

OKLAHOMA

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SENIOR HEALTH

| DETERMINANTS | BEHAVIORS | 2013 | | NO 1 STATE |
|------------------------------------|--|--------|------|------------|
| | | VALUE | RANK | |
| | Smoking (Percent of adults age 65+) | 11.7 | 46 | 4.7 |
| | Chronic Drinking (Percent of adults age 65+) | 2.0 | 6 | 1.4 |
| | Obesity (Percent of adults age 65+) | 26.3 | 33 | 16.9 |
| | Underweight (Percent of adults age 65+) | 3.1 | 48 | 1.1 |
| | Physical Inactivity (Percent of adults age 65+) | 36.9 | 44 | 20.5 |
| | Dental Visits (Percent of adults age 65+) | 57.2 | 48 | 79.8 |
| | Pain Management (Percent of adults age 65+) | 48.9 | 41 | 60.7 |
| | BEHAVIORS TOTAL | -0.230 | 48 | |
| COMMUNITY & ENVIRONMENT | | | | |
| C&E — MACRO PERSPECTIVE | | | | |
| | Poverty (Percent of adults age 65+) | 9.3 | 33 | 5.1 |
| | Volunteerism (Percent of adults age 65+) | 22.0 | 35 | 39.3 |
| | Highly-Rated Nursing Homes (Number of beds per 1,000 adults age 75+) | 40.9 | 25 | 65.2 |
| | C&E — MICRO PERSPECTIVE | -0.018 | 33 | |
| | Social Support (Percent of adults age 65+) | 81.3 | 16 | 85.4 |
| | Food Insecurity (Percent of adults age 60+) | 16.0 | 38 | 5.5 |
| | Community Support (Dollars per adult age 65+ in poverty) | \$558 | 36 | \$8,033 |
| | COMMUNITY & ENVIRONMENT TOTAL | -0.041 | 32 | |
| POLICY | | | | |
| | Low-Care Nursing Home Residents (Percent of residents) | 25.0 | 49 | 1.1 |
| | Creditable Drug Coverage (Percent of adults age 65+) | 84.2 | 41 | 89.6 |
| | Geriatrician Shortfall (Percent of needed geriatricians) | 83.0 | 47 | 16.3 |
| | POLICY TOTAL | -0.204 | 49 | |
| CLINICAL CARE | | | | |
| | Dedicated Health Care Provider (Percent of adults age 65+) | 95.1 | 22 | 96.8 |
| | Recommended Hospital Care (Percent of hospitalized patients age 65+) | 97.5 | 31 | 98.4 |
| | Flu Vaccine (Percent of adults age 65+) | 62.4 | 22 | 70.2 |
| | Health Screenings (Percent of adults age 65–74) | 77.9 | 50 | 91.7 |
| | Diabetes Management (Percent of Medicare enrollees) | 72.6 | 46 | 86.1 |
| | Home Health Care (Number of workers per 1,000 adults age 75+) | 80.9 | 25 | 290.0 |
| | Preventable Hospitalizations (Discharges per 1,000 Medicare enrollees) | 81.0 | 45 | 25.0 |
| | Hospital Readmissions (Percent of hospitalized patients age 65+) | 16.1 | 36 | 12.3 |
| | Hospice Care (Percent of decedents age 65+) | 44.4 | 5 | 54.5 |
| | Hospital Deaths (Percent of decedents age 65+) | 30.3 | 29 | 19.2 |
| | CLINICAL CARE TOTAL | -0.057 | 43 | |
| | ALL DETERMINANTS | -0.531 | 49 | |
| OUTCOMES | | | | |
| | ICU Usage (Percent of decedents age 65+) | 10.7 | 19 | 5.1 |
| | Falls (Percent of adults age 65+) | 19.3 | 48 | 12.9 |
| | Hip Fractures (Rate per 1,000 Medicare enrollees) | 9.2 | 50 | 3.0 |
| | Health Status (Percent very good or excellent of adults age 65+) | 34.4 | 41 | 48.9 |
| | Able-Bodied (Percent of adults age 65+) | 57.5 | 44 | 68.0 |
| | Premature Death (Deaths per 100,000 population age 65–74) | 2,344 | 45 | 1,425 |
| | Teeth Extractions (Percent of adults age 65+) | 24.6 | 44 | 7.4 |
| | Mental Health Days (Days in previous 30 days) | 2.6 | 36 | 1.5 |
| | ALL OUTCOMES | -0.270 | 46 | |
| | OVERALL | -0.801 | 49 | |

SUPPLEMENTAL MEASURES

| | 2013 | | NO 1 STATE |
|---|-------|------|------------|
| | VALUE | RANK | |
| Education (Percent of adults age 65+) | 18.2 | 35 | 36.5 |
| Multiple Chronic Conditions (Percent of adults age 65+) | 35.5 | 30 | 20.9 |
| Cognition (Percent of adults age 65+) | 9.7 | 34 | 5.7 |
| Depression (Percent of adults age 65+) | 17.6 | 47 | 7.1 |

| HEALTH INDICATORS AT 50 TO 64 YEARS OF AGE | CURRENT SENIORS | FUTURE SENIORS |
|--|-----------------|----------------|
| Health Status (Percent very good or excellent) | 50.0 | 42.2 |
| Obesity (Percent obese) | 21.7 | 36.7 |

| SENIOR POPULATION GROWTH | STATE | U.S. |
|------------------------------|-------|------|
| Projected Increase 2015–2030 | 36.8 | 52.7 |

Overall Rank: 49

Determinants Rank: 49

Outcomes Rank: 46

Strengths:

- Low prevalence of chronic drinking
- High percentage of hospice care
- High percentage of social support

Challenges:

- Low prevalence of dental visits
- Low percentage of health screenings
- High rate of hospitalization for hip fractures

Ranking: Oklahoma is 49th in this Senior Report. In the *America's Health Rankings*® 2012 Edition, it ranked 43rd for its entire population.

Highlights:

- There is a high geriatrician shortfall in Oklahoma, with 83.0 percent of geriatricians needed.
- Oklahoma has one of the highest percentages of underweight seniors at 3.1 percent of adults aged 65 and older.
- Oklahoma has a high percentage of seniors enrolled in hospice care during the last 6 months of life at 44.4 percent of adults aged 65 and older.
- Smoking is high at 11.7 percent of adults aged 65 or older, or 60,000 seniors, in the state.
- Chronic drinking is low with 2.0 percent of seniors consuming on average more than 1 drink a day for women and 2 drinks a day for men.

Disparities: In Oklahoma, seniors with less than a high school degree have a higher prevalence of physical inactivity and a lower prevalence of excellent or very good health compared to seniors with a college degree.

State Health Department Website:

www.ok.gov/health



For a more detailed look at this data, visit www.americashealthrankings.org/senior/OK