firmly into place smoothing from the center out. This will assure that the design will sew in the desired position. Cancel transmission.

6. Now transmit the Butterfly appliqué to the machine. Place appliqué fabric square on hooped fabric. Sew out the first block.
7. Remove the hoop from the machine. Leave the stabilizer & fabric hooped. Carefully trim away the excess fabric from the butterfly outline.
8. Place the hoop back onto the machine and transmit the second block. It is not necessary to change thread colors.
9. Continue to sew design until completed.

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